

## Coaches:

- Lori Jewsbury, Head Coach
- Ryan Hannon, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 7, 2024	Sat	Regular Season (Mustang Invitational)	TBD, Adirondack, Auburn, Beaver River, Canastota, Cato-Meridian (Blue Devils), Cazenovia, Christian Brothers Academy, Dewitt, Central Square, Central Valley Academy, Chittenango, Clinton, Cicero-North Syracuse, DeRuyter, Dolgeville, Fabius-Pompey, Fayetteville-Manlius, Holland Patent, Homer, Indian River, Jamesville-Dewitt, Liverpool, Marcellus, Mexico, New Hartford, Notre Dame, Utica, Nottingham (Nottingham), Oneida, Onondaga Central, Phoenix, Utica Proctor, Pulaski, Remsen, Rome Free Academy, Skaneateles, South Lewis, South Jefferson, Tully, Vernon-Verona-Sherrill, Watertown, Whitesboro, Waterville, Weedsport, West Genesee, Westmoreland @ Mount Markham		12:00 PM	HS Track		NL
Sep 7, 2024	Sat	Regular Season (Mount Markham Invite)	@ TBD	TBD		TBD	<b>Departure Time:</b> 5:00 AM	NL
Sep 18, 2024	Wed	Regular Season (Cortland vs CBA and Caz vs JE)	Christian Brothers Academy, Dewitt, Cazenovia @ Cortland	4:30 PM	6:30 PM	Gutchess Lumber Sports Park XC Trail	Departure Point: Events Entry Departure Time: 3:00 PM	L
Sep 21, 2024	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	TBD		Bville - Durgee Cross Country Trail		NL
Sep 25, 2024	Wed	Regular Season (Meet @ Gutchess)	@ TBD	4:30 PM		Gutchess Lumber Sports Park XC Trail	Departure Point: Events Entry Departure Time: 3:00 PM	L
Sep 28, 2024	Sat	Regular Season (McQuaid Invite)	@ TBD	TBD		TBD		NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 2, 2024	Wed	Regular Season (Westhill v Chittenango & JE v Westhill)	Westhill, Chittenango @ Phoenix	4:30 PM	6:30 PM	EJD XC Course	Departure Point: Events Entry Departure Time: 3:00 PM	L
Oct 9, 2024	Wed	Regular Season (CBA vs Homer and JE vs Marcellus)	Marcellus, Christian Brothers Academy, Dewitt, Homer	4:30 PM	6:30 PM	JE HS Cross Country Course		L
Oct 13, 2024	Sun	Regular Season (Manhattan Invite)	@ TBD	TBD		Manhattan Invitational, Brooklyn, NY		NL
Oct 19, 2024	Sat	Regular Season (Weedsport Invite)	@ TBD	TBD		Weedsport JrSr. High School		NL
Oct 23, 2024	Wed	Regular Season (Skan/JE scoring)	Cortland, Westhill @ Skaneateles	4:30 PM		Skaneateles Polo Grounds	Departure Point: Events Entry Departure Time: 3:15 PM	L
Oct 30, 2024	Wed	Meet (OHSL League Championship )	Vs. Multiple	4:00 PM	6:30 PM	MARCELLUS PARK	Departure Point: Events Entry Departure Time: 2:30 PM	NL
Nov 9, 2024	Sat	Post-Season (Sectionals )	@ TBD	TBD		TBD	<b>Departure Time:</b> 7:00 AM	NL
Nov 16, 2024	Sat	Post-Season (States)	@ TBD	TBD		TBD		NL

Date: 2025-12-06