



Indian River

(B) 7/8TH Outdoor Track

Coaches:

- Michael Saltzman, Head Coach
- John Murtha, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 2, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 3, 2024	Wed	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 4, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 9, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 10, 2024	Wed	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 11, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 12, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 15, 2024	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 16, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 17, 2024	Wed	Regular Season	Carthage, Watertown @ South Jefferson	4:30 PM		SJ Wilson Elem. Track	Bus/Driver: 2 Coaches & 29 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:45 PM Return Date: Return Time: 8:00 PM	L
Apr 18, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
CANCELLED Apr 19, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
Apr 29, 2024	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 30, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track		
May 1, 2024	Wed	Regular Season	Sandy Creek @ Carthage	4:30 PM	6:00 PM	Comet Field	Bus/Driver: 2 Coaches & 29 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:00 PM Return Date: Return Time: 7:00 PM L
May 2, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track		
May 3, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track		
May 6, 2024	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track		
May 7, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track		
May 8, 2024	Wed	Regular Season	South Jefferson, South Lewis, Lowville	4:30 PM		Warrior Stadium, Turf Facility (Field A)		L
May 9, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track		
May 10, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track		
May 13, 2024	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track		
May 14, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track		
May 15, 2024	Wed	Regular Season (Modified Coed League Play Day)	Carthage, Sandy Creek, South Lewis, Beaver River, South Jefferson @ Watertown	4:30 PM		Watertown H S	Bus/Driver: 2 Coaches & 29 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:45 PM Return Date: Return Time: 8:00 PM L
May 16, 2024	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track		
May 17, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 20, 2024	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			
May 20, 2024	Mon	Regular Season	Beaver River	5:00 PM	7:00 PM	Warrior Stadium, Turf Facility (Field A)			L
May 21, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Outdoor Track			

Date: 2024-05-02