

Coaches:

• Serena Wadsworth, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jul 21, 2022	Thu	Practice (Open Gym)	N/A	7:30 PM	9:00 PM	JD HS Main Gym		
Jul 25, 2022	Mon	Practice (Open Gym)	N/A	7:30 PM	9:00 PM	JD HS Main Gym		
Aug 4, 2022	Thu	Practice (Open Gym)	N/A	8:00 PM	9:00 PM	JD HS Main Gym		
Aug 11, 2022	Thu	Practice (Open Gym)	N/A	7:30 PM	9:00 PM	JD HS Main Gym		
Aug 22, 2022	Mon	Practice	N/A	8:00 AM		JD HS Main Gym		
Aug 23, 2022	Tue	Practice	N/A	8:00 AM	PM	JD HS Main Gym		
Aug 24, 2022	Wed	Practice	N/A	8:00 AM	PM	-		
Aug 25, 2022	Thu	Practice	N/A	8:00 AM	PM			
Aug 26, 2022	Fri	Practice	N/A	9:00 AM	PM			
Aug 27, 2022	Sat	Practice	N/A	8:00 AM	AM	JD HS Main Gym		
Aug 29, 2022	Mon	Practice	N/A	8:00 AM	AM	JD HS Main Gym		
Aug 30, 2022	Tue	Practice	N/A	8:00 AM	AM	JD HS Main Gym		
Aug 31, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	JD HS Main Gym	Departure Point:	
Sep 1, 2022	Thu	Scrimmage	@ West Genesee	3:30 PM	6:00 PM	WG-HS Lower Gym	Return Date: Return Time: 6:00 PM	NL
Sep 6, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	JD HS Main Gym		
Sep 7, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	JD HS Main Gym		
Sep 8, 2022	Thu	Regular Season	@ Fulton	6:30 PM		Bodley H S	Departure Point: JDHS Main Gym Departure Time: 3:00 PM	L
Sep 9, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	JD HS Main Gym		
Sep 10, 2022	Sat	Regular Season (Hornet Pride Tournament)	Auburn, Central Square, Cazenovia, Westhill, West Genesee, Cicero-North Syracuse, Fulton, Homer @ Fayetteville- Manlius	8:00 AM		FM HS House 1 Gym, FM HS House 2 Gym	Departure Point: JDHS Main Gym Departure Time: 7:15 AM	NL
Sep 12, 2022	Mon	Regular Season	@ Auburn	6:30 PM		Auburn HS - Game Gyms 1,2,3	Departure Point: JDHS Main Gym Departure Time: 3:15 PM	L
Sep 13, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	JD HS Main Gym		
Sep 14, 2022	Wed	Regular Season 3-2 W	@ Oswego	7:00 PM		Leighton Elem- David Powers Gymnasium	Departure Point: JDHS Main Gym Departure Time: 4:00 PM	L

DATE	WEE! DAY	⁽ TYPE	OPPONENTS	START TIME	TEND TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 16, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	JD HS Main Gym		
Sep 17, 2022	Sat	Regular Season (Central Square Volleyball Tournament)	Phoenix, Cicero-North Syracuse, West Genesee, Oswego, Fulton, Institute of Technology, Syracuse, Indian River @ Central Square	8:00 AM		CS: Paul V. Moore Gymnasium	Departure Point: JDHS Main Gym Departure Time: 7:15 AM	L
Sep 19, 2022	Mon	Regular Season	Central Square	6:00 PM		JD HS Main Gym		L
Sep 20, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	JD HS Main Gym		
Sep 21, 2022	Wed	Regular Season (https://vcloud.blueframetech.com/broadcast/embed/428	Fowler 3362)	6:00 PM		JD HS Main Gym		L
Sep 22, 2022	Thu	Regular Season	@ Cicero- North Syracuse	6:00 PM	8:00 PM	CNS HS- Main Gym		NL
Sep 23, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	JD HS Main Gym		
Sep 24, 2022	Sat	Regular Season	Fayetteville- Manlius	2:30 PM		JD HS Main Gym		NL
Sep 27, 2022	Tue	Regular Season	Cortland	6:30 PM		JD HS Main Gym		L
Sep 28, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	JD HS Main Gym		
Sep 29, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	JD HS Main Gym		
Oct 3, 2022	Mon	Practice	N/A	3:30 PM	5:00 PM	JD MS Main Gym		
Oct 4, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	JD HS Main Gym		
Oct 6, 2022	Thu	Regular Season	Auburn	4:30 PM		JD HS Main Gym		L
Oct 7, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	JD HS Main Gym		
Oct 10, 2022	Mon	Practice	N/A	2:30 PM	4:00 PM	JD HS Main Gym		
Oct 11, 2022	Tue	Regular Season 3-1 W	Oswego	6:30 PM		JD HS Main Gym		L
Oct 12, 2022	Wed	Practice	N/A	3:30 PM	5:00 PM	JD MS Aux Gym		
Oct 13, 2022	Thu	Regular Season	@ Central Square	6:00 PM		CS: Paul V. Moore Gymnasium	Departure Point: JDHS Main Gym Departure Time: 3:15 PM	L
Oct 14, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	JD MS Aux Gym		
Oct 17, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	JD MS Aux Gym		
Oct 18, 2022	Tue	Regular Season	@ Fowler	6:00 PM	7:30 PM	Fowler H S Baseball Field	Departure Point: JDHS Main Gym Departure Time: 3:30 PM	L
Oct 19, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	JD HS Main Gym		
Oct 20, 2022	Thu	Regular Season	Fulton	6:00 PM		JD HS Main Gym		L
Oct 21, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	JD HS Main Gym		
Oct 22, 2022	Sat	Regular Season	Liverpool	10:30 AM		JD HS Main Gym		NL
Oct 24, 2022	Mon	Regular Season	@ Cortland	6:00 PM	7:30 PM	Cortland Jr- Sr HS Shafer Gym	Departure Point: JDHS Main Gym Departure Time: 3:00 PM	L

DATE	WEEK TYPE	LEAGUE OPPONENTS START END LOCATION TRANSPORTATION / NON- LEAGUE
Nov 2, 2022	Wed Post-Season (Semi-Final)	Central 6:00 JD HS Main Square PM Gym
Nov 9, 2022	Wed Post-Season (Semi final for regionals) 0-3 L	@ Burnt Hills- 7:30 TBD L Ballston PM Lake HS

Date: 2025-12-30