

Coaches:

- Jamee Call, Head Coach
- Jason Sorice, Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 3, 2022	Sat	Regular Season (Anderson Tournament)	Amsterdam (Amsterdam), Camden, Canastota, Central Square, Chittenango, Cortland, Fayetteville- Manlius, Fairport, Falconer, Fonda- Fultonville (Fonda/Johnston), Fulton, General Brown, Homer, Lansing (Co-ed), Marcellus, New Hartford, Watertown, Syracuse City (Syracuse City), Windsor, West Genesee @ Cicero-North Syracuse	, 9:00 AM	6:00 PM	CNS HS- Main Gym		Departure Point: Middle School Pool Entrance	L
Dec 3, 2022	Sat	Regular Season (Anderson Wrestling Tournament)	@ TBD	TBD		CNS HS- Main Gym	Bus/Driver: Coach Call/Johnson/Infantine/30 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 6:00 AM Return Date: Return Time: 10:00 PM	NL
Dec 7, 2022	Wed	Regular Season	Beaver River	6:00 PM	8:00 PM	Indian River Middle School Gym#1 (Main Office)			L
Dec 13, 2022	Tue	Regular Season	Lowville	6:00 PM	8:30 PM	Indian River Middle School Gym#1 (Main Office)			L
Dec 16, 2022	Fri	Regular Season (2022 North Country Invitational Tournament)	General Brown	3:00 PM	9:00 PM	Indian River Middle School Gym #2 (Center)			NL
Dec 16, 2022	Fri	Meet (North Country Wrestling Invite Day 1)	Vs. Multiple	4:00 PM	10:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			NL
Dec 16, 2022	Fri	Regular Season (North Country Tournament)	Camden	5:00 PM		Indian River High School Main Gym			L

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Dec 17, 2022	Sat	Meet (North Country Wrestling Invite Day 2)	Vs. Multiple	8:00 AM	8:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			NL
Dec 17, 2022	Sat	Regular Season (2022 North Country Invitational Tournament)	General Brown	8:00 AM	8:00 PM	Indian River Middle School Gym #2 (Center)			NL
Dec 17, 2022	Sat	Regular Season (North Country Tournament)	Camden	9:30 AM		Indian River High School Main Gym			L
Dec 19, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 20, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Dec 21, 2022	Wed	Regular Season	Immaculate Heart Central, Watertown @ Watertown	6:30 PM		Watertown Case M S	Bus/Driver: Coaches (Chadd, Jamee, Dom)/30 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 4:00 PM Return Date: Return Time: 8:30 PM	L
Dec 22, 2022	Thu	Regular Season	@ Copenhagen	6:00 PM		Copenhagen Central School	Bus/Driver: Coaches (Chadd, Jamee, Dom)/30 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:45 PM Return Date: Return Time: 8:30 PM	L
Dec 23, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Indian River Middle School Mezzanine			
Dec 26, 2022	Mon	Practice	N/A	8:00 AM	10:00 AM	Indian River Middle School Mezzanine			
Dec 27, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Middle School Mezzanine			
Dec 28, 2022	Wed	Regular Season (Windsor Christmas Tournament)	@ TBD	10:00 AM		Windsor High School	Bus/Driver: Coach Call/Johnson/Infantine/25 Athletes	Departure Point: Middle School Pool Entrance Departure Date: Dec 28, 2022 Departure Time: 5:30 AM Return Date: Dec 29, 2022 Return Time: 11:00 PM	L
Dec 29, 2022	Thu	Regular Season (Windsor Christmas Tournament)	@ TBD	9:00 AM		TBD	Bus/Driver: Coach Call/Johnson/Infantine/25 Athletes	Departure Point: Middle School Pool Entrance	L

Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Tue	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Wed	Regular Season	South Jefferson, Sandy Creek	6:00 PM	8:00 PM	Indian River Middle School Gym#1 (Main Office)			L
Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Sat	Regular Season (Hornet Duals)	@ TBD	9:30 AM		FM HS House 1 Gym	Bus/Driver: Coach Call/Johnson/Infantine/25 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 6:00 AM Return Date: Return Time: 4:00 PM	L
Mon	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Mezzanine			
Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Tue	Regular Season	South Lewis	6:00 PM	8:00 PM	Indian River Middle School Gym#1 (Main Office)			L
Wed	Regular Season	@ General Brown	6:30 PM		GBHS Main Gym	Bus/Driver: Coaches (Chadd, Jamee, Dom)/30 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 4:15 PM Return Date: Return Time: 8:30 PM	L
Thu	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Mezzanine			
Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Fri	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Mezzanine			
Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
	Tue Wed Thu Fri Sat Mon Tue Wed Thu Thu	WedRegular SeasonThuPracticeFriPracticeSatRegular Season (Hornet Duals)MonPracticeTueRegular SeasonTueRegular SeasonTuePracticeThuPracticeThuPracticeThuPracticeThuPracticeFriPractice	Tue Practice N/A Wed Regular South Jefferson, Sandy Creek Thu Practice N/A Fri Practice N/A Mon Practice N/A Mon Practice N/A Tue Regular Season N/A Wed Regular Season Regular Season N/A Tue Regular Season Regular Season N/A Tue Practice N/A Tue Practice N/A Thu Practice N/A	Mon Practice N/A PM Tue Practice N/A 3:30 PM Wed Regular Season South Jefferson, Sandy Creek 6:00 PM Thu Practice N/A 3:30 PM Fri Practice N/A 3:30 PM Mon Practice N/A 3:00 PM Mon Practice N/A 3:30 PM Tue Regular Season South Lewis 6:00 PM Wed Regular Season South Lewis 6:00 PM Thu Practice N/A 3:30 PM Thu Practice N/A 3:30 PM Thu Practice N/A 3:30 PM Fri Practice N/A 3:30 PM	Mon Practice N/A PM PM Tue Practice N/A 3:30 5:30 PM PM Wed Regular Season South Jefferson, Sandy Creek PM PM Thu Practice N/A 3:30 5:30 PM PM Fri Practice N/A 3:30 5:30 PM PM Mon Practice N/A 3:00 5:35 PM PM Mon Practice N/A 3:30 5:30 PM PM Wed Regular Season South Lewis 6:00 PM PM Wed Regular Season General Brown PM PM Thu Practice N/A 3:30 5:15 PM Thu Practice N/A 3:30 5:30 PM Pm Pm Pm Pm Pm Pm	Mon Practice N/A 3:30 PM 5:30 School School School Mezzanine Tue Practice N/A 3:30 School PM 5:30 Mezzanine Indian River Middle School Mezzanine Wed Regular Season South Jefferson, Sandy Creek 6:00 PM 8:00 Middle School Ogym#1 (Midne) FM Thu Practice N/A 3:30 PM 5:30 Middle School Mezzanine Fri Practice N/A 3:30 PM 5:30 Middle School Mezzanine Mon Practice N/A 3:30 PM 5:40 Middle School Mezzanine Mon Practice N/A 3:30 PM 5:45 Middle School Mezzanine Mon Practice N/A 3:30 PM 5:30 Middle School Mezzanine Mon Practice N/A 3:30 PM 5:30 Middle School Mezzanine Mod Practice N/A 3:30 PM 5:15 Middle School Mezzanine Mue Practice N/A 3:30 PM 5:15 Middle School Mezzanine Mue Practice N/A 3:30 PM 5:15 Middle School Mezzanine Mue Practice N/A 3:30 PM 5:40 Middle School Mezzanine Pin	Mon Practice N/A 3:30 bridge PM PM PM School Mezzanine School Mezzanine Tue Practice N/A 3:30 bridge PM PM School Mezzanine Indian River Middle PM School Mezzanine Wed Regular Season Sandy Creek 6:00 bridge School PM School Mezzanine Indian River Middle School Mezzanine Thu Practice N/A 3:30 bridge School PM School Mezzanine Indian River Middle School Mezzanine Fri Practice N/A 3:30 bridge School PM School Mezzanine Indian River Middle School Mezzanine Mon Practice N/A 3:30 bridge School PM School Mezzanine Indian River Middle School Mezzanine Mon Practice N/A 3:30 bridge School PM School Mezzanine Indian River Middle School Mezzanine Tue Regular South Lewis 6:00 bridge School Mezzanine Indian River Middle School Mezzanine Tue Regular Season South Lewis 6:30 bridge School Mezzanine Bus/Driver: Coaches (Chadd, James, Dom)/30 Athletes Thu Practice N/A 3:00 bridge School Mezzanine Indian River Middle School Mezzanine Fri Practice N/A 3:00	Mondar Practice N/A Process Process

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 13, 2023	Fri	Regular Season (Eastern States)	@ TBD	TBD		Sullivan County Community College	Bus/Driver: Coach Call/Johnson/Infantine/3 Athletes - School Van requested	Departure Point: Middle School Pool Entrance Departure Date: Jan 12, 2023 Departure Time: 12:00 PM Return Date: Jan 14, 2023 Return Time: 10:00 PM	
Jan 14, 2023	Sat	Meet (Cazenovia Wrestling Invitational)	Vs. Multiple	9:30 AM	7:00 PM	Cazenovia HS Buckley Gym, Cazenovia Middle School Gym	Bus/Driver: Coach Call/Infantine/25 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 5:45 AM Return Date: Return Time: 9:45 PM	NL
Jan 14, 2023	Sat	Regular Season (Eastern States)	@ TBD	TBD		Sullivan County Community College	Bus/Driver: Coach Call/Johnson/Infantine/3 Athletes - School Van requested	Departure Point: Middle School Pool Entrance	L
Jan 16, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
POSTPONED Jan 17, 2023	Tue	Regular Season (Section 3 Duals First Round)	@ TBD	TBD		Henninger H S	Bus/Driver: Coach Call/Johnson/Infantine/25 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:30 PM Return Date: Return Time: 10:00 PM	L
Jan 18, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Jan 19, 2023	Thu	Regular Season (Section 3 Dual Meet Final)	@ TBD	5:00 PM	9:00 PM	CNS HS- Main Gym	Bus/Driver: Coach Call/Johnson/Infantine/25 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:30 PM Return Date: Return Time: 10:00 PM	L
POSTPONED Jan 19, 2023	Thu	Post-Season	Carthage	5:00 PM	9:00 PM	C-NS High School			NL
Jan 20, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Jan 21, 2023	Sat	Regular Season (FL Wrestling Tournament)	Carthage, Copenhagen, General Brown, Immaculate Heart Central, Watertown, Lowville, Sandy Creek, South Jefferson, South Lewis, Watertown @ Beaver River	8:00 AM		Beaver River H S	Bus/Driver: Coaches (Chadd, Jamee, Dom)/30 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 6:45 AM Return Date: Return Time: 9:00 PM	L
Jan 23, 2023	Mon	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Mezzanine			
Jan 23, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			

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Jan 24, 2023	Tue	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Mezzanine		
Jan 24, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine		
Jan 26, 2023	Thu	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Mezzanine		
Jan 26, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine		
Jan 27, 2023	Fri	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Mezzanine		
Jan 27, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine		
Jan 30, 2023	Mon	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Mezzanine		
Jan 31, 2023	Tue	Regular Season 23-48 L	@ Carthage	6:00 PM		Carthage HS Gym	Bus/Driver: Coach Call/Johnson/Infantine/30 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 4:15 PM Return Date: Return Time: 8:30 PM
Feb 1, 2023	Wed	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Mezzanine		
Feb 1, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine		
Feb 2, 2023	Thu	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Mezzanine		
Feb 2, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine		
Feb 3, 2023	Fri	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Mezzanine		
Feb 3, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine		

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Feb 4, 2023	Sat	Regular Season	Central Square	8:00 AM		Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			L
Feb 4, 2023	Sat	Meet (Section 3 Class A Meet)	Vs. Multiple	10:00 AM	6:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			NL
Feb 4, 2023	Sat	Regular Season (Classes at Indian River)	Vernon-Verona- Sherrill	TBD		Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			L
Feb 7, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Feb 8, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Feb 9, 2023	Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Feb 10, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River Middle School Mezzanine			
Feb 11, 2023	Sat	Post-Season (Section 3 Interclass)	@ TBD	10:00 AM	6:00 PM	Onondaga Community College	Bus/Driver: Coach Call/Johnson/Infantine/25 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 6:00 AM Return Date: Return Time: 10:00 PM	NL
Feb 13, 2023	Mon	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Mezzanine			

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Feb 14, 2023	Tue	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Mezzanine			
Feb 15, 2023	Wed	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Mezzanine			
Feb 16, 2023	Thu	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Mezzanine			
Feb 16, 2023	Thu	Practice (Practice at CNS HS)	N/A	4:00 PM	5:30 PM	TBD	Bus/Driver: Coach Call/Johnson/Infantine/2 Athletes - School Van Requested	Departure Point: High School Athletic Doors Departure Time: 2:20 PM Return Date: Return Time: 7:30 PM	
Feb 17, 2023	Fri	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Mezzanine			
Feb 20, 2023	Mon	Post-Season (Media Day)	TBD	10:00 AM	8:00 PM	CNS HS- Main Gym	Bus/Driver: Coach Call/Johnson/Infantine/2 Athletes - School Van requested	Departure Point: Middle School Pool Entrance Departure Time: 8:15 AM Return Date: Return Time: 1:30 PM	NL
Feb 24, 2023	Fri	Post-Season (State Championships at MVP Arena)	, @ TBD	9:30 AM	8:00 PM	TBD	Bus/Driver: Coach Call/Johnson/Infantine/2 Athletes - School Van requested	Departure Point: Middle School Pool Entrance Departure Date: Feb 22, 2023 Departure Time: 5:00 PM Return Date: Feb 25, 2023 Return Time: 11:00 PM	NL
Feb 25, 2023	Sat	Post-Season (State Championships at MVP Arena)	@ TBD	8:30 AM	8:00 PM	TBD	Bus/Driver: Coach Call/Johnson/Infantine/2 Athletes - School Van requested	Departure Point: Middle School Pool Entrance	NL

Date: 2025-12-05