

Coaches:

- Michael Saltzman, Head Coach
- John Murtha, Asst Coach

	Tue Wed	Practice	N/A	2:30			
Apr 3, 2024	Wed			PM	4:30 PM	Indian River Outdoor Track	
		Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
Apr 4, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
Apr 9, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
Apr 10, 2024	Wed	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
Apr 11, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
Apr 12, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
Apr 15, 2024	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
Apr 16, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
Apr 18, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
CANCELLED Apr 19, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
Apr 29, 2024	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
Apr 30, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
May 2, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
May 3, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
May 6, 2024	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
May 7, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
May 8, 2024	Wed	Regular Season	South Jefferson, South Lewis, Lowville	4:30 PM		Warrior Stadium, Turf Facility (Field A)	L
May 9, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
May 10, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
May 13, 2024	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
May 14, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
May 16, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
May 17, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
May 20, 2024	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	
May 20, 2024	Mon	Regular Season	Beaver River	5:00 PM	7:00 PM	Warrior Stadium, Turf Facility (Field A)	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
May 21, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track	

Date: 2024-05-06