

## Coaches:

- Alyssa Sidmore, Head Coach
- Kody Bleam, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 18, 2025	Mon	Practice	N/A	2:00 PM	4:00 PM	Indian River High School Main Gym			
Aug 19, 2025	Tue	Practice	N/A	9:00 AM	12:00 PM	Indian River High School Main Gym			
Aug 21, 2025	Thu	Practice	N/A	11:00 AM	1:30 PM	Indian River High School Main Gym			
Aug 22, 2025	Fri	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Aug 23, 2025	Sat	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Aug 25, 2025	Mon	Practice	N/A	11:00 AM	1:30 PM	Indian River High School Main Gym			
Aug 26, 2025	Tue	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Aug 27, 2025	Wed	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Aug 28, 2025	Thu	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Aug 29, 2025	Fri	Practice	N/A	11:00 AM	1:30 PM	Indian River High School Main Gym			
Aug 30, 2025	Sat	Scrimmage (Wolverine Volleyball Scrimmage)	Chittenango, Cato-Meridian (Blue Devils), Moravia, Cortland, Clyde- Savannah, Union Springs @ Weedsport	8:30 AM	2:00 PM	Weedsport JrSr. High School	Bus/Driver: 3 Coaches/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 6:30 AM Return Date: Return Time: 3:30 PM	NL
Sep 2, 2025	Tue	Regular Season	Henninger	5:00 PM	7:00 PM	Indian River High School Main Gym			L
Sep 3, 2025	Wed	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Sep 4, 2025	Thu	Regular Season	Jamesville- Dewitt	5:00 PM	7:00 PM	Indian River High School Main Gym			L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 6, 2025	Sat	Regular Season (Hal Van Earden Tournament )	Westhill, Bethlehem High School, Niskayuna High School, Oneonta, Galway, Harborfields, Smithtown East, Pittsford Mendon, Hudson Falls, Mount Academy, Sayville, Stillwater @ Burnt Hills- Ballston Lake HS	8:00 AM	7:00 PM	BH-BL HS Gym	Bus/Driver: 2 Coaches/12 Athletes	Departure Point: High School Athletic Doors Departure Date: Sep 5, 2025 Departure Time: 2:30 PM Return Date: Sep 6, 2025 Return Time: 6:00 PM	NL
Sep 6, 2025	Sat	Regular Season (Burnt Hills Tourney)	@ TBD	8:00 AM	5:00 PM	TBD	Bus/Driver: 3 Coaches/30 Athletes	Departure Point: High School Athletic Doors	NL
CANCELLED Sep 8, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River High School Main Gym			
Sep 9, 2025	Tue	Regular Season	@ Fowler	6:00 PM	7:15 PM	Fowler High School	Bus/Driver: 3 Coaches/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:15 PM Return Date: Return Time: 9:00 PM	L
Sep 10, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Indian River High School Main Gym			
Sep 11, 2025	Thu	Regular Season	Fulton	5:15 PM	7:15 PM	Indian River High School Main Gym			L
Sep 12, 2025	Fri	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Sep 13, 2025	Sat	Practice	N/A	9:00 AM	12:00 PM	Indian River High School Main Gym			
Sep 15, 2025	Mon	Regular Season	@ Auburn	6:00 PM	8:00 PM	Auburn HS - Game Gyms 1,2,3	Bus/Driver: 3 Coaches/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 1:45 PM Return Date: Return Time: 10:00 PM	L
Sep 16, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Indian River High School Main Gym			
Sep 17, 2025	Wed	Regular Season	Baldwinsville	5:00 PM	7:00 PM	Indian River High School Main Gym			L
Sep 18, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River High School Main Gym			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 19, 2025	Fri	Regular Season 3-0 W	Oswego	5:00 PM	7:00 PM	Indian River High School Main Gym			L
Sep 20, 2025	Sat	Regular Season (Tournament )	Fayetteville- Manlius, Weedsport, Phoenix, Jamesville- Dewitt, Fulton, Homer, Oswego @ Central Square	8:00 AM		CS: Paul V. Moore Gymnasium	Bus/Driver: 3 Coaches/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 6:45 AM Return Date: Return Time: 5:00 PM	NL
Sep 22, 2025	Mon	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Sep 23, 2025	Tue	Regular Season	@ Nottingham	6:00 PM		Nottingham High School (Gym)	Bus/Driver: 3 Coaches/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:00 PM Return Date: Return Time: 10:00 PM	NL
Sep 24, 2025	Wed	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Sep 26, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River High School Main Gym			
CANCELLED Sep 27, 2025	Sat	Regular Season	Westhill	12:30 PM	2:30 PM	Indian River High School Main Gym			NL
Sep 29, 2025	Mon	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Sep 30, 2025	Tue	Regular Season	Corcoran	5:00 PM	7:00 PM	Indian River High School Main Gym			L
Oct 1, 2025	Wed	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Oct 2, 2025	Thu	Regular Season	@ West Genesee	6:30 PM		WG-HS Lower Gym	Bus/Driver: 3 Coaches/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:15 PM Return Date: Return Time: 10:00 PM	L
Oct 3, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River High School Main Gym			
Oct 4, 2025	Sat	Regular Season	Cazenovia	10:00 AM	11:30 AM	Homer High School Gymnasium			NL
Oct 4, 2025	Sat	Regular Season	@ Homer	12:00 PM		Homer High School	Bus/Driver: 3 Coaches/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 7:00 AM Return Date: Return Time: 6:00 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 6, 2025	Mon	Regular Season	@ Cicero- North Syracuse	6:00 PM	8:00 PM	CNS HS- Main Gym	Bus/Driver: 3 Coaches/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:15 PM Return Date: Return Time: 9:30 PM	L
Oct 7, 2025	Tue	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Oct 8, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Indian River High School Main Gym			
Oct 9, 2025	Thu	Regular Season	Fayetteville- Manlius	6:00 PM	8:30 PM	Indian River High School Main Gym			L
CANCELLED Oct 10, 2025	Fri	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Oct 13, 2025	Mon	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Oct 14, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River High School Main Gym			
Oct 15, 2025	Wed	Regular Season	@ Liverpool	6:30 PM		LIVERPOOL HS MAIN GYMNASIUM	3 Coaches/30	Departure Point: High School Athletic Doors Departure Time: 2:30 PM Return Date: Return Time: 10:00 PM	L
Oct 16, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River High School Main Gym			
Oct 17, 2025	Fri	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Oct 18, 2025	Sat	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Oct 20, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River High School Main Gym			
Oct 21, 2025	Tue	Regular Season	@ Central Square	6:30 PM		CS: Paul V. Moore Gymnasium	Bus/Driver: 3 Coaches/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 9:30 PM	L
Oct 22, 2025	Wed	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
CANCELLED Oct 23, 2025	Thu	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Oct 24, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River High School Main Gym			

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Oct 27, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River High School Main Gym			
Oct 28, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River High School Main Gym			
Oct 29, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Indian River High School Main Gym			
Oct 30, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	Indian River High School Main Gym			
CANCELLED Oct 31, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	Indian River High School Main Gym			
Nov 1, 2025	Sat	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Nov 3, 2025	Mon	Post-Season (Section 3 Semi-Final at Higher Seed)	@ Homer	5:00 PM	6:30 PM	Homer High School	Bus/Driver: 4 Coaches/11 Athletes Class Dismissal: 1:20 PM	Departure Point: High School Athletic Doors Departure Time: 1:30 PM Return Date: Return Time: 9:00 PM	NL
Nov 4, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Indian River High School Main Gym			

Date: 2025-12-17