



Little Falls

(G) 7/8TH Cross Country

Coaches:

- Christina Martyniuk

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--------------------------------|--|------------|----------|--|---------------------------------|--------------------------------|---------------------|
| Sep 13, 2023 | Wed | Regular Season | Sauquoit Valley, Oriskany, Dolgeville, West Canada Valley @ Westmoreland | 4:30 PM | | TBD | Class Dismissal: 2:50 PM | Departure Time: 3:00 PM | L |
| Sep 16, 2023 | Sat | Regular Season (Invitational) | @ Fort Plain | 9:00 AM | | H.H. Hoag Elementary School - Fort Plain | | Departure Time: 7:45 AM | L |
| Sep 20, 2023 | Wed | Regular Season | Mount Markham, Dolgeville, Poland @ Cooperstown (Modified) | 4:00 PM | | Clarks Tower | Class Dismissal: 2:45 PM | Departure Time: 2:50 PM | L |
| Sep 30, 2023 | Sat | Regular Season (Invitational) | @ TBD | 9:50 AM | | Proctor Park | | Departure Time: 8:30 AM | L |
| Oct 4, 2023 | Wed | Regular Season | Adirondack, New York Mills, Dolgeville @ Clinton | 4:30 PM | | Stadium Field | Class Dismissal: 2:30 PM | Departure Time: 2:40 PM | L |
| Oct 7, 2023 | Sat | Regular Season (Invitational) | @ Whitesboro | 9:10 AM | | Deerfield Town Wilderness Park | | Departure Time: 7:30 AM | L |
| Oct 14, 2023 | Sat | Regular Season (Invitational) | @ Rome Free Academy | 11:20 AM | | Rome Free Academy HS | | Departure Time: 9:45 AM | L |
| Oct 21, 2023 | Sat | Post-Season (CSC League Meet) | @ TBD | 10:30 AM | | TBD | | Departure Time: 8:15 AM | L |

Date: 2024-05-03