



Indian River (G) JV Lacrosse

Coaches:

- Kyra Cook, Head Coach
- Amy Heath, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 11, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Indian River Intermediate School Main Gym			
Mar 12, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
Mar 13, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
Mar 14, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
Mar 15, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
Mar 18, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus 25 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:10 PM	
Mar 19, 2024	Tue	Practice	N/A	3:30 PM	4:30 PM	Warrior Stadium, Turf Facility (Field A)			
Mar 20, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Indian River Intermediate School Main Gym			
CANCELLED Mar 21, 2024	Thu	Scrimmage @	Carthage	5:30 PM		Comet Field			L
CANCELLED Mar 22, 2024	Fri	Practice	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Main Gym			
Mar 25, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Indian River Intermediate School Main Gym			
Mar 26, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
Mar 27, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 28, 2024	Thu	Practice	N/A	3:00 PM	4:15 PM	Warrior Stadium, Turf Facility (Field A)			
Mar 29, 2024	Fri	Practice	N/A	8:00 AM	10:00 AM	Warrior Stadium, Turf Facility (Field A)			
Mar 30, 2024	Sat	Scrimmage @ Auburn		11:00 AM		Auburn - Holland Stadium (Turf)	Bus/Driver: Coach Cook/Heath/18 Athletes	Departure Point: High School Athletic Doors Departure Time: 8:00 AM Return Date: Return Time: 3:00 PM	NL
Apr 2, 2024	Tue	Practice	N/A	2:30 PM	4:00 PM	Warrior Stadium, Turf Facility (Field A)			
Apr 3, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Warrior Stadium, Turf Facility (Field A)			
Apr 4, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
Apr 5, 2024	Fri	Practice	N/A	2:45 PM	4:15 PM	Indian River Route 11 Practice field C			
POSTPONED Apr 6, 2024	Sat	Regular Season	Ithaca	12:00 PM	1:30 PM	Warrior Stadium, Turf Facility (Field A)			NL
Apr 9, 2024	Tue	Practice	N/A	3:00 PM	4:15 PM	Warrior Stadium, Turf Facility (Field A)			
Apr 10, 2024	Wed	Regular Season 12-6 W	Carthage	5:30 PM		Warrior Stadium, Turf Facility (Field A)			NL
Apr 11, 2024	Thu	Practice	N/A	3:00 PM	4:15 PM	Warrior Stadium, Turf Facility (Field A)			
Apr 12, 2024	Fri	Practice	N/A	3:00 PM	4:45 PM	Warrior Stadium, Turf Facility (Field A)			
Apr 13, 2024	Sat	Regular Season	Fayetteville-Manlius	1:00 PM	2:30 PM	Warrior Stadium, Turf Facility (Field A)			NL
Apr 15, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 16, 2024	Tue	Regular Season 9-10 L	@ Carthage	5:00 PM		Comet Field	Bus/Driver: Coach Cook/Heath/18 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:45 PM Return Date: Return Time: 7:00 PM	L
Apr 17, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Warrior Stadium, Turf Facility (Field A)			
Apr 18, 2024	Thu	Regular Season	@ South Jefferson	5:00 PM		SJ HS/MS - Stadium Turf Field	Bus/Driver: Coach Cook/Heath/18 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM	L
CANCELLED Apr 19, 2024	Fri	Practice	N/A	3:30 PM	4:30 PM	Warrior Stadium, Turf Facility (Field A)			
Apr 29, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Indian River Route 11 Practice field C			
Apr 30, 2024	Tue	Regular Season	@ Watertown	4:30 PM		Watertown Fairgrounds	Bus/Driver: Coach Cook/Heath/18 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:30 PM Return Date: Return Time: 7:15 PM	L
May 1, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Route 11 Practice field C			
May 2, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
May 3, 2024	Fri	Practice	N/A	2:45 PM	4:15 PM	Indian River Route 11 Practice field C			
May 6, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	Warrior Stadium, Turf Facility (Field A)			
May 7, 2024	Tue	Regular Season	South Jefferson	4:30 PM	5:45 PM	Indian River Main Grass Field #8			L
May 8, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
May 9, 2024	Thu	Regular Season	Watertown	5:00 PM		Warrior Stadium, Turf Facility (Field A)			L
May 10, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Indian River Route 11 Practice field C			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 11, 2024	Sat	Regular Season	@ Oswego	10:00 AM		OHS Stadium Turf Field	Bus/Driver: Coach Cook/Heath/18 Athletes	Departure Point: High School Athletic Doors Departure Time: 7:45 AM Return Date: Return Time: 2:00 PM	NL
May 13, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
May 14, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
May 15, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
May 16, 2024	Thu	Regular Season	Carthage	5:00 PM		Warrior Stadium, Turf Facility (Field A)			L
May 17, 2024	Fri	Regular Season	@ New Hartford	6:30 PM	6:30 PM	HS Turf Field	Bus/Driver: Coach Cook/Heath/18 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:30 PM Return Date: Return Time: 10:45 PM	NL
May 21, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
May 22, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
May 23, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
May 24, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
TBD		Practice (On turf)	N/A	3:00 PM	4:30 PM	Warrior Stadium, Turf Facility (Field A)			
TBD		Practice	N/A	3:30 PM	5:00 PM	Indian River Intermediate School Main Gym			

Date: 2024-05-01