

## Coaches:

• Lori Jewsbury, Head Coach

• Ryan Hannon, Head Coach

WEEK TYPE

DATE

**OPPONENTS** 

START END LOCATION

LEAGUE DEPARTURE TRANSPORTATION / NON-

LEAGUE

DATE	WEE! DAY	K TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE N / NON- LEAGUE
Sep 7, 2024	Sat	Regular Season (Mustang Invitational)	Remsen (Remsen), Phoenix, Holland Patent, Tully, Cato-Meridian (Blue Devils), South Lewis, Adirondack, Whitesboro, Clinton, Waterville, Beaver River, Vernon-Verona-Sherrill, Notre Dame, Utica, Weedsport, Central Square, Rome Free Academy, Auburn, Canastota, Cazenovia, Christian Brothers Academy, Dewitt, Central Valley Academy, Chittenango, Cicero-North Syracuse, DeRuyter, Dolgeville, Fabius-Pompey, Fayetteville-Manlius, Homer, TBD, Indian River, Jamesville-Dewitt, Liverpool, Marcellus, Mexico, New Hartford, Nottingham (Nottingham (Nottingham), Oneida, Onondaga Central, Utica Proctor, Pulaski, Skaneateles, South Jefferson, Watertown, West Genesee, Westmoreland @ Mount Markham	8:00 AM	12:00 PM	HS Track		NL
Sep 7, 2024	Sat	Regular Season (Mount Markham Invite)	@ TBD	TBD		TBD	Class Dismissal: 5:00 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 18, 2024	Wed	Regular Season (Cortland vs CBA and Caz vs JE)	Academy,	4:30 PM	6:30 PM	Gutchess Lumber Sports Park XC Trail		Departure Point: Events Entry Departure Time: 3:00 PM	L
Sep 21, 2024	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	10:00 AM		Bville - Durgee Cross Country Trail		Departure Point: Events Entry Departure Time: 9:00 AM	NL
Sep 25, 2024	Wed	Meet (Varsity/Modified Girls/Boys XC Meet)	Vs. Multiple	4:30 PM		Gutchess Lumber Sports Complex		Departure Point: Events Entry Departure Time: 3:00 PM	NL
Sep 28, 2024	Sat	Regular Season (McQuaid Invite)	@ TBD	TBD		TBD		Departure Point: Events Entry	NL
Oct 2, 2024	Wed	Regular Season (Westhill v Chittenango & JE v Westhill)	Westhill, Chittenango @ Phoenix	4:30 PM	6:30 PM	EJD XC Course		Departure Point: Events Entry Departure Time: 3:00 PM	L
Oct 9, 2024	Wed	Regular Season (CBA vs Homer and JE vs Marcellus)	Marcellus, Christian Brothers Academy, Dewitt, Homer	4:30 PM	6:30 PM	JE HS Cross Country Course			L
Oct 13, 2024	Sun	Regular Season (Manhattan Invite)	@ TBD	TBD		Manhattan Invitational, Brooklyn, NY		Departure Point: Events Entry	NL
Oct 19, 2024	Sat	Regular Season (Weedsport XC Invitational)	Cato-Meridian (Blue Devils), Auburn, Fairport, Henninger (Henninger), Jamesville- Dewitt, Marcus Whitman, Wayne @ Weedsport	9:15 AM		Weedsport JrSr. High School			NL
Oct 19, 2024	Sat	Regular Season (Weedsport Invite)	@ TBD	TBD		Weedsport JrSr. High School		<b>Departure Point:</b> Events Entry	NL
Oct 23, 2024	Wed	Regular Season (Skan/JE scoring)	Cortland, Westhill @ Skaneateles	4:30 PM		Skaneateles Polo Grounds		Departure Point: Events Entry Departure Time: 3:15 PM	L
Oct 30, 2024	Wed	Meet (OHSL League Championship)	Vs. Multiple	4:00 PM	6:30 PM	MARCELLUS PARK		Departure Point: Events Entry Departure Time: 2:45 PM	NL
Nov 9, 2024	Sat	Post-Season (Sectionals)	@ TBD	TBD		TBD		<b>Departure Time:</b> 7:00 AM	NL
Nov 16, 2024	Sat	Post-Season (States)	@ TBD	TBD		TBD			NL

Date: 2025-12-19