



# Jamesville-Dewitt

## (B) V Cross Country

### Coaches:

- Emily Rowles, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2022	Sat	Regular Season (Vernon-Verona Sherrill Invitational @ VVS HS)	@ TBD	TBD		TBD	<b>Departure Point:</b> JDHS Main Gym	L
Sep 15, 2022	Thu	Regular Season	@ Oswego	4:30 PM		Oswego Middle School Cross Country Trail	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 3:00 PM	L
Sep 17, 2022	Sat	Regular Season (ESM Invitational - Boys V: 9:00a)	@ TBD	TBD		TBD	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 7:45 AM	L
Sep 24, 2022	Sat	Regular Season (Baldwinsville Invite - Races: BJV-1:05, BV-3:15)	@ TBD	TBD		TBD	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 11:15 AM	L
Sep 28, 2022	Wed	Regular Season	Auburn @ Corcoran (Syracuse West)	4:30 PM		Corcoran Stadium	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 3:00 PM	L
Oct 1, 2022	Sat	Regular Season (Whitesboro or McQuaid - Race TBD)	@ TBD	TBD		TBD	<b>Departure Point:</b> JDHS Main Gym	L
Oct 4, 2022	Tue	Regular Season	Fulton @ East Syracuse Minoa	4:30 PM		ESM Kirkville Rd. Field	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 3:00 PM	L
Oct 7, 2022	Fri	Regular Season (Chittenango Invite-Race TBD)	@ TBD	TBD		TBD	<b>Departure Point:</b> JDHS Main Gym	L
Oct 8, 2022	Sat	Regular Season (Manhattan Invite (partial squad) Race TBD)	@ TBD	TBD		TBD	<b>Departure Point:</b> JDHS Main Gym	L
Oct 15, 2022	Sat	Regular Season (Tully Invite - Race 1:00 pm)	@ TBD	TBD		TBD	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 11:00 AM	L
Oct 19, 2022	Wed	Post-Season (SCAC League Meet)	Liverpool, Cicero-North Syracuse, Nottingham (Nottingham), Henninger (Henninger), Fayetteville-Manlius, West Genesee, East Syracuse Minoa, Central Square, Fulton, Oswego, Auburn, Cortland, Corcoran (Syracuse West) @ Baldwinsville	4:30 PM	6:30 PM	Bville - Durgess Cross Country Trail	<b>Departure Point:</b> JDHS Main Gym <b>Departure Time:</b> 2:30 PM	L
Nov 5, 2022	Sat	Post-Season (Section 3 Finals at VVS HS Boys Class B 10:20am Race)	@ TBD	10:20 AM		VVS High School	<b>Departure Point:</b> JDHS Main Gym	NL

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Nov 12, 2022	Sat	Post-Season (NYSPHSAA State Championship Meet at VVS HS)	@ TBD	TBD		VVS High School	<b>Departure Point:</b> JDHS Main Gym	NL

Date: 2022-08-18