

## Coaches:

• Nancy Raicht, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END LOCA	ATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 6, 2025	Sat	Regular Season (Mustang Invitational)	Dame, Utica, Holland Patent, Waterville, Clinton, Fabius-Pompey, Vernon-Verona-Sherrill, Oneida, Cazenovia, Whitesboro, DeRuyter, Hamilton, Central Square, Guilderland High School, Nottingham (Nottingham), Central Valley Academy @ Mount Markham	8:00 AM	Mour Mark	nt ham HS		NL
Sep 10, 2025	Wed	Regular Season (SCAC Relays)	Cicero-North Syracuse, Liverpool, Baldwinsville, West Genesee, Corcoran (Syracuse West), Henninger (Henninger), Nottingham (Nottingham), Fulton, Oswego, Central Square @ East Syracuse Minoa	4:30 PM	ESM Rd. F	Kirkville Field		L
Sep 13, 2025	Sat	Regular Season (ESM Invitational)	@ TBD	9:45 AM	Pine Cross Coun Track	itry		L
Sep 17, 2025	Wed	Regular Season	@ Central Square	4:30 PM	CS: N Cour	MHE XC se		L
Sep 20, 2025	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	1:30 PM		ee s try Trail		L
Sep 24, 2025	Wed	Regular Season	East Syracuse Minoa, Oswego	4:30 PM	JD H Stadi	um		L
Oct 1, 2025	Wed	Regular Season	Fulton	4:30 PM	JD H Stadi			L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIM		TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 4, 2025	Sat	Meet (Whitesboro Cross Country Invitational 2025)	Vs. Multiple	11:20 AM	Deerfield Town Wilderness Park		NL
Oct 8, 2025	Wed	Regular Season	Auburn @ Fayetteville-Manlius	4:30 PM	FM Cross Country		L
Oct 18, 2025	Sat	Regular Season (Marcellus Invitational)	@ TBD	12:10 PM	Marcellus Park		L
Oct 22, 2025	Wed	Regular Season (SCAC Championships)	Auburn, Central Square, Corcoran (Syracuse West), Fayetteville-Manlius, Fulton, Fowler (Syracuse West), Henninger (Henninger), Liverpool, Cicero- North Syracuse, Nottingham (Nottingham), West Genesee, Oswego, East Syracuse Minoa @ Baldwinsville	4:30 PM	Bville - Durgee Cross Country Trail		L
Nov 8, 2025	Sat	Post-Season ( Sectionals Championships (Mount Markham) TBD)	@ Mount Markham	2:05 PM	HS Track		L

Date: 2025-12-05