Institute of Technology, Syracuse

(G) V Cross Country (West)

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 15, 2021	Wed	Regular Season	Fulton @ Oswego	4:30 PM		Oswego Middle School Cross Country Trail		L
Sep 18, 2021	Sat	Regular Season (ESM Invitational)	TBD	9:00 AM		Pine Grove Cross Country Track		L
Sep 22, 2021	Wed	Regular Season (Fulton Invitational)	TBD	4:00 PM		Granby E S		L
Sep 29, 2021	Wed	Regular Season	Jamesville-Dewitt @ Central Square	4:30 PM		CS: MHE XC Course		L
Sep 29, 2021	Wed	Regular Season	Auburn, Henninger (Henninger), Nottingham (Nottingham) @ Fulton	4:30 PM		Granby E S		L
Oct 2, 2021	Sat	Regular Season (Whitesboro Invitational @ Deerfield Wilderness Park)	TBD	9:00 AM		Deerfield Elementary School		L
Oct 2, 2021	Sat	Regular Season (Whitesboro Invitational)	Remsen, Central Valley Academy, Oriskany, Altmar-Parish-Williamstown (APW Rebels), New Hartford, Phoenix, Henninger (Henninger), Clinton, Utica Proctor, Edmeston (Edmeston/Morris), Westmoreland, Notre Dame, Utica, Cooperstown, Oneonta, Sauquoit Valley, West Canada Valley, Canastota @ Whitesboro	9:00 AM	3:30 PM	Deerfield Town Wilderness Park		NL
Oct 6, 2021	Wed	Regular Season	Cortland	4:30 PM		Corcoran Stadium		L
Oct 8, 2021	Fri	Regular Season (Chittenango Invitational)	TBD	4:00 PM		Chittenango HS		L
Oct 8, 2021	Fri	Meet (Chittenango Twilight Bears Invitational)	Vs. Multiple	4:00 PM	7:00 PM	Chittenango HS- Stadium, Chittenango HS- XC Course		NL
Oct 13, 2021	Wed	Post-Season (City Championship)	Nottingham (Nottingham) @ Henninger (Henninger)	4:30 PM		Sunnycrest Park		NL
Oct 16, 2021	Sat	Regular Season (Weedsport Invitational)	@ Weedsport	9:00 AM		Weedsport Jr.-Sr. High School		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 16, 2021	Sat	Regular Season (Weedsport Invite)	East Syracuse Minoa, Jordan-Elbridge, Oswego, Port Byron (Port Byron/Union Springs), Altmar-Parish-Williamstown (APW Rebels), Mynderse Academy, Phoenix, Auburn, Solvay, Waterloo @ Weedsport	10:15 AM		Weedsport Jr.-Sr. High School		NL
Oct 20, 2021	Wed	Regular Season (SCAC METRO LEAGUE CHAMPIONSHIPS)	Liverpool, Cicero-North Syracuse, Nottingham (Nottingham), Fayetteville-Manlius, Henninger (Henninger), West Genesee @ Baldwinsville	5:00 PM	5:30 PM	Bville - Durgee Cross Country Trail		L
Oct 20, 2021	Wed	Regular Season (SCAC Empire League Championships)	Auburn, Central Square, Oswego, Cortland, Jamesville-Dewitt, East Syracuse Minoa, Fulton @ Baldwinsville	5:00 PM	6:00 PM	Bville - Durgee Cross Country Trail		L

Date: 2026-11-28