



Jordan-Elbridge

(G) V Cross Country

Coaches:

- Lori Jewsbury, Head Coach
- Ryan Hannon, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jul 5, 2023	Wed	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 6, 2023	Thu	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 7, 2023	Fri	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 10, 2023	Mon	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 11, 2023	Tue	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 12, 2023	Wed	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 13, 2023	Thu	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 14, 2023	Fri	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 17, 2023	Mon	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 18, 2023	Tue	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 19, 2023	Wed	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 20, 2023	Thu	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 21, 2023	Fri	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 24, 2023	Mon	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 25, 2023	Tue	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 26, 2023	Wed	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 27, 2023	Thu	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 28, 2023	Fri	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Jul 31, 2023	Mon	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Aug 1, 2023	Tue	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Aug 2, 2023	Wed	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Aug 3, 2023	Thu	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Aug 4, 2023	Fri	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Aug 7, 2023	Mon	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Aug 8, 2023	Tue	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Aug 9, 2023	Wed	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 10, 2023	Thu	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Aug 11, 2023	Fri	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Aug 14, 2023	Mon	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Aug 15, 2023	Tue	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Aug 16, 2023	Wed	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Aug 17, 2023	Thu	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Aug 18, 2023	Fri	Practice	N/A	8:30 AM	10:30 AM	Elbridge E S Lacrosse Field			
Aug 21, 2023	Mon	Practice	N/A	8:30 AM	10:30 AM	JEMS Field			
Aug 22, 2023	Tue	Practice	N/A	8:30 AM	10:30 AM	JEMS Field			
Aug 23, 2023	Wed	Practice	N/A	8:30 AM	10:30 AM	JEMS Field			
Aug 24, 2023	Thu	Practice	N/A	8:30 AM	10:30 AM	JEMS Field			
Aug 25, 2023	Fri	Practice	N/A	8:30 AM	10:30 AM	JEMS Field			
Aug 28, 2023	Mon	Practice	N/A	8:30 AM	10:30 AM	JEMS Field			
Aug 29, 2023	Tue	Practice	N/A	7:30 AM	2:00 PM	JEMS Field			
Aug 30, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Aug 31, 2023	Thu	Practice	N/A	4:30 PM	6:00 PM	JE HS Cross Country Course			
Sep 1, 2023	Fri	Practice	N/A	7:30 AM	8:45 AM	JE HS Cross Country Course			
Sep 5, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 6, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 7, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 8, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 9, 2023	Sat	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 11, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 12, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 14, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 15, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 16, 2023	Sat	Regular Season (VVS Invite)	@ Vernon-Verona-Sherrill	9:00 AM	3:30 PM	Cross Country Course	Bus/Driver: JE Transportation	Departure Point: Field House	NL
Sep 18, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 19, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 20, 2023	Wed	Regular Season	Solvay, Hannibal	4:30 PM	6:30 PM	JE HS Cross Country Course			L
Sep 21, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 22, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 23, 2023	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	10:00 AM	6:30 PM	Bville - Durgee Cross Country Trail		Departure Point: Events Entry Departure Time: 9:00 AM	NL
Sep 25, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 26, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 27, 2023	Wed	Regular Season	Phoenix	4:30 PM		JE HS Cross Country Course			L
Sep 28, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 29, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	JE HS Cross Country Course			
Sep 30, 2023	Sat	Regular Season (Rachel Run)	@ TBD	TBD		TBD			NL
Oct 4, 2023	Wed	Regular Season (Senior Night)	Marcellus	4:30 PM	5:30 PM	JE HS Cross Country Course			L
Oct 7, 2023	Sat	Regular Season (Tully Invite)	@ TBD	10:00 AM		Tully XC Course		Departure Point: Field House Departure Time: 9:00 AM	NL
Oct 11, 2023	Wed	Regular Season	@ Cazenovia	4:30 PM	5:30 PM	Cazenovia Googin/Fenner X-C Course		Departure Point: Events Entry Departure Time: 3:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 14, 2023	Sat	Regular Season (Manhattan Invite)	@ TBD	TBD		TBD			NL
Oct 18, 2023	Wed	Regular Season	Skaneateles @ Solvay	4:30 PM		Longbranch Park		Departure Point: Events Entry Departure Time: 3:00 PM	L
Oct 21, 2023	Sat	Regular Season (Weedsport Invite)	@ TBD	TBD		Weedsport Jr.-Sr. High School		Departure Time: 8:00 AM	NL
Oct 25, 2023	Wed	Meet (OHSL Liberty Girls Cross Country League Meet)	Vs. Multiple	4:00 PM	6:30 PM	Marcellus Park		Departure Point: Events Entry Departure Time: 2:30 PM	NL
Nov 4, 2023	Sat	Post-Season (Sectionals - VVS)	@ TBD	9:00 AM		Cross Country Course		Departure Point: Field House Departure Time: 6:45 AM	NL
TBD		Practice	N/A	7:30 AM	8:45 AM	JE HS Cross Country Course			
TBD		Practice	N/A	TBD		JE HS Cross Country Course			

Date: 2025-12-10