



• Eric Sauer, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE I / NON- LEAGUE
Nov 14, 2022	Mon	Practice (JV Volleyball)	N/A	TBD		Indian River Intermediate School Aux Gym			
Nov 15, 2022	Tue	Practice (JV Volleyball)	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Nov 16, 2022	Wed	Practice (JV Volleyball)	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Nov 18, 2022	Fri	Practice (JV Volleyball)	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Nov 21, 2022	Mon	Practice (JV Volleyball)	N/A	3:00 PM	5:30 PM	Indian River High School Auxiliary Gym			
Nov 22, 2022	Tue	Practice (JV Volleyball)	N/A	3:00 PM	5:30 PM	Indian River High School Auxiliary Gym			
Nov 25, 2022	Fri	Practice (JV Volleyball)	N/A	8:00 AM	10:00 AM	Indian River Middle School Gym #3 (Pool Side)			
Nov 28, 2022	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #3 (Pool Side)			
Nov 29, 2022	Tue	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Nov 30, 2022	Wed	Regular Season	Lowville	5:30 PM		Indian River High School Main Gym			L
Dec 1, 2022	Thu	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Dec 2, 2022	Fri	Regular Season	@ South Jefferson	5:30 PM		SJ HS/MS Gym 1 (MS)	Bus/Driver: Coach Sidmore/Williamson/Sauer/30 Athletes	Departure Point: High School Athletic Doors	L
Dec 3, 2022	Sat	Practice	N/A	9:00 AM	11:00 AM	Indian River Intermediate School Main Gym			
Dec 5, 2022	Mon	Practice	N/A	5:30 PM	7:00 PM	Indian River High School Main Gym			
Dec 5, 2022	Mon	Regular Season	Watertown	5:30 PM	6:20 PM	Indian River High School Main Gym			L
Dec 6, 2022	Tue	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			

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Dec 7, 2022	Wed	Regular Season 0-3 L	@ Carthage	5:30 PM		Carthage HS Gym	Bus/Driver: Coach Sidmore/Williamson/Sauer/30 Athletes	Departure Point: High School Athletic Doors	L
Dec 8, 2022	Thu	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Dec 9, 2022	Fri	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Dec 10, 2022	Sat	Scrimmage (Tournament)	Whitesboro, General Brown, South Jefferson, Sandy Creek, New Hartford, Beaver River, Weedsport, Oneida @ South Lewis	10:00 AM		South Lewis HS Gymnasium			NL
Dec 15, 2022	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #3 (Pool Side)			
Dec 19, 2022	Mon	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Dec 19, 2022	Mon	Regular Season	@ Beaver River	5:30 PM		Beaver River H S	Bus/Driver: Coach Sauer/16 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:00 PM Return Date: Return Time: 8:30 PM	L
Dec 20, 2022	Tue	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Dec 21, 2022	Wed	Regular Season	General Brown	5:30 PM	6:20 PM	Indian River High School Main Gym			L
Dec 22, 2022	Thu	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
CANCELLED Dec 27, 2022	Tue	Practice	N/A	9:00 AM	11:00 AM	Indian River Intermediate School Aux Gym			
Dec 28, 2022	Wed	Practice	N/A	9:00 AM	11:00 AM	Indian River Intermediate School Aux Gym			
Dec 30, 2022	Fri	Practice	N/A	9:00 AM	11:00 AM	Indian River Intermediate School Aux Gym			
POSTPONED Jan 2, 2023	Mon	Practice	N/A	9:00 AM	11:00 AM	Indian River Intermediate School Aux Gym			

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Jan 3, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Jan 4, 2023	Wed	Regular Season	South Jefferson	5:30 PM		Indian River High School Main Gym			L
Jan 5, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Jan 6, 2023	Fri	Regular Season	Thousand Islands	5:30 PM		Indian River High School Main Gym			L
Jan 7, 2023	Sat	Regular Season (JV tournament)	South Lewis, Carthage, Watertown, South Jefferson, Lowville @ Beaver River	9:00 AM	1:30 PM	Beaver River H S	Bus/Driver: Coach Sauer/16 Athletes	Departure Point: High School Athletic Doors Departure Time: 8:15 AM Return Date: Return Time: 4:00 PM	NL
Jan 7, 2023	Sat	Regular Season (Beaver River JV Tourney)	@ TBD	TBD		TBD			L
Jan 9, 2023	Mon	Regular Season	@ South Lewis	6:00 PM		South Lewis HS Gymnasium	Bus/Driver: Coach Sidmore/Williamson/Sauer/30 Athletes	Departure Point: High School Athletic Doors	L
Jan 10, 2023	Tue	Regular Season	@ Watertown	5:30 PM		Watertown H S	Bus/Driver: Coach Sidmore/Williamson/Sauer/30 Athletes	Departure Point: High School Athletic Doors	L
CANCELLED Jan 11, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Jan 12, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Jan 14, 2023	Sat	Practice	N/A	9:00 AM	11:00 PM	Indian River Intermediate School Main Gym, Indian River Intermediate School Aux Gym			
Jan 16, 2023	Mon	Practice	N/A	9:00 AM	11:00 AM	Indian River Intermediate School Aux Gym			
Jan 18, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Jan 19, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Jan 20, 2023	Fri	Regular Season 0-3 L	Carthage	5:00 PM	6:15 PM	Indian River High School Main Gym			L
Jan 21, 2023	Sat	Regular Season	@ Lowville	9:00 AM		Lowville High School	Bus/Driver: Coach Sidmore/Williamson/Sauer/30 Athletes	Departure Point: High School Athletic Doors	L
Jan 23, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			

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Jan 23, 2023	Mon	Regular Season	@ General Brown	5:30 PM		GBHS Main Gym	Bus/Driver: Coach Sidmore/Williamson/Sauer/30 Athletes	Departure Point: High School Athletic Doors	L
Jan 24, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
CANCELLED Jan 26, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Indian River High School Auxiliary Gym			
CANCELLED Jan 26, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
Jan 27, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	Indian River High School Auxiliary Gym			
Jan 28, 2023	Sat	Regular Season	Sandy Creek	9:30 AM	10:45 AM	Indian River High School Main Gym			L,
POSTPONED Jan 28, 2023	Sat	Regular Season	Whitesboro	11:00 AM		Indian River High School Main Gym			NL

Date: 2024-04-30