Coaches:

• John Lenish, Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 11, 2019	Wed	Regular Season	Auburn, Oswego, East Syracuse Minoa	4:30 PM	JD HS Stadium		L
Sep 14, 2019	Sat	Regular Season (Invitational)	Liverpool, Camden, Fabius-Pompey, Altmar-Parish- Williamstown (APW Rebels), Central Valley Academy @ East Syracuse Minoa	9:00 AM	ESM Kirkville Rd. Field	Departure Point: JDMS Departure Time: 7:45 AM	L
Sep 18, 2019	Wed	Regular Season	Central Square @ East Syracuse Minoa	4:30 PM	ESM Kirkville Rd. Field	Departure Point: JDMS Departure Time: 3:15 PM Return Date: Return Time: 6:30 PM	L
Sep 21, 2019	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	TBD	Bville - Durgee Cross Country Trail	Departure Point: JDMS Departure Time: 11:15 AM	L
Sep 25, 2019	Wed	Regular Season	Cicero-North Syracuse @ Cortland	5:30 PM	Cortland Jr-Sr High School CC Course	Departure Point: JDMS Departure Time: 3:00 PM	L
Oct 2, 2019	Wed	Regular Season	Fulton, Fowler (Syracuse West)	4:30 PM	JD HS Stadium	Departure Point: JDMS	L
Oct 5, 2019	Sat	Regular Season (Cross Country Invitational)	Oneida, Altmar-Parish-Williamstown (APW Rebels), Corcoran (Syracuse West), Canastota, Fayetteville-Manlius, Utica Proctor (JFK/DMS), Cooperstown (Modified), Central Valley Academy, New Hartford, Westmoreland, Holland Patent, Vernon-Verona-Sherrill, Notre Dame, Utica @ Whitesboro	8:30 AM	Deerfield Town Wilderness Park	Departure Point: JDMS Departure Time: 7:00 AM	NL
Oct 21, 2019	Mon	Regular Season (SCAC INVITE)	Auburn, East Syracuse Minoa, Fulton, Cortland, Central Square, Fowler (Syracuse West) @ Oswego	4:30 PM	Oswego MS	Departure Point: JDMS Departure Time: 3:00 PM	L

Date: 2024-06-01