Coaches:

• Pat Gillette, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 7, 2024	Sat	Meet (WESTHILL INDOOR TRACK AND FIELD INVITATIONAL 2024)	Vs. Multiple	10:00 AM	OCC- SRC Arena		NL
Dec 7, 2024	Sat	Regular Season (Westhill Invite @ SRC Arena)	@ TBD	10:00 AM	Onondaga Community College	Departure Point: JDHS Main Gym Departure Time: 9:00 AM	L
Dec 13, 2024	Fri	Regular Season (Jack Morse Kickoff Meet)	TBD	4:30 PM	Onondaga Community College	Departure Point: JDHS Main Gym	L
Dec 21, 2024	Sat	Regular Season (Oscar Jensen memorial Relays)	TBD	9:00 AM	Onondaga Community College	Departure Point: JDHS Main Gym	L
Dec 30, 2024	Mon	Regular Season (Monday Night Throws (Homer Invite))	@ TBD	4:00 PM	McDonald's Sports Complex	Departure Point: JDHS Main Gym Departure Time: 2:30 PM	L
Jan 4, 2025	Sat	Regular Season (George Constantino Memorial)	TBD	9:00 AM	Onondaga Community College	Departure Point: JDHS Main Gym	L
Jan 11, 2025	Sat	Regular Season (John Arcaro Memorial)	TBD	3:00 PM	Onondaga Community College	Departure Point: JDHS Main Gym	L
Jan 17, 2025	Fri	Regular Season (Fred K Memorial)	TBD	4:30 PM	Onondaga Community College	Departure Point: JDHS Main Gym	L
Jan 24, 2025	Fri	Regular Season (SCAC League Championships)	TBD	4:30 PM	Onondaga Community College	Departure Point: JDHS Main Gym	L
Feb 7, 2025	Fri	Post-Season (Sectional Championships Class A)	TBD	4:30 PM	Onondaga Community College	Departure Point: JDHS Main Gym	L
Feb 15, 2025	Sat	Regular Season (Open Invitational @ Cortland State)	@ TBD	2:00 PM	6:00 SUNY PM Cortland	Departure Point: JDHS Main Gym Departure Time: 12:30 PM Return Date: Return Time: 7:00 PM	L
Feb 25, 2025	Tue	Post-Season (State Qualifiers)	TBD	4:30 PM	Onondaga Community College	Departure Point: JDHS Main Gym	L

Date: 2025-12-17