Indian River
(B) 7/8TH Outdoor Track

Coaches:

- Michael Saltzman, Head Coach
- John Murtha, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION		LEAGUE / NON-LEAGUE
Apr 2, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 3, 2024	Wed	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 4, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 9, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 10, 2024	Wed	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 11, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 12, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 15, 2024	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 16, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 17, 2024	Wed	Regular Season	Carthage, Watertown @ South Jefferson	4:30 PM		SJ Wilson Elem. Track	**Bus/Driver:** 2 Coaches & 29 Athletes	**Departure Point:** Middle School Pool Entrance **Departure Time:** 2:45 PM **Return Date:** **Return Time:** 8:00 PM	L
Apr 18, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
CANCELLED Apr 19, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 29, 2024	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 30, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
May 1, 2024	Wed	Regular Season	Sandy Creek @ Carthage	4:30 PM	6:00 PM	Comet Field	**Bus/Driver:** 2 Coaches & 29 Athletes	**Departure Point:** Middle School Pool Entrance **Departure Time:** 3:00 PM **Return Date:** **Return Time:** 7:00 PM	L
May 2, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
May 3, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
May 6, 2024	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
May 7, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
May 8, 2024	Wed	Regular Season	South Jefferson, South Lewis, Lowville	4:30 PM		Wolves Stadium, Turf Facility (Field A)			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION		LEAGUE / NON-LEAGUE
May 9, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
May 10, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
May 13, 2024	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
May 14, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
May 15, 2024	Wed	Regular Season (Modified Coed League Play Day)	Carthage, Sandy Creek, South Lewis, Beaver River, South Jefferson @ Watertown	4:30 PM	8:30 PM	Watertown H S	**Bus/Driver:** 2 Coaches & 29 Athletes	**Departure Point:** Middle School Pool Entrance **Departure Time:** 2:45 PM **Return Date:** **Return Time:** 8:00 PM	L
May 16, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
May 17, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
May 20, 2024	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
May 20, 2024	Mon	Regular Season	Beaver River	5:00 PM	7:00 PM	Wolves Stadium, Turf Facility (Field A)			L
May 21, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			

Date: 2024-10-12