



# Jamesville-Dewitt

## (G) V Gymnastics (JD/FM Gymnastics)

### Coaches:

- Tracey Fishkin, Head Coach
- Elyssa Rosenbaum, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2017	Mon	Practice	N/A	8:00 AM	10:00 AM	JD HS West Gym		
Aug 22, 2017	Tue	Practice	N/A	8:00 AM	10:00 AM	JD HS West Gym		
Aug 23, 2017	Wed	Practice	N/A	1:30 PM	3:30 PM	JD HS West Gym		
Aug 24, 2017	Thu	Practice	N/A	8:00 AM	10:00 AM	JD HS West Gym		
Aug 25, 2017	Fri	Practice	N/A	1:30 PM	3:30 PM	JD HS West Gym		
Aug 28, 2017	Mon	Practice	N/A	8:00 AM	10:00 AM	JD HS West Gym		
Aug 29, 2017	Tue	Practice	N/A	8:00 AM	10:00 AM	JD HS West Gym		
Aug 30, 2017	Wed	Practice	N/A	8:00 AM	10:00 AM	JD HS West Gym		
Aug 31, 2017	Thu	Practice	N/A	8:00 AM	10:00 AM	JD HS West Gym		
Sep 1, 2017	Fri	Practice (3 MILE RUN)	N/A	7:30 AM		JD HS West Gym		
Sep 5, 2017	Tue	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Sep 6, 2017	Wed	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Sep 7, 2017	Thu	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Sep 8, 2017	Fri	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Sep 11, 2017	Mon	Regular Season	@ Baldwinsville	4:30 PM	7:30 PM	Bville - Baker Gym 3&4	<b>Departure Point:</b> JD HS Main Gym <b>Departure Time:</b> 3:00 PM	L
Sep 12, 2017	Tue	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Sep 13, 2017	Wed	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Sep 14, 2017	Thu	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Sep 15, 2017	Fri	Regular Season (JD/FM Team)	New Hartford, Fayetteville-Manlius (JD/FM) @ Utica Proctor	6:00 PM	9:25 PM	Valley Gymnasticz	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 4:30 PM <b>Return Date:</b> <b>Return Time:</b> 10:25 PM	L
Sep 18, 2017	Mon	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Sep 19, 2017	Tue	Regular Season (JD/FM Team)	Fayetteville-Manlius (JD/FM), Utica Proctor @ Rome Free Academy	6:30 PM	9:25 PM	Valley Gymnasticz	<b>Departure Point:</b> JD HS Main Gym <b>Departure Time:</b> 4:30 PM <b>Return Date:</b> <b>Return Time:</b> 9:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 20, 2017	Wed	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Sep 22, 2017	Fri	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Sep 25, 2017	Mon	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Sep 26, 2017	Tue	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Sep 27, 2017	Wed	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Sep 28, 2017	Thu	Regular Season	Fayetteville-Manlius (JD/FM) @ Central Square	5:00 PM		Central Square Gymnastics Center		L
Sep 29, 2017	Fri	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Oct 2, 2017	Mon	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Oct 3, 2017	Tue	Regular Season	@ East Syracuse Minoa (ESM/Lpool)	5:30 PM		ESM High School - Gym 1	Departure Point: JD HS Main Gym Departure Time: 4:30 PM	L
Oct 4, 2017	Wed	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Oct 5, 2017	Thu	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Oct 6, 2017	Fri	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Oct 10, 2017	Tue	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Oct 11, 2017	Wed	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Oct 12, 2017	Thu	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Oct 13, 2017	Fri	Regular Season (JD/FM Team)	TBD	6:00 PM		CNY Gymastics		NL
Oct 16, 2017	Mon	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Oct 17, 2017	Tue	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Oct 18, 2017	Wed	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Oct 19, 2017	Thu	Practice	N/A	3:30 PM	5:30 PM	JD HS West Gym		
Oct 20, 2017	Fri	Regular Season (SECTIONALS AT CNY GYM 9AM)	TBD	9:00 AM	2:00 PM	TBD		L
Oct 20, 2017	Fri	Post-Season (JD/FM Team)	TBD	TBD		CNY Gymastics		NL
Mar 2, 2018	Fri	Post-Season (Gymnastic Team @ States, Cold Spring Harbor, Long Island)	TBD	TBD		TBD		L