

Coaches:

• Eric Sauer, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 21, 2023	Mon	Practice (JV/V Tryouts)	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym		
Aug 22, 2023	Tue	Practice (JV/V Tryouts)	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym		
Aug 23, 2023	Wed	Practice (JV/V Try- outs)	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym		
Aug 24, 2023	Thu	Practice	N/A	9:00 AM	11:00 AM	Indian River Intermediate School Aux Gym		
Aug 25, 2023	Fri	Practice	N/A	9:00 AM	11:00 AM	Indian River Intermediate School Aux Gym		
Aug 26, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym		
Aug 28, 2023	Mon	Practice	N/A	9:00 AM	11:00 AM	Indian River Intermediate School Aux Gym		
Aug 29, 2023	Tue	Practice	N/A	9:00 AM	11:00 AM	Indian River Intermediate School Aux Gym		
Aug 30, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River High School Main Gym		
Aug 31, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Indian River High School Main Gym		
Sep 1, 2023	Fri	Practice	N/A	9:00 AM	11:00 AM	Indian River Intermediate School Aux Gym		
Sep 4, 2023	Mon	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym		
Sep 5, 2023	Tue	Regular Season	Canton	5:00 PM	6:00 PM	Indian River High School Main Gym		L
Sep 6, 2023	Wed	Practice (Practice)	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym #3 (Pool Side)		
Sep 7, 2023	Thu	Practice (Practice)	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym #3 (Pool Side)		
Sep 9, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym		
Sep 11, 2023	Mon	Regular Season	Gouverneur	5:00 PM	6:00 PM	Indian River High School Main Gym		L
Sep 12, 2023	Tue	Practice (Practice)	N/A	3:00 PM	5:00 PM	Indian River High School Main Gym		
Sep 13, 2023	Wed	Practice (Practice)	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym #3 (Pool Side)		
Sep 14, 2023	Thu	Practice (Practice)	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym #3 (Pool Side)		
Sep 18, 2023	Mon	Practice (Practice)	N/A	3:00 PM	5:00 PM	Indian River High School Main Gym		
Sep 19, 2023	Tue	Regular Season	Ogdensburg	5:00 PM	6:00 PM	Indian River High School Main Gym		L

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Sep 20, 2023	Wed	Practice (Practice)	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym #3 (Pool Side)		
Sep 22, 2023	Fri	Practice (Practice)	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym #3 (Pool Side)		
Sep 25, 2023	Mon	Practice (Practice)	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym #3 (Pool Side)		
Sep 26, 2023	Tue	Regular Season	Salmon River	5:00 PM	6:00 PM	Indian River High School Main Gym		L
Sep 27, 2023	Wed	Practice (Practice)	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym #3 (Pool Side)		
Sep 28, 2023	Thu	Regular Season	Tupper Lake	5:00 PM	6:00 PM	Indian River High School Main Gym		L
Sep 29, 2023	Fri	Practice (Practice)	N/A	2:45 PM	4:30 PM	Indian River Middle School Gym #3 (Pool Side)		
Sep 30, 2023	Sat	Practice (This will be a scrimmage against Brushton Varsity)	N/A	10:00 AM	2:00 PM	Indian River High School Main Gym		
Oct 2, 2023	Mon	Practice	N/A	2:40 PM		Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		
Oct 3, 2023	Tue	Practice	N/A	2:40 PM		Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		
Oct 4, 2023	Wed	Practice	N/A	2:40 PM		Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		
Oct 5, 2023	Thu	Practice	N/A	TBD		Indian River Middle School Gym #2 (Center), Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #3 (Pool Side)		
Oct 7, 2023	Sat	Practice	N/A	9:00 AM	11:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		
Oct 7, 2023	Sat	Regular Season	Chateaugay	1:00 PM	2:00 PM	Indian River High School Main Gym		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 9, 2023	Mon	Practice	N/A	2:40 PM		Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		
Oct 11, 2023	Wed	Practice	N/A	2:40 PM		Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		
Oct 13, 2023	Fri	Practice	N/A	2:40 PM		Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		
Oct 14, 2023	Sat	Regular Season	Clifton-Fine	11:00 AM	12:00 PM	Indian River High School Main Gym		L
Oct 17, 2023	Tue	Practice	N/A	2:40 PM		Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		
Oct 18, 2023	Wed	Practice	N/A	2:40 PM		Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		
Oct 19, 2023	Thu	Practice	N/A	2:40 PM		Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		
Oct 20, 2023	Fri	Regular Season	Madrid- Waddington	5:00 PM	6:00 PM	Indian River High School Main Gym		L
Oct 21, 2023	Sat	Practice	N/A	9:00 AM	11:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		

DATE	WEE! DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 23, 2023	Mon	Practice	N/A	2:40 PM	4:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		
Oct 25, 2023	Wed	Practice	N/A	2:40 PM		Indian River High School Main Gym		
Oct 26, 2023	Thu	Regular Season	Potsdam	5:00 PM	6:00 PM	Indian River High School Main Gym		L

Date: 2024-04-24