

Coaches:

- Jason Sorice, Head Coach
- Jamee Call, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 13, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Nov 14, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Nov 15, 2023	Wed	Practice	N/A	2:30 PM	6:00 PM	TBD	Bus/Driver: Coach Call/Infantine/25 students Class Dismissal: 2:30 PM	Departure Point: Middle School Pool Entrance Departure Date: Nov 15, 2023 Departure Time: 2:30 PM Return Date: Nov 15, 2023 Return Time: 6:00 PM	
Nov 16, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Nov 17, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Nov 18, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	Indian River Middle School Mezzanine			
Nov 20, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Nov 21, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Nov 22, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Nov 24, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Nov 25, 2023	Sat	Scrimmage	@ TBD	TBD		VVS Main Gym (The Pit)	Bus/Driver: Coach Infantine/15 Athletes	Departure Point: High School Athletic Doors Departure Time: 5:30 AM Return Date: Return Time: 5:00 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 27, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Nov 28, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Nov 30, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 1, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 4, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 5, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 5, 2023	Tue	Regular Season	General Brown	6:30 PM	8:30 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			L
Dec 6, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 7, 2023	Thu	Regular Season	@ TBD	6:30 PM		Lowville High School Main Gym			L
Dec 8, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 9, 2023	Sat	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 11, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 12, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 13, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 14, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 18, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 19, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 20, 2023	Wed	Regular Season	@ South Jefferson	6:30 PM		SJ HS/MS Gym 2 (HS)			L
Dec 21, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 22, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 26, 2023	Tue	Regular Season (Holland Patent JV Tournament)	@ TBD	9:30 AM		HS Gym	Bus/Driver: Coach Infantine/11 Athletes	Departure Point: High School Athletic Doors Departure Time: 5:30 AM Return Date: Return Time: 5:00 PM	NL
Dec 27, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 28, 2023	Thu	Regular Season (West Genesee JV Wrestling Tourney)	@ TBD	TBD		WG-HS Lower Gym	Bus/Driver: Coach Infantine/11 Athletes	Departure Point: High School Athletic Doors Departure Time: 5:30 AM Return Date: Return Time: 5:00 PM	NL
Dec 30, 2023	Sat	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Jan 1, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Jan 2, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Jan 4, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 5, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Jan 8, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
CANCELLED Jan 9, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
CANCELLED Jan 11, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Jan 12, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
POSTPONED Jan 15, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Jan 17, 2024	Wed	Regular Season	TBD	6:00 PM		Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			L
CANCELLED Jan 18, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Jan 19, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Jan 22, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
CANCELLED Jan 24, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Jan 25, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Jan 26, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 29, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Jan 30, 2024	Tue	Regular Season	Carthage	6:00 PM		Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			L
Jan 31, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Feb 1, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Feb 2, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Feb 5, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Feb 6, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Feb 7, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Feb 8, 2024	Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Feb 9, 2024	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			

Date: 2025-12-16