Coaches:

Saranac Lake (G) V Outdoor Track

| DATE | WEEK | TYPE | OPPONENTS | START TIME | END TIME LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|-------------|------|--|---|---------------|------------------------------------|----------------|----------------------------|
| May 5, 2023 | Fri | Regular Season (Ed Wadas Invitational) | Watertown, Dolgeville, Waterville, Homer, Altmar-Parish-Williamstown (APW Rebels), West Canada Valley, Holland Patent, Henninger, New Hartford, Oneida, Niskayuna High School, Nottingham, Beaver River, Notre Dame, Utica, Town of Webb UFSD (Varsity Girls Track), Rome Free Academy, Skaneateles, Lowville, Cato-Meridian (Blue Devils), Central Valley Academy, Westmoreland, Central Square, New York Mills, Remsen, South Lewis, Clinton, Camden, Adirondack, Indian River @ Whitesboro | 4:00 PM | Ed Wadas Complex High School | | NL |

Date: 2024-05-21