

Coaches:

- Peyton Amato, Head Coach
- Jamee Call

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 13, 2023	Mon	Practice	N/A	2:45 PM	4:30 PM	Indian River Middle School Mezzanine			
Nov 14, 2023	Tue	Practice	N/A	2:45 PM	4:30 PM	Indian River Middle School Mezzanine			
Nov 15, 2023	Wed	Practice	N/A	2:45 PM	4:30 PM	Indian River Middle School Mezzanine			
Nov 16, 2023	Thu	Practice	N/A	2:45 PM	4:30 PM	Indian River Middle School Mezzanine			
Nov 17, 2023	Fri	Practice	N/A	2:45 PM	4:30 PM	Indian River Middle School Mezzanine			
Nov 18, 2023	Sat	Regular Season	Copenhagen, South Jefferson, Watertown, General Brown, Sandy Creek, Lowville, Beaver River, South Lewis, Carthage	10:00 AM		Indian River Middle School Gym#1 (Main Office)			L
Nov 20, 2023	Mon	Regular Season	Lowville, Beaver River, South Lewis @ Carthage	5:00 PM		Carthage HS Gym	Bus/Driver: Coach Amato/29 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:30 PM Return Date: Return Time: 8:00 PM	L
Nov 28, 2023	Tue	Practice	N/A	2:45 PM	4:30 PM	Indian River Middle School Mezzanine			
Nov 28, 2023	Tue	Regular Season	South Jefferson, Lowville @ Copenhagen	5:30 PM		Copenhagen Central School			L
Nov 28, 2023	Tue	Regular Season	South Jefferson, Lowville, Beaver River @ TBD	5:30 PM		Copenhagen Central School	Bus/Driver: Coach Amato/28 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:50 PM Return Date: Return Time: 8:00 PM	L

DATE	WEEK	ТҮРЕ	OPPONENTS	START TIME	END TIME		DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
CANCELLED Nov 29, 2023	Wed	Practice	N/A	2:45 PM	4:30 PM	Indian River Middle School Mezzanine			
Nov 30, 2023	Thu	Regular Season	Sandy Creek, General Brown, Watertown @ South Jefferson	5:00 PM		SJ HS/MS Gym 2 (HS)	Bus/Driver: Coach Amato/29 Athletes	Departure Time:	L
Dec 1, 2023	Fri	Practice	N/A	2:45 PM	4:30 PM	Indian River Middle School Mezzanine			
Dec 4, 2023	Mon	Regular Season	Sandy Creek, Copenhagen, Lowville @ Beaver River	5:30 PM		Beaver River E S	Bus/Driver: Coach Amato/29 Athletes	Departure Time:	L
Dec 5, 2023	Tue	Practice	N/A	2:45 PM	4:30 PM	Indian River Middle School Mezzanine			
Dec 6, 2023	Wed	Practice	N/A	2:45 PM	4:30 PM	Indian River Middle School Mezzanine			
Dec 7, 2023	Thu	Practice	N/A	2:45 PM	4:30 PM	Indian River Middle School Mezzanine			
Dec 8, 2023	Fri	Practice	N/A	2:45 PM	4:30 PM	Indian River Middle School Mezzanine			
CANCELLED Dec 9, 2023	Sat	Regular Season	Watertown, Copenhagen, Lowville, General Brown, South Lewis, South Jefferson, Beaver River, Carthage @ Sandy Creek	11:00 AM		Sandy Creek MS/HS Gym	Bus/Driver: Coach Amato/29 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 9:00 AM Return Date: Return Time: 3:00 PM	L
Dec 11, 2023	Mon	Practice	N/A	2:45 PM	4:30 PM	Indian River Middle School Mezzanine			
Dec 12, 2023	Tue	Regular Season (Modified Wrestling Tournament)	Carthage, Watertown @ General Brown	4:30 PM	6:00 PM	GBHS Auxiliary Gym	Bus/Driver: Coach Amato/29 Athletes	Departure Time:	L

DATE	WEE! DAY	⁽ ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 13, 2023	Wed	Practice	N/A	2:45 PM	4:30 PM	Indian River Middle School Mezzanine			
Dec 14, 2023	Thu	Practice	N/A	2:45 PM	4:30 PM	Indian River Middle School Mezzanine			
Dec 15, 2023	Fri	Practice	N/A	2:45 PM	4:30 PM	Indian River Middle School Mezzanine			
Dec 16, 2023	Sat	Regular Season (3 Bouts)	Copenhagen, Carthage, Watertown, General Brown, South Lewis, Lowville Beaver River, Sandy Creek @ South Jefferson	10:00 , AM		SJ HS/MS Gym 2 (HS)	Bus/Driver: Coach Amato/29 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 8:00 AM Return Date: Return Time: 2:30 PM	L
Dec 20, 2023	Wed	Regular Season	@ South Jefferson	5:00 PM		SJ HS/MS Gym 2 (HS)	Bus/Driver: Coach Amato/28 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:30 PM Return Date: Return Time: 8:15 PM	NL

Date: 2024-05-20