



# Indian River

## (G) 7/8TH Winter Track

### Coaches:

- Logan Drake, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 27, 2023	Mon	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Nov 28, 2023	Tue	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
CANCELLED Nov 29, 2023	Wed	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Nov 30, 2023	Thu	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Dec 1, 2023	Fri	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Dec 4, 2023	Mon	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Dec 5, 2023	Tue	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Dec 6, 2023	Wed	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Dec 7, 2023	Thu	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Dec 8, 2023	Fri	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Dec 9, 2023	Sat	Regular Season	@ TBD	10:00 AM		SUNY Potsdam	<b>Bus/Driver:</b> Coach Drake/19 Athletes	<b>Departure Point:</b> Middle School Pool Entrance <b>Departure Time:</b> 7:45 AM <b>Return Date:</b> <b>Return Time:</b> 2:00 PM	L
Dec 11, 2023	Mon	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Dec 12, 2023	Tue	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Dec 13, 2023	Wed	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Dec 14, 2023	Thu	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Dec 15, 2023	Fri	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 16, 2023	Sat	Regular Season	@ TBD	10:00 AM		SUNY Potsdam	<b>Bus/Driver:</b> Coach Drake/19 Athletes	<b>Departure Point:</b> Middle School Pool Entrance <b>Departure Time:</b> 7:45 AM <b>Return Date:</b> <b>Return Time:</b> 2:00 PM	L
Dec 18, 2023	Mon	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Dec 19, 2023	Tue	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Dec 20, 2023	Wed	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Dec 21, 2023	Thu	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Jan 3, 2024	Wed	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Jan 4, 2024	Thu	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Jan 5, 2024	Fri	Regular Season	@ TBD	4:30 PM		St. Lawrence University, Canton NY	<b>Bus/Driver:</b> Coach Drake/19 Athletes	<b>Departure Point:</b> Middle School Pool Entrance <b>Departure Time:</b> 2:10 PM <b>Return Date:</b> <b>Return Time:</b> 8:30 PM	L
Jan 8, 2024	Mon	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
CANCELLED Jan 9, 2024	Tue	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
CANCELLED Jan 10, 2024	Wed	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
CANCELLED Jan 11, 2024	Thu	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Jan 12, 2024	Fri	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Jan 13, 2024	Sat	Regular Season	@ TBD	10:00 AM		SUNY Potsdam	<b>Bus/Driver:</b> Coach Drake/19 Athletes	<b>Departure Point:</b> Middle School Pool Entrance <b>Departure Time:</b> 7:45 AM <b>Return Date:</b> <b>Return Time:</b> 2:00 PM	L
Jan 16, 2024	Tue	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Jan 17, 2024	Wed	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Jan 18, 2024	Thu	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Jan 19, 2024	Fri	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Jan 20, 2024	Sat	Regular Season	@ TBD	10:00 AM		St. Lawrence University, Canton NY	<b>Bus/Driver:</b> Coach Drake/19 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 7:45 AM <b>Return Date:</b> <b>Return Time:</b> 2:00 PM	L
Jan 22, 2024	Mon	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Jan 23, 2024	Tue	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
CANCELLED Jan 24, 2024	Wed	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Jan 25, 2024	Thu	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Jan 26, 2024	Fri	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Jan 29, 2024	Mon	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Jan 30, 2024	Tue	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Jan 31, 2024	Wed	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Feb 1, 2024	Thu	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Feb 2, 2024	Fri	Practice	N/A	2:45 PM	4:10 PM	Indian River High School Indoor Track			
Feb 3, 2024	Sat	Regular Season	@ TBD	3:00 PM		St. Lawrence University, Canton NY	<b>Bus/Driver:</b> Coach Drake/19 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 12:45 PM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	L

Date: 2025-12-06