



Jamesville-Dewitt

(B) V Cross Country

Coaches:

- Emily Rowles, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 9, 2023	Sat	Meet (Cato-Meridian XC Invitational)	Vs. Multiple	9:00 AM	11:00 AM	Cato-Meridian Cross Country Course		NL
Sep 9, 2023	Sat	Regular Season (Cato-Meridian Invitational)	@ Cato-Meridian (Blue Devils)	9:45 AM		Cato-Meridian Cross Country Course	Departure Point: JDHS Main Gym Departure Time: 7:00 AM Return Date: Return Time: 11:00 AM	L
Sep 13, 2023	Wed	Regular Season	@ Nottingham (Nottingham)	5:00 PM		Nottingham Cross Country		L
Sep 15, 2023	Fri	Regular Season (VVS Invite)	@ TBD	5:00 PM	6:15 PM	VVS High School	Departure Point: JDHS Main Gym Departure Time: 2:30 PM Return Date: Return Time: 7:10 PM	L
Sep 20, 2023	Wed	Regular Season	Oswego	5:00 PM		JD HS Stadium		L
Sep 23, 2023	Sat	Regular Season (Baldwinsville Invitational @ Durgee MS - JV-11:10am, V-1:50p)	@ TBD	11:10 AM		TBD	Departure Point: JDHS Main Gym Departure Time: 9:30 AM Return Date: Return Time: 3:00 PM	L
Sep 27, 2023	Wed	Regular Season (Senior Night)	Corcoran (Syracuse West) @ Central Square	5:00 PM		CS: MHE XC Course		L
Oct 4, 2023	Wed	Regular Season	East Syracuse Minoa, Fulton	5:00 PM		JD HS Stadium		L
Oct 7, 2023	Sat	Regular Season (Whitesboro Invite)	@ Whitesboro	10:30 AM		Deerfield Town Wilderness Park	Departure Point: JDHS Main Gym Departure Time: 8:00 AM Return Date: Return Time: 12:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 14, 2023	Sat	Regular Season (Burnt Hills Invy)	Colonie High School, Granville (Granville-Whitehall-Hartford), Schuylerville, Johnstown, Edmeston (Edmeston/Morris), Shaker High School, Ballston Spa High School, Shenendehowa High School, Albany High School, Troy, Greenville, Queensbury, Scotia-Glenville, Glens Falls @ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park	Departure Point: JDHS Main Gym	NL
Oct 18, 2023	Wed	Regular Season (SCAC Championships)	Fulton, Oswego, Nottingham (Nottingham), East Syracuse Minoa, Central Square, Auburn, West Genesee, Fayetteville-Manlius, Henninger (Henninger), Fowler (Syracuse West), Liverpool, Cicero-North Syracuse @ Baldwinsville	5:00 PM	5:30 PM	Bville - Durgee Cross Country Trail	Departure Point: JDHS Main Gym Departure Time: 3:30 PM	L
Nov 4, 2023	Sat	Post-Season (Section Meet - Class B)	@ Vernon-Verona-Sherrill	TBD		Cross Country Course	Departure Point: JDHS Main Gym	L
Nov 11, 2023	Sat	Post-Season (State Meet @ VVS HS)	@ TBD	2:00 PM		VVS High School	Departure Point: JDHS Main Gym Departure Time: 11:45 AM Return Date: Return Time: 3:15 PM	NL

Date: 2024-04-29