



Institute of Technology, Syracuse

(B) V Outdoor Track

Coaches:

- Jaquale Breland, Head Coach
- William Hawkins, Asst Coach
- Todd Schober, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|--|--|---------------------|
| Apr 10, 2024 | Wed | Regular Season | Marcellus | 4:00 PM | | Henninger High School Football Stadium | Departure Time: 2:15 PM Return Date: Return Time: 7:00 PM | L |
| Apr 12, 2024 | Fri | Meet (Tully Coed Invite) | Vs. Multiple | 4:00 PM | 9:00 PM | Tully HS | | NL |
| Apr 12, 2024 | Fri | Regular Season (Tully Co-Ed Spring Invitational) | @ TBD | 4:00 PM | | Tully HS | Departure Point: ITC Departure Time: 2:30 PM Return Date: Return Time: 7:30 PM | NL |
| Apr 16, 2024 | Tue | Regular Season | Christian Brothers Academy, Dewitt | 4:15 PM | | Fowler High School Stadium | Departure Time: 2:15 PM Return Date: Return Time: 7:15 PM | L |
| Apr 19, 2024 | Fri | Regular Season (*Onondaga Central Track Invitational*) | Syracuse Academy of Science, Cazenovia, Manlius Pebble Hill, Fabius-Pompey, Canastota, Mexico, Altmar-Parish-Williamstown (APW Rebels), Bishop Grimes, Faith Heritage, Cortland, Phoenix, Bishop Ludden, Cato-Meridian (Blue Devils), Jamesville-Dewitt, DeRuyter, Remsen, Vernon-Verona-Sherrill @ Onondaga Central (OCS/Laf) | 4:00 PM | | Stadium | | L |
| Apr 19, 2024 | Fri | Regular Season (OCS Track Invitational) | @ TBD | TBD | | OCS | Departure Point: ITC Departure Time: 3:00 PM Return Date: Return Time: 7:30 PM | L |
| Apr 23, 2024 | Tue | Regular Season (Westhill Invitational) | @ TBD | 1:00 PM | | Westhill HS | Departure Point: ITC Departure Time: 11:30 AM Return Date: Return Time: 4:00 PM | NL |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|-----------------------|----------|---|------------------|------------|----------|----------------------------|---|---------------------|
| Apr 23, 2024 | Tue | Meet (WESTHILL OUTDOOR TRACK AND FIELD SPRING BREAK INVITATIONAL) | Vs. Multiple | 1:00 PM | | Westhill High School Track | | NL |
| Apr 29, 2024 | Mon | Regular Season | @ Phoenix | 4:30 PM | 5:30 PM | JCB Grass Stadium | Departure Time: 3:00 PM Return Date: Return Time: 7:00 PM | L |
| May 1, 2024 | Wed | Regular Season | Cortland @ Homer | 4:00 PM | | Homer High School | Departure Time: 2:15 PM Return Date: Return Time: 6:30 PM | L |
| CANCELLED May 1, 2024 | Wed | Regular Season | @ Hannibal | 4:30 PM | 8:00 PM | Hannibal Warrior Stadium | Departure Time: 2:30 PM Return Date: Return Time: 7:00 PM | NL |
| May 6, 2024 | Mon | Regular Season (City City Meet) | @ TBD | 4:00 PM | | Nottingham High School Gym | Departure Point: ITC Departure Time: 2:45 PM Return Date: Return Time: 7:30 PM | NL |
| May 8, 2024 | Wed | Regular Season | @ Solvay | 4:30 PM | 5:30 PM | Solvay HS Stadium | Departure Time: 3:15 PM Return Date: Return Time: 6:30 PM | L |
| May 10, 2024 | Fri | Regular Season (Arcaro Classic) | @ TBD | 4:00 AM | | B'ville | Departure Point: ITC Departure Time: 2:30 PM Return Date: Return Time: 7:30 PM | NL |
| May 13, 2024 | Mon | Meet (2024 OHSL LIBERTY LEAGUE MEET) | Vs. Multiple | 4:30 PM | | Chittenango HS- Stadium | Departure Time: 2:15 PM | NL |
| May 15, 2024 | Wed | Post-Season (Last Chance Meet) | @ Solvay | 4:30 PM | | Solvay HS Stadium | Departure Point: ITC Departure Date: May 15, 2024 Departure Time: 2:45 PM | NL |
| May 20, 2024 | Mon | Meet (Section 3 Class B1) | Vs. Multiple | 4:30 PM | | Westhill High School Track | Departure Time: 3:00 PM Return Date: Return Time: 7:30 PM | NL |
| May 30, 2024 | Thu | Post-Season (State Qualifier) | @ TBD | 4:00 PM | | CNS Stadium | Departure Point: ITC Departure Time: 2:30 PM | NL |
| Jun 7, 2024 | Fri | Post-Season (States) | @ TBD | TBD | | CNS Stadium | Departure Point: ITC | NL |