

Coaches:

- Alanna Jones, Head Coach
- Melaine Quinn, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 19, 2019	Mon	Practice	N/A	3:30 PM	6:00 PM	JD HS West Gym		
Aug 20, 2019	Tue	Practice	N/A	3:30 PM	6:00 PM	JD HS West Gym		
Aug 21, 2019	Wed	Practice	N/A	3:30 PM	6:00 PM	JD HS West Gym		
Aug 23, 2019	Fri	Practice (Picture Day 10:15am JDHS Main Gym)	N/A	10:15 AM		TBD		
Sep 3, 2019	Tue	Practice	N/A	3:30 PM	6:00 PM	JD HS West Gym		
Sep 5, 2019	Thu	Practice	N/A	3:30 PM	6:00 PM	JD HS West Gym		
Sep 6, 2019	Fri	Practice	N/A	3:30 PM	6:00 PM	JD HS West Gym		
Sep 7, 2019	Sat	Regular Season (@ Westmoreland HS Football Stadium)	@ TBD	2:00 PM	5:00 PM	HS Football Field	Departure Point: JDHS Departure Time: 12:00 PM Return Date: Return Time: 5:00 PM	L
Sep 9, 2019	Mon	Practice	N/A	3:30 PM	6:00 PM	JD HS West Gym		
Sep 10, 2019	Tue	Practice	N/A	3:30 PM	6:00 PM	JD HS West Gym		
Sep 11, 2019	Wed	Practice	N/A	6:30 PM	8:00 PM	JD HS West Gym		
Sep 12, 2019	Thu	Practice	N/A	3:30 PM	6:00 PM	JD HS West Gym		
Sep 13, 2019	Fri	Regular Season	East Syracuse Minoa (Fall)	7:00 PM		JD HS Stadium		L
Sep 16, 2019	Mon	Practice	N/A	3:30 PM	6:00 PM	JD HS West Gym		
Sep 18, 2019	Wed	Practice	N/A	6:30 PM	8:30 PM	JD HS West Gym		
Sep 19, 2019	Thu	Practice	N/A	3:30 PM	6:00 PM	JD HS West Gym		
Sep 20, 2019	Fri	Regular Season	@ Carthage	7:00 PM		Comet Field	Departure Point: JDHS Departure Time: 4:15 PM Return Date: Return Time: 10:00 PM	NL
Sep 23, 2019	Mon	Practice	N/A	3:30 PM	6:00 PM	JD HS West Gym		
Sep 25, 2019	Wed	Practice	N/A	6:30 PM	8:30 PM	JD HS West Gym		
Sep 26, 2019	Thu	Practice	N/A	3:30 PM	6:00 PM	JD HS West Gym		

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Oct 5, 2019	Sat	Regular Season (Also an ACT exam date)	@ Edison Career and Technology HS, Rochester	2:00 PM		Rochester Community Sport Complex, at the Downtown Stadium, 460 Oak Street Rochester, NY 14608	Departure Point: JDHS Departure Time: 11:00 PM Return Date: Return Time: 4:00 PM	L
Oct 12, 2019	Sat	Regular Season (Senior Day)	Fulton	2:00 PM	5:00 PM	JD HS Stadium		L
Oct 18, 2019	Fri	Regular Season	@ Fowler	4:30 PM		TBD	Departure Point: JDHS Departure Time: 4:15 PM Return Date: Return Time: 7:00 PM	L
Oct 25, 2019	Fri	Regular Season (Independent Bowl)	@ Fulton	7:00 PM		Fulton High School Stadium Field	Departure Point: JDHS Departure Time: 4:30 PM Return Date: Return Time: 10:00 PM	NL
Dec 2, 2019	Mon	Practice	N/A	3:30 PM	6:00 PM	TBD		
Dec 3, 2019	Tue	Practice	N/A	3:30 PM	6:00 PM	TBD		
Dec 4, 2019	Wed	Practice	N/A	3:30 PM	6:00 PM	TBD		
Dec 5, 2019	Thu	Practice	N/A	3:30 PM	6:00 PM	TBD		
Dec 9, 2019	Mon	Practice	N/A	3:30 PM	6:00 PM	TBD		
Dec 10, 2019	Tue	Practice	N/A	3:30 PM	6:00 PM	TBD		
Dec 11, 2019	Wed	Practice	N/A	3:30 PM	6:00 PM	TBD		
Dec 12, 2019	Thu	Practice	N/A	3:30 PM	6:00 PM	TBD		
Dec 13, 2019	Fri	Regular Season (Silent Night)	Cortland (Fall)	7:00 PM	9:00 PM	JD HS Stadium		L
Dec 16, 2019	Mon	Practice	N/A	3:30 PM	6:00 PM	TBD		
Dec 17, 2019	Tue	Regular Season	Central Square (Fall)	7:00 PM	9:00 PM	JD HS Stadium		L
Dec 18, 2019	Wed	Practice	N/A	3:30 PM	6:00 PM	TBD		
Dec 19, 2019	Thu	Practice	N/A	3:30 PM	6:00 PM	TBD		
Dec 20, 2019	Fri	Regular Season	Fulton	7:00 PM	9:00 PM	JD HS Stadium		L
Dec 21, 2019	Sat	Practice	N/A	11:00 AM	1:30 PM	JD HS West Gym		
Dec 23, 2019	Mon	Practice	N/A	10:00 AM	12:30 PM	JD HS West Gym		
Dec 27, 2019	Fri	Practice	N/A	12:00 PM	2:30 PM	JD HS West Gym		
Dec 28, 2019	Sat	Practice	N/A	11:00 AM	12:00 PM	JD HS West Gym		
Dec 28, 2019	Sat	Regular Season (St. Joe's vs JD)	TBD	1:00 PM	3:00 PM	JD HS Stadium		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 30, 2019	Mon	Practice	N/A	10:00 AM	12:00 PM	JD HS West Gym		
Jan 3, 2020	Fri	Practice	N/A	10:00 AM	12:30 PM	JD HS West Gym		
Jan 4, 2020	Sat	Practice	N/A	12:00 PM	2:30 PM	JD HS West Gym		
Jan 8, 2020	Wed	Practice	N/A	3:30 PM	6:00 PM	JD HS Cafe		
Jan 9, 2020	Thu	Practice	N/A	3:30 PM	7:00 PM	JD HS Cafe		
Jan 10, 2020	Fri	Regular Season (Hoops For Courage)	East Syracuse Minoa (Winter)	5:45 PM	9:00 PM	JD HS Stadium		L
Jan 11, 2020	Sat	Regular Season (Snowman Snowdown)	TBD	TBD		Chittenango High School	Departure Point: JDHS Departure Time: 7:45 AM	L
Jan 14, 2020	Tue	Regular Season	Oswego	7:00 PM	9:00 PM	JD HS Main Gym		L
Jan 15, 2020	Wed	Practice	N/A	3:30 PM	6:00 PM	JD HS Cafe		
Jan 16, 2020	Thu	Practice	N/A	3:30 PM	6:00 PM	JD HS Cafe		
Jan 17, 2020	Fri	Regular Season	TBD	7:00 PM	9:00 PM	JD HS Main Gym		L
Jan 18, 2020	Sat	Regular Season (Bling It On 2020)	TBD	1:00 PM		Baldwinsville High School	Departure Point: JDHS Departure Time: 11:00 AM	L
Jan 21, 2020	Tue	Practice	N/A	3:30 PM	6:00 PM	JD HS Cafe		
Jan 22, 2020	Wed	Practice	N/A	3:30 PM	6:00 PM	JD HS Cafe		
Jan 23, 2020	Thu	Practice	N/A	3:30 PM	6:00 PM	JD HS Cafe		
Jan 24, 2020	Fri	Regular Season	Fulton	7:00 PM	9:00 PM	JD HS Main Gym		L
Jan 27, 2020	Mon	Practice	N/A	3:30 PM	6:00 PM	JD HS Cafe		
Jan 28, 2020	Tue	Regular Season	Cortland (Fall)	7:00 PM	9:00 PM	JD HS Main Gym		L
Jan 29, 2020	Wed	Practice	N/A	3:30 PM	6:00 PM	JD HS Cafe		
Jan 30, 2020	Thu	Practice	N/A	3:30 PM	6:00 PM	JD HS Cafe		
Jan 31, 2020	Fri	Practice	N/A	6:00 PM	8:00 PM	JD HS Cafe		
Feb 1, 2020	Sat	Regular Season (New Year's Cheer Classic)	TBD	TBD		West Genesee High School	Departure Point: JDHS Departure Time: 7:30 AM	L
Feb 4, 2020	Tue	Practice	N/A	4:30 PM	6:30 PM	JD HS Cafe		
Feb 5, 2020	Wed	Practice	N/A	4:30 PM	6:30 PM	JD HS Cafe		
Feb 6, 2020	Thu	Practice	N/A	4:30 PM	6:30 PM	JD HS Cafe		

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Feb 8, 2020	Sat	Regular Season (Section III Winter Cheer Championships)	TBD	11:00 AM	4:00 PM	South Jefferson: SJ HS/MS Gym 1 (MS)	Departure Point: JDHS Departure Time: 8:45 AM Return Date: Return Time: 4:00 PM	L
Feb 13, 2020	Thu	Practice	N/A	4:30 PM	6:30 PM	JD HS Cafe		
Feb 14, 2020	Fri	Regular Season	Central Square (Fall)	7:00 PM	9:00 PM	JD HS Main Gym		L
Feb 25, 2020	Tue	Post-Season (Quarter Finals)	TBD	5:30 PM	9:00 PM	JD HS Main Gym		L
Feb 28, 2020	Fri	Post-Season (Sectional Semi Final)	East Syracuse Minoa (Winter)	5:30 PM	7:30 PM	SRC Arena (OCC)	Departure Point: JDHS Departure Time: 4:30 PM Return Date: Return Time: 7:30 PM	L
Feb 29, 2020	Sat	Post-Season (Sectional Semi Final)	New Hartford (Fall)	5:30 PM	7:30 PM	Allyn Hall Gymnasium - OCC	Departure Point: JDHS Departure Time: 4:30 PM Return Date: Return Time: 7:30 PM	L
Mar 7, 2020	Sat	Post-Season (Sectional Girls Finals)	Christian Brothers Academy, Dewitt	1:00 PM	3:00 PM	Allyn Hall Gymnasium - OCC	Departure Point: JDHS Departure Time: 12:00 PM Return Date: Return Time: 8:00 PM	L
Mar 7, 2020	Sat	Post-Season (Sectional Boys Finals)	Christian Brothers Academy, Dewitt	6:00 PM	8:00 PM	SRC Arena (OCC)	Departure Point: JDHS Departure Time: 12:00 PM Return Date: Return Time: 8:00 PM	L

Date: 2024-05-06