



# Little Falls

## (G) V Cross Country

### Coaches:

- Chris Toher

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2025	Wed	Regular Season	Mount Markham, Waterville, Owen D. Young (Richfield/ODY) @ Westmoreland	4:30 PM		Westmoreland H S	<b>Class Dismissal:</b> 2:35 PM	<b>Departure Time:</b> 2:45 PM	L
Sep 17, 2025	Wed	Regular Season	Canastota, New York Mills @ West Canada Valley	4:30 PM		WCV Cross Country Trail		<b>Departure Time:</b> 3:15 PM	NL
Sep 27, 2025	Sat	Regular Season (EJ Herrmann Invitational)	@ TBD	9:15 AM		Proctor Park		<b>Departure Date:</b> Sep 27, 2025 <b>Departure Time:</b> 7:45 AM	L
Oct 1, 2025	Wed	Regular Season	Sauquoit Valley, Clinton @ Adirondack	4:30 PM	6:30 PM	Adirondack HS	<b>Class Dismissal:</b> 2:20 PM	<b>Departure Time:</b> 2:30 PM	L
Oct 4, 2025	Sat	Meet (Whitesboro Cross Country Invitational 2025)	Vs. Multiple	11:20 AM		Deerfield Town Wilderness Park		<b>Departure Time:</b> 7:30 AM	NL
Oct 8, 2025	Wed	Regular Season (Senior Night)	Hamilton, Herkimer, Dolgeville @ Sherburne-Earville	4:30 PM		Sherburne-Earville HS	<b>Class Dismissal:</b> 2:10 PM	<b>Departure Time:</b> 2:20 PM	L
Oct 11, 2025	Sat	Regular Season (Burnt Hills XC Invitational )	@ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park		<b>Departure Time:</b> 7:00 AM	NL
Oct 15, 2025	Wed	Regular Season	Remsen, Poland, Cooperstown, Town of Webb UFSD	4:30 PM		Little Falls HS			L
Oct 18, 2025	Sat	Regular Season (Fort Plain Cross Country Invitational)	@ Fort Plain	9:00 AM		H.H. Hoag Elementary School - Fort Plain		<b>Departure Time:</b> 7:30 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 25, 2025	Sat	Regular Season (Center State Conference Championship)	Canastota, Clinton, Sherburne- Earlville, Herkimer, Mount Markham, Adirondack, Westmoreland, Waterville, Dolgeville, Poland, Remsen, New York Mills, Hamilton, West Canada Valley, Owen D. Young (Richfield/ODY), Cooperstown, Town of Webb UFSD @ Sauquoit Valley	10:00 AM		Town Park	<b>Departure Time:</b> 8:00 AM		L
Nov 8, 2025	Sat	Post-Season	Mount Markham	1:30 PM		Mount Markham HS	<b>Departure Time:</b> 11:20 AM		L

Date: 2026-05-08