



Little Falls

(G) V Cross Country

Coaches:

- Chris Toher

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2019	Wed	Regular Season	Oriskany, Dolgeville, Sherburne-Earlville, Hamilton @ Cooperstown	5:00 PM		Clarks Tower	Class Dismissal: 2:20 PM	Departure Time: 2:30 PM	L
Sep 18, 2019	Wed	Regular Season	Dolgeville, Waterville, Canastota, Westmoreland	4:30 PM		Little Falls HS			L
Sep 25, 2019	Wed	Regular Season	New York Mills, Adirondack, Sauquoit Valley @ Dolgeville	4:30 PM		TBD		Departure Time: 3:30 PM	L
Sep 28, 2019	Sat	Regular Season (E.J. Herrmann Invitationals - Utica)	@ TBD	TBD		TBD		Departure Time: 7:30 AM	NL
Oct 2, 2019	Wed	Regular Season	Holland Patent, Dolgeville, Herkimer @ Remsen	4:30 PM		Remsen Jr/Sr H.S.	Class Dismissal: 2:30 PM	Departure Time: 2:45 PM	L
Oct 5, 2019	Sat	Regular Season (Cross Country Invitational)	Jamesville-Dewitt, Altmar-Parish-Williamstown (APW Rebels), Central Valley Academy, Holland Patent, Corcoran (Syracuse West), Canastota, Vernon-Verona-Sherrill, Cooperstown, New Hartford, Westmoreland, Edmeston (Edmeston/Morris), Notre Dame, Utica, Poland, Utica Proctor, Waterville @ Whitesboro	8:30 AM		Deerfield Town Wilderness Park			NL
Oct 5, 2019	Sat	Regular Season (Whitesboro XC Invite)	@ TBD	11:00 AM		Deerfield Town Wilderness Park		Departure Time: 7:15 AM	NL
Oct 12, 2019	Sat	Regular Season (RFA "Bill Coughlin" Invitational)	@ TBD	1:00 PM		TBD		Departure Time: 9:45 AM	NL
Oct 16, 2019	Wed	Regular Season	Clinton, Poland, Dolgeville, Mount Markham @ West Canada Valley	4:30 PM		TBD		Departure Time: 3:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 19, 2019	Sat	Regular Season (CSC Champion meet)	New York Mills, West Canada Valley, Poland, Sauquoit Valley, Dolgeville, Remsen, TBD, Clinton, Cooperstown, Herkimer, Westmoreland, Sherburne-Earlville, Hamilton, Mount Markham, Adirondack, Holland Patent, Oriskany, Waterville, Canastota @ TBD	12:00 PM		Kirkland Town Park	Departure Time: 8:00 AM		L
Oct 26, 2019	Sat	Regular Season (Cato - Meridian Invitational)	@ TBD	9:00 AM		Cato-Meridian Jr. Sr H S Gym	Departure Time: 6:30 AM		NL
Oct 26, 2019	Sat	Regular Season	Clinton, West Canada Valley, Poland, Dolgeville, Mount Markham	4:30 PM		Little Falls HS			L
Oct 30, 2019	Wed	Scrimmage	@ West Canada Valley	4:15 PM		TBD	Departure Time: 3:40 PM		NL
Nov 9, 2019	Sat	Post-Season (Sectionals)	@ TBD	1:30 PM		TBD	Departure Time: 8:45 AM		NL

Date: 2026-04-09