



# Little Falls

## (G) 7/8TH Cross Country

### Coaches:

- Christina Martyniuk

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 16, 2021	Thu	Regular Season	West Canada Valley, Poland, Clinton, Dolgeville, Mount Markham	4:30 PM		Little Falls HS			L
Sep 22, 2021	Wed	Regular Season	Dolgeville, Sherburne-Earlville, Hamilton, Cooperstown (Modified) @ Oriskany	4:30 PM	5:30 PM	Bernie Block Field @ Walbran Elementary Campus	<b>Class Dismissal:</b> 2:50 PM	<b>Departure Point:</b> Cafeteria doors <b>Departure Time:</b> 3:00 PM	L
Sep 25, 2021	Sat	Regular Season (E.J. Herrmann Invitationals - Utica)	@ TBD	TBD		Proctor Park		<b>Departure Time:</b> 8:00 AM	NL
Sep 29, 2021	Wed	Regular Season	Waterville, Canastota, Westmoreland @ Dolgeville	4:30 PM		TBD		<b>Departure Time:</b> 3:30 PM	L
Oct 6, 2021	Wed	Regular Season	Sauquoit Valley, Dolgeville, Adirondack @ New York Mills	4:30 PM		TBD		<b>Departure Point:</b> Cafeteria doors <b>Departure Time:</b> 3:10 PM	L
Oct 9, 2021	Sat	Regular Season (RFA "Bill Coughlin" Invitational)	@ TBD	11:00 AM		Rome Free Academy HS		<b>Departure Time:</b> 9:00 AM	NL
Oct 13, 2021	Wed	Regular Season	Remsen, Holland Patent, Dolgeville @ Herkimer	4:30 PM		Herkimer County CC		<b>Departure Time:</b> 3:20 PM	L
Oct 23, 2021	Sat	Regular Season (Ft. Plain Invitational)	@ Fort Plain	TBD		Fort Plain HS		<b>Departure Time:</b> 7:45 AM	NL

Date: 2025-12-16