



# Institute of Technology, Syracuse

## (G) V Cheerleading (Cheer Fall)

### Coaches:

- Alajah Brooks, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2023	Sat	Regular Season	@ Henninger (Fall)	12:00 PM	2:30 PM	Henninger H S	Departure Point: ITC Departure Time: 11:15 AM Return Date: Return Time: 2:15 PM	NL
Sep 8, 2023	Fri	Regular Season	Central Valley Academy (Fall)	6:00 PM		Fowler High School Stadium	Departure Point: ITC Departure Time: 5:10 PM Return Date: Return Time: 8:00 PM	L
Sep 16, 2023	Sat	Regular Season	@ Vernon-Verona-Sherrill (Dance Team)	7:00 PM	9:15 PM	Turf Field Stadium	Departure Point: ITC Departure Time: 5:15 PM Return Date: Return Time: 9:15 PM	L
Sep 23, 2023	Sat	Regular Season	@ Adirondack	3:00 PM	5:15 PM	Stadium Field	Departure Point: ITC Departure Time: 1:00 PM Return Date: Return Time: 5:15 PM	L
Oct 6, 2023	Fri	Regular Season	@ Chittenango (Fall)	6:30 PM	8:45 PM	Chittenango HS-Stadium	Departure Point: ITC Departure Time: 5:10 PM Return Date: Return Time: 8:45 PM	L
Oct 13, 2023	Fri	Regular Season	@ TBD	6:30 PM		Westhill High School Turf Stadium	Departure Point: ITC Departure Time: 5:15 PM Return Date: Return Time: 8:30 PM	L
Oct 20, 2023	Fri	Regular Season	Homer	6:00 PM	8:15 PM	Fowler High School Stadium	Departure Point: ITC Departure Time: 5:15 PM Return Date: Return Time: 8:15 PM	L
Oct 21, 2023	Sat	Regular Season (Fall Cheer Competition)	@ Cicero-North Syracuse (Fall)	TBD		NSJHS Main Gym	Departure Point: ITC Departure Date: Oct 21, 2023	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 26, 2023	Thu	Post-Season	@ Fowler	4:30 PM		Fowler High School Stadium	<b>Departure Point:</b> ITC <b>Departure Time:</b> 3:45 PM <b>Return Date:</b> <b>Return Time:</b> 6:30 PM	NL
Jan 29, 2024	Mon	Practice	N/A	6:00 PM	8:00 PM	GC2 Gymnastics East Syracuse	<b>Departure Date:</b> Jan 29, 2024 <b>Departure Time:</b> 5:15 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	
Feb 3, 2024	Sat	Regular Season (Sweetheart Classic @ West Genesee)	@ TBD	9:00 AM		West Genesee HS	<b>Departure Point:</b> ITC <b>Departure Time:</b> 8:15 AM <b>Return Date:</b> <b>Return Time:</b> 2:30 PM	L
Feb 5, 2024	Mon	Regular Season (OHSL Tournament 116 Volney St. Phoenix, NY)	Cazenovia, Chittenango (Winter), Hannibal (Winter) @ Phoenix	5:00 PM		EJD Gym 1	<b>Departure Time:</b> 4:00 PM <b>Return Date:</b> <b>Return Time:</b> 7:45 PM	L
Feb 10, 2024	Sat	Meet (Snowman Showdown 2024)	Vs. Multiple	8:00 AM	6:00 PM	Chittenango HS- Large Gym, Chittenango HS- Small Gym		NL
Feb 10, 2024	Sat	Regular Season (Snowman Showdown @ Chittenango)	@ Chittenango (Fall)	9:00 AM		Chittenango HS- Large Gym, Chittenango HS- Small Gym	<b>Departure Point:</b> ITC <b>Departure Time:</b> 8:00 AM	L
Feb 17, 2024	Sat	Post-Season (Sectionals)	TBD	9:00 AM		SRC Arena	<b>Departure Point:</b> ITC <b>Departure Time:</b> 8:30 AM	L
Mar 2, 2024	Sat	Post-Season (NYSPHSAA Cheer State Championship )	TBD	9:00 AM		Visions Federal Credit Union Veterans Memorial Arena Binghamton	<b>Departure Point:</b> ITC <b>Departure Date:</b> Mar 1, 2024 <b>Departure Time:</b> 3:30 PM	NL