



Sharon Springs

(G) V Outdoor Track (SS-CVS)

Coaches:

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|----------|-----------|------------|----------|----------------------------------|----------------|---------------------|
| CANCELLED Mar 13, 2023 | Mon | Practice | N/A | 3:00 PM | 4:45 PM | Cherry Valley-Springfield School | | |
| POSTPONED Mar 14, 2023 | Tue | Practice | N/A | 3:00 PM | 4:45 PM | Cherry Valley-Springfield School | | |
| CANCELLED Mar 15, 2023 | Wed | Practice | N/A | 3:00 PM | 4:45 PM | Cherry Valley-Springfield School | | |
| Mar 16, 2023 | Thu | Practice | N/A | 3:00 PM | 4:45 PM | Cherry Valley-Springfield School | | |
| Mar 17, 2023 | Fri | Practice | N/A | 3:00 PM | 4:45 PM | Cherry Valley-Springfield School | | |
| Mar 20, 2023 | Mon | Practice | N/A | 3:00 PM | 4:45 PM | Cherry Valley-Springfield School | | |
| Mar 20, 2023 | Mon | Practice | N/A | 3:00 PM | 4:45 PM | Cherry Valley-Springfield School | | |
| Mar 21, 2023 | Tue | Practice | N/A | 3:00 PM | 4:45 PM | Cherry Valley-Springfield School | | |
| Mar 22, 2023 | Wed | Practice | N/A | 3:00 PM | 4:45 PM | Cherry Valley-Springfield School | | |
| Mar 23, 2023 | Thu | Practice | N/A | 3:00 PM | 4:45 PM | Cherry Valley-Springfield School | | |
| Mar 24, 2023 | Fri | Practice | N/A | 3:00 PM | 4:45 PM | Cherry Valley-Springfield School | | |
| Apr 3, 2023 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | Cherry Valley-Springfield School | | |
| Apr 4, 2023 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | Cherry Valley-Springfield School | | |
| CANCELLED Apr 5, 2023 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | Cherry Valley-Springfield School | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|-----------------------|----------|---|--|------------|----------|----------------------------------|----------------|---------------------|
| Apr 6, 2023 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | Cherry Valley-Springfield School | | |
| Apr 11, 2023 | Tue | Regular Season | Schenevus (Schenevus/Worcester), Worcester, Franklin | 4:30 PM | 6:00 PM | Cherry Valley-Springfield School | | L |
| Apr 12, 2023 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | TBD | | |
| Apr 13, 2023 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | TBD | | |
| Apr 18, 2023 | Tue | Practice (Team Photo Day) | N/A | 3:00 PM | 4:45 PM | Cherry Valley-Springfield School | | |
| Apr 25, 2023 | Tue | Regular Season | Edmeston (Morris/Edmeston), Richfield Springs (Richfield/ODY) | 4:30 PM | | Cherry Valley-Springfield School | | L |
| POSTPONED May 3, 2023 | Wed | Regular Season (Tri-Valley relays) | @ Gilbertsville-Mount Upton | 4:30 PM | | G-MU - Track | | L |
| May 10, 2023 | Wed | Regular Season (Harbaugh Invitational) | Edmeston (Morris/Edmeston), Stamford, Franklin, Milford (Laurens/Milford), Unatego, Harpursville (Afton/Harpur), Unadilla Valley (UV), Deposit (Deposit-Hancock), South Kortright, Charlotte Valley, Bainbridge Guilford, Schenevus (Schenevus/Worcester) @ Delaware Academy | 4:00 PM | | Track and Field Complex | | NL |
| May 12, 2023 | Fri | Regular Season | @ Oneonta | 4:30 PM | | Oneonta High School | | NL |
| May 13, 2023 | Sat | Regular Season | @ Middleburgh | 10:00 AM | | Middleburgh HS | | NL |
| May 18, 2023 | Thu | Regular Season (Tri-Valley Championship) | Milford (Laurens/Milford), Worcester, Franklin, Charlotte Valley, Stamford, Richfield Springs (Richfield/ODY), Edmeston (Morris/Edmeston) @ TBD | 4:30 PM | | TBD | | L |

Date: 2025-12-05