



# Institute of Technology, Syracuse

## (B) V Cross Country (West)

Coaches:

| DATE         | WEEK DAY | TYPE  | OPPONENTS                                    | START TIME | END TIME | LOCATION  | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|---|----------------|---------------------|
| Sep 16, 2023 | Sat      | Regular Season (ESM Invitational @ Pine Grove MS)         | TBD  | 9:00 AM    |          | Pine Grove Cross Country Track                            |                | L                   |
| Sep 20, 2023 | Wed      | Regular Season  | Nottingham (Nottingham), East Syracuse Minoa | 4:30 PM    |          | Corcoran Stadium  |                | L                   |
| Oct 7, 2023  | Sat      | Regular Season (Whitesboro Invitational @ Deerfield Park) | TBD  | 9:50 AM    |          | Deerfield Town Wilderness Park                            |                | L                   |
| Oct 14, 2023 | Sat      | Regular Season (Manhattan Invitational)                   | TBD  | 9:00 AM    |          | Manhattan College-Van Cortlandt Park 242 St Riverdale, NY |                | L                   |
| Oct 21, 2023 | Sat      | Regular Season (Weedsport Invitational)                   | TBD  | 10:15 AM   |          | Weedsport Jr.-Sr. High School                             |                | L                   |
| Nov 4, 2023  | Sat      | Non-District (Sectional Championships @ VVS)              | TBD  | 9:00 AM    |          | TBD   |                | L                   |

Date: 2024-06-02