



Indian River (G) V Winter Track

Coaches:

- Matt Armes, Head Coach
- Robert Kuba, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 27, 2023	Mon	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Nov 28, 2023	Tue	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
CANCELLED Nov 29, 2023	Wed	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Nov 30, 2023	Thu	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Dec 1, 2023	Fri	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Dec 4, 2023	Mon	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Dec 5, 2023	Tue	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Dec 6, 2023	Wed	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Dec 7, 2023	Thu	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Dec 11, 2023	Mon	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Dec 12, 2023	Tue	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Dec 13, 2023	Wed	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Dec 14, 2023	Thu	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Dec 15, 2023	Fri	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Dec 18, 2023	Mon	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Dec 19, 2023	Tue	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Dec 20, 2023	Wed	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Jan 2, 2024	Tue	Practice	N/A	11:00 AM	12:30 PM	Indian River High School Indoor Track		
Jan 3, 2024	Wed	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Jan 4, 2024	Thu	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Jan 8, 2024	Mon	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
CANCELLED Jan 9, 2024	Tue	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
CANCELLED Jan 10, 2024	Wed	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
CANCELLED Jan 11, 2024	Thu	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Jan 16, 2024	Tue	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Jan 17, 2024	Wed	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Jan 18, 2024	Thu	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Jan 22, 2024	Mon	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Jan 23, 2024	Tue	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Jan 25, 2024	Thu	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Jan 29, 2024	Mon	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Jan 30, 2024	Tue	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Jan 31, 2024	Wed	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Feb 1, 2024	Thu	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Feb 5, 2024	Mon	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Feb 8, 2024	Thu	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Feb 12, 2024	Mon	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Feb 13, 2024	Tue	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Feb 15, 2024	Thu	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Feb 26, 2024	Mon	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Feb 27, 2024	Tue	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Feb 29, 2024	Thu	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
Mar 1, 2024	Fri	Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		
TBD		Practice	N/A	2:45 PM	4:20 PM	Indian River High School Indoor Track		

Date: 2024-05-20