



# Jamesville-Dewitt

## (G) V Outdoor Track

### Coaches:

- Nancy Raicht, Head Coach
- Alexandria Payne, Asst Coach
- Parker Noble, Asst Coach
- Emily Rowles, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 4, 2023	Tue	Meet (Westhill Spring Break Invitational)	Vs. Multiple	1:00 PM		Westhill High School Track	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 11:30 AM	NL
Apr 12, 2023	Wed	Regular Season	Central Square @ Oswego	5:00 PM		Oswego Middle School Stadium	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 3:45 PM	L
Apr 26, 2023	Wed	Regular Season (Senior Night)	Cortland @ East Syracuse Minoa	5:00 PM		ESM High School - Stadium	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 4:00 PM	L
Apr 28, 2023	Fri	Regular Season (Onondaga Central Invitational @ OCS HS)	@ TBD	2:45 PM		TBD	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 2:45 PM	L
Apr 29, 2023	Sat	Meet (Chittenango Invitational)	Vs. Multiple	1:00 PM	6:00 PM	Chittenango HS- Stadium	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 11:45 AM	NL
May 5, 2023	Fri	Regular Season (ESM Invitational @ ESM HS)	@ TBD	4:15 PM		East Syracuse Minoa HS	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 3:15 PM	L
May 8, 2023	Mon	Regular Season	Fulton @ Fowler	5:00 PM	7:30 PM	Fowler High School Stadium	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 4:00 PM	L
May 8, 2023	Mon	Regular Season	Auburn	5:00 PM		Fowler High School	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 4:00 PM	L
May 12, 2023	Fri	Regular Season (Arcaro Invitational @ Baldwinsville HS)	@ TBD	4:30 PM		Baldwinsville High School	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 3:00 PM	L
May 18, 2023	Thu	Regular Season (SCAC League Championship)	Fulton, East Syracuse Minoa, Fowler, Auburn @ Central Square	4:30 PM		Central Square Turf/Stadium	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 3:00 PM	L
May 19, 2023	Fri	Regular Season (CNS Co-Ed Track & Field Invite)	@ TBD	4:30 PM		CNS High School	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 3:15 PM	L
May 26, 2023	Fri	Post-Season (Class A Sectional at Whitesboro 4pm )	@ TBD	4:00 PM		TBD	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 2:15 PM	NL
Jun 1, 2023	Thu	Post-Season (State Qualifier at CNS 4pm )	@ TBD	4:00 PM		TBD	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 2:45 PM	NL
Jun 9, 2023	Fri	Post-Season (NYSPHSAA Championship at Middletown)	@ TBD	TBD		TBD		NL

Date: 2023-06-05