



Institute of Technology, Syracuse

(B) V Swimming/Diving (Syracuse City)

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 3, 2024	Tue	Regular Season 56-95 L	@ Oswego	5:00 PM		Oswego HS-Pool		L
POSTPONED Dec 11, 2024	Wed	Regular Season	@ Auburn	5:00 PM		Auburn - YMCA Pool		L
Dec 17, 2024	Tue	Regular Season	Fayetteville-Manlius	6:00 PM		Nottingham High School Pool		L
Dec 20, 2024	Fri	Regular Season	West Genesee	6:00 PM	7:30 PM	Nottingham High School (Pool)		L
Dec 30, 2024	Mon	Regular Season (Holiday relay meet)	Mexico	11:00 AM		Nottingham High School Pool		NL
Dec 30, 2024	Mon	Meet (Holiday Relay Carnival)	Vs. Multiple	11:00 AM		Nottingham High School Pool		NL
Jan 10, 2025	Fri	Meet (SCAC Swim Invite)	Vs. Multiple	5:00 PM		Nottingham High School Pool		NL
Jan 11, 2025	Sat	Meet (SCAC Dive Invite)	Vs. Multiple	10:00 AM		Nottingham High School Pool		NL
Jan 17, 2025	Fri	Regular Season	Baldwinsville, Auburn	6:00 PM	8:00 PM	Nottingham High School Pool		L
Jan 23, 2025	Thu	Regular Season	Cooperstown (Cooperstown/Cherry Valley), Utica Proctor @ Rome Free Academy	5:00 PM		RFA Pool		L
Jan 24, 2025	Fri	Regular Season	Jamesville-Dewitt, Cicero-North Syracuse	5:00 PM		Nottingham High School Pool		L
Jan 25, 2025	Sat	Meet (Burgo Dive Invite)	Vs. Multiple	10:00 AM		Nottingham High School Pool		NL
Jan 28, 2025	Tue	Regular Season	@ Pulaski	5:00 PM		Pulaski MS/HS Pool		NL
Jan 30, 2025	Thu	Regular Season	@ Liverpool	5:00 PM		LIVERPOOL HS Pool		L
Jan 31, 2025	Fri	Meet (Last Chance Meet)	Vs. Multiple	5:00 PM		Nottingham High School Pool		NL
CANCELLED Feb 6, 2025	Thu	Regular Season	@ Oswego	5:00 PM	6:30 PM	Oswego HS-Pool		L
Feb 8, 2025	Sat	Meet (Section 3 Dive Meet)	Vs. Multiple	10:00 AM		Nottingham High School Pool		NL
Feb 8, 2025	Sat	Post-Season (Diving Sectionals)	New Hartford	10:00 AM		Nottingham High School (Pool)		L
Feb 8, 2025	Sat	Post-Season (Diving)	Rome Free Academy	TBD		Nottingham High School (Pool)		NL
Feb 10, 2025	Mon	Regular Season	@ West Genesee	5:00 PM	7:00 PM	WG-HS Pool		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 11, 2025	Tue	Meet (State Qual Dive Meet)	Vs. Multiple	1:00 PM		Nottingham High School Pool		NL
Feb 11, 2025	Tue	Post-Season (Diving State Qualifiers)	New Hartford	2:30 PM		Nottingham High School (Pool)		L
Feb 12, 2025	Wed	Post-Season (Swimming)	Rome Free Academy	9:00 AM	12:30 PM	Nottingham High School (Pool)		NL
Feb 12, 2025	Wed	Post-Season (Swimming Sectionals)	New Hartford	2:30 PM		Nottingham High School (Pool)		L
Feb 12, 2025	Wed	Post-Season (Section 3 Championships)	Cooperstown (Cooperstown/Cherry Valley)	2:30 PM		Nottingham High School (Pool)		NL
Feb 12, 2025	Wed	Meet (Section 3 Class Meet)	Vs. Multiple	TBD		Nottingham High School Pool		NL
Feb 14, 2025	Fri	Meet (State Qual Swim Meet)	Vs. Multiple	1:00 PM		Nottingham High School Pool		NL
Feb 14, 2025	Fri	Post-Season (Swimming Sectionals)	Rome Free Academy	2:30 PM	5:00 PM	Nottingham High School (Pool)		NL
Feb 14, 2025	Fri	Post-Season (Section 3 State Qualifier)	Cooperstown (Cooperstown/Cherry Valley)	2:30 PM		Nottingham High School (Pool)		NL
Feb 25, 2025	Tue	Regular Season	@ Liverpool	5:00 PM	7:00 PM	LIVERPOOL HS Pool		L
Mar 3, 2025	Mon	Regular Season	@ Baldwinsville	5:00 PM	7:00 PM	Bville - Baker HS Pool		L
Mar 10, 2025	Mon	Regular Season	Auburn	5:00 PM		Nottingham High School (Pool)		L
Mar 12, 2025	Wed	Regular Season	Cicero-North Syracuse	5:00 PM		Nottingham High School (Pool)		L
Mar 14, 2025	Fri	Regular Season 42-86 L	@ Oswego	5:00 PM		Oswego HS-Pool		L

Date: 2025-12-12