

## Coaches:

• Paul Valentino, Coach

Nov 1, 2022         Tue         Practice         N/A         3:30 PM         5:00 PM         JD HS Main Gym           Nov 2, 2022         Wed         Practice         N/A         3:30 5:00 PM         JD MS Main Gym           Nov 3, 2022         Thu         Practice         N/A         3:30 5:00 PM         JD HS Main Gym           Nov 4, 2022         Fri         Practice         N/A         3:30 5:00 PM         JD HS Main Gym           Nov 7, 2022         Mon         Practice         N/A         3:30 5:30 PM         JD HS Main Gym           Nov 8, 2022         Tue         Practice         N/A         3:30 5:30 PM         JD HS Main Gym           Nov 9, 2022         Wed         Practice         N/A         3:30 5:30 PM         JD HS Main Gym           Nov 10, 2022         Thu         Regular Season (Blue)         © Cicero-North Syracuse 5:00 PM         6:30 PM         Gillette Main Gym         Departure Poi JDMS Departure Time 4:00 PM           Nov 14, 2022         Mon         Regular Season MOD City League)         Nottingham (HW Smith Season MOD City League)         5:00 PM         JD MS Main Gym	LEAGUE / TION NON- LEAGUE
Nov 2, 2022         Wed         Practice         N/A         PM         PM         PM         JD MS Main Gym           Nov 3, 2022         Thu         Practice         N/A         3:30 5:00 PM PM PM         JD HS Main Gym           Nov 4, 2022         Fri         Practice         N/A         3:30 5:30 PM PM PM         JD HS Main Gym           Nov 7, 2022         Mon         Practice         N/A         3:30 5:30 PM PM PM         JD HS Main Gym           Nov 8, 2022         Tue         Practice         N/A         3:30 5:30 PM PM PM         JD HS Main Gym           Nov 9, 2022         Wed         Practice         N/A         3:30 5:30 PM PM         JD HS Main Gym           Nov 10, 2022         Thu         Regular Season (Blue)         © Cicero-North Syracuse PM         6:30 PM         Gillette Main Gym         Departure Poi JDMS Departure Tim 4:00 PM           Nov 14, 2022         Mon         Regular Season MOD City League)         Nottingham (HW Smith MOD City League)         5:00 PM         JD MS Main Gym	
Nov 4, 2022 Fri Practice N/A PM PM JD HS Main Gym  Nov 4, 2022 Fri Practice N/A 3:30 5:00 PM PM PM JD HS Main Gym  Nov 7, 2022 Mon Practice N/A 3:30 5:30 JD HS Main Gym  Nov 8, 2022 Tue Practice N/A 3:30 5:30 JD HS Main Gym  Nov 9, 2022 Wed Practice N/A 3:30 5:30 JD HS Main Gym  Nov 9, 2022 Wed Practice N/A 3:30 5:30 JD HS Main Gym  Nov 10, 2022 Thu Regular Season (Blue) PM PM PM PM Gillette Main Gym  Departure Poi JDMS Departure Time 4:00 PM  Nov 14, 2022 Mon Regular Season MOD City League) PM JD MS Main Gym  Nottingham (HW Smith S:00 PM)  Nov 14, 2022 Mon Regular Season MOD City League) PM JD MS Main Gym	
Nov 7, 2022 Mon Practice N/A PM PM PM JD HS Main Gym  Nov 8, 2022 Tue Practice N/A 3:30 5:30 JD HS Main Gym  Nov 9, 2022 Wed Practice N/A 3:30 5:30 JD HS Main Gym  Nov 9, 2022 Wed Practice N/A 3:30 5:30 JD HS Main Gym  Nov 10, 2022 Thu Regular Season (Blue) PM PM PM Gillette Main Gym  PM PM PM PM PM DD HS Main Gym  Departure Poi JDMS Departure Time 4:00 PM  Nov 14, 2022 Mon Regular Season Nottingham (HW Smith Season PM DD City League) PM JD MS Main Gym  Nov 14, 2022 JD MS Main Gym	
Nov 8, 2022 Tue Practice N/A 3:30 5:30 JD HS Main Gym  Nov 9, 2022 Wed Practice N/A 3:30 5:30 JD HS Main Gym  Nov 10, 2022 Thu Regular Season (Blue) PM	
Nov 9, 2022 Wed Practice N/A 3:30 5:30 JD HS Main Gym  Nov 10, 2022 Thu Regular Season (Blue) PM PM PM DHS Main Gym  PM PM PM PM DHS Main Gym  PM PM PM DHS Main Gym  Season Season PM PM PM DHS Main Gym  Departure Poid JDMS Departure Time 4:00 PM  Nov 14, 2022 Mon Regular Season MOD City League) PM JD MS Main Gym  Departure Poid JDMS Departure Time 4:00 PM  JD MS Main Gym	
Nov 10, 2022 Mon Regular Season MOD City League)  PM PM PM JD HS Main Gym  PM PM JD HS Main Gym  PM PM Gillette Main Gym  PM PM JD HS Main Gym  PM PM PM JD HS Main Gym  PM P	
Nov 10, 2022  Thu Regular Season (Blue)  PM PM Gillette Main Gym JDMS  Departure Time  4:00 PM  Nov 14, 2022  Mon Regular Season MOD City League)  PM JDMS Departure Time  4:00 PM	
Season MOD City League) PM JD MS Main Gym	1
2·00 E·00	L
Nov 15, 2022 Tue Practice N/A 3:00 5:00 PM PM JD MS Main Gym	
Nov 16, 2022 Wed Regular Season @ Baldwinsville (WHITE) 5:00 7:00 Bville - Durgee JDMS Departure Time 4:00 PM	1
Nov 17, 2022 Thu Practice N/A 3:45 5:00 PM PM JD MS Main Gym	
Nov 18, 2022 Fri Practice N/A 3:00 5:00 PM PM JD MS Main Gym	
Nov 19, 2022 Sat Practice N/A 8:00 10:00 AM AM JD MS Main Gym	
Nov 21, 2022 Mon Regular & West Genesee (WG Season Blue) Season Blue) Season Blue) PM PM - Main Gym Departure Time 4:00 PM	1
Nov 22, 2022 Tue Practice N/A 3:00 4:30 PM PM JD MS Main Gym	
CANCELLED Nov 28, 2022 Mon Season Orange)  Regular Liverpool (CHMS- 5:00 6:30 PM PM PM DIM Main Gym	L
Nov 29, 2022 Tue Practice N/A 3:00 5:00 PM PM JD MS Main Gym	
Nov 30, 2022 Wed Regular @ Fayetteville-Manlius 5:00 FM - Eagle Hill JDMS Departure Time 4:15 PM	1
Dec 1, 2022 Thu Practice N/A 3:45 4:30 PM PM JD MS Main Gym	
Dec 2, 2022 Fri Practice N/A 3:00 5:00 PM JD MS Aux Gym	
Dec 5, 2022 Mon Regular Season Liverpool (SRMS -BLUE) 5:00 6:30 PM JD MS Main Gym	L
Dec 6, 2022 Tue Practice N/A 3:00 5:00 PM PM JD MS Aux Gym	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 7, 2022	Wed	Regular Season	@ Henninger (Lincoln Black)	4:45 PM		Lincoln MS	Departure Point: JDMS Departure Time: 3:45 PM	L
Dec 8, 2022	Thu	Practice	N/A	3:45 PM	4:30 PM	JD MS Main Gym		
Dec 9, 2022	Fri	Regular Season	Liverpool (CHMS- Orange)	5:00 PM		JD MS Main Gym		L
Dec 12, 2022	Mon	Regular Season	Auburn (Maroon)	5:00 PM		JD MS Main Gym		L
Dec 13, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JD MS Aux Gym		
Dec 14, 2022	Wed	Practice	N/A	3:45 PM	5:00 PM	JD MS Main Gym		
Dec 15, 2022	Thu	Practice	N/A	3:45 PM	5:00 PM	JD MS Main Gym		
Dec 16, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	JD MS Aux Gym		
Dec 19, 2022	Mon	Regular Season	@ Cicero-North Syracuse (White)	4:30 PM	6:30 PM	Gillette Main Gym	Departure Point: JDMS Departure Time: 3:30 PM	L
Dec 20, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	JD MS Main Gym		
Dec 21, 2022	Wed	Practice	N/A	3:45 PM	5:00 PM	JD MS Aux Gym		
Dec 22, 2022	Thu	Regular Season	Liverpool (Liverpool MS White)	5:00 PM		JD MS Main Gym		L
Jan 3, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	JD MS Main Gym		
Jan 4, 2023	Wed	Regular Season	@ Henninger (Grant MS - Gold)	4:30 PM		Grant MS	Departure Point: JDMS Departure Time: 3:30 PM	L
Jan 5, 2023	Thu	Practice	N/A	3:45 PM	5:00 PM	JD MS Aux Gym		
CANCELLED Jan 6, 2023	Fri	Regular Season	Auburn (Maroon)	5:00 PM		JD MS Main Gym		L

Date: 2025-12-19