

Coaches:

- Alyssa Sidmore, Head CoachKody Bleam, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAG / NON LEAG
CANCELLED Aug 2, 2024	Fri	Regular Season (Place Holder)	Homer	7:00 PM		Indian River High School Main Gym	Bus/Driver: Coach Sidmore/Bleam/15 athletes	Departure Point: High School Athletic Doors	L
Aug 26, 2024	Mon	Practice	N/A	12:00 PM	2:30 PM	Indian River High School Main Gym			
Aug 27, 2024	Tue	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Aug 28, 2024	Wed	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Aug 29, 2024	Thu	Practice	N/A	1:30 PM	3:30 PM	Indian River High School Main Gym			
Aug 30, 2024	Fri	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Aug 31, 2024	Sat	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Sep 2, 2024	Mon	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Sep 3, 2024	Tue	Regular Season 0-3 L	@ Westhill	6:00 PM		Westhill High School	Bus/Driver: Coach Sidmore/Bleam/15 athletes (V) & Coach Sauer/16 Athletes (JV)	Departure Point: High School Athletic Doors Departure Time: 2:00 PM Return Date: Return Time: 9:30 PM	NL
Sep 4, 2024	Wed	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Sep 5, 2024	Thu	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Sep 6, 2024	Fri	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Sep 7, 2024	Sat	Regular Season (Burnt Hills Tournament)	@ TBD	TBD		TBD	Bus/Driver: Coach Sidmore/Bleam/15 Athletes	Departure Point: High School Athletic Doors Departure Date: Sep 6, 2024 Departure Time: 3:30 PM Return Date: Sep 7, 2024 Return Time: 9:30 PM	L
Sep 9, 2024	Mon	Practice	N/A	3:30 PM	5:30 PM	Indian River High School Main Gym			
Sep 10, 2024	Tue	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 11, 2024	Wed	Regular Season	Groton	5:00 PM	7:00 PM	Indian River High School Main Gym			L
Sep 12, 2024	Thu	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Sep 13, 2024	Fri	Regular Season	@ Gouverneur	5:00 PM	7:00 PM	Governeur MS	Bus/Driver: Coach Sidmore/Bleam/15 athletes	Departure Point: High School Athletic Doors Departure Time: 3:30 PM Return Date: Return Time: 7:00 PM	NL
Sep 14, 2024	Sat	Regular Season (FAYETTEVILLE MANLIUS VOLLEYBALL Hornet's Nest Invitational)	@ TBD	9:00 AM		FM HS House 1 Gym	Bus/Driver: Coach Sidmore/Bleam/15 Athletes	Departure Point: High School Athletic Doors Departure Time: 6:15 AM Return Date: Return Time: 7:00 PM	NL
Sep 18, 2024	Wed	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Sep 19, 2024	Thu	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Sep 20, 2024	Fri	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Sep 21, 2024	Sat	Regular Season (Tournament)	Jamesville- Dewitt, Phoenix, Fulton, Oswego, Fayetteville- Manlius, Mexico @ Central Square	8:00 AM		CS: Paul V. Moore Gymnasium	Bus/Driver: Coach Sidmore/Bleam/15 athletes (V) & Coach Sauer/16 Athletes (JV)	Departure Point: High School Athletic Doors Departure Time: 6:45 AM Return Date: Return Time: 6:00 PM	NL
Sep 23, 2024	Mon	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Sep 24, 2024	Tue	Regular Season	@ Cazenovia	5:30 PM		Cazenovia HS Buckley Gym	Bus/Driver: Coach Sidmore/Bleam/15 athletes (V) & Coach Sauer/16 Athletes (JV)	Departure Point: High School Athletic Doors Departure Time: 2:30 PM Return Date: Return Time: 9:30 PM	NL
CANCELLED Sep 25, 2024	Wed	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Sep 26, 2024	Thu	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Sep 27, 2024	Fri	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Sep 28, 2024	Sat	Regular Season	Homer	10:00 AM	11:30 AM	Indian River High School Main Gym			NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUI / NON- LEAGUI
Sep 28, 2024	Sat	Regular Season (Nuetral Site Massena vs Homer)	Massena, Homer High School	12:00 PM	1:30 PM	Indian River High School Main Gym			L
Sep 28, 2024	Sat	Regular Season	Massena	2:00 PM	3:30 PM	Indian River High School Main Gym			L
Sep 30, 2024	Mon	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Oct 1, 2024	Tue	Regular Season	Central Square	6:45 PM	8:30 PM	Indian River High School Main Gym			L
Oct 2, 2024	Wed	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Oct 3, 2024	Thu	Regular Season	Cortland	5:30 PM	7:00 PM	Indian River High School Main Gym			NL
Oct 4, 2024	Fri	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
CANCELLED Oct 5, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	Indian River Intermediate School Main Gym			
Oct 7, 2024	Mon	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Oct 8, 2024	Tue	Regular Season	@ Fayetteville- Manlius	5:30 PM		FM HS House 1 Gym	Bus/Driver: Coach Sidmore/Bleam/15 athletes (V) & Coach Sauer/16 Athletes (JV)	Departure Point: High School Athletic Doors Departure Time: 2:00 PM Return Date: Return Time: 9:30 PM	NL
Oct 9, 2024	Wed	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Oct 10, 2024	Thu	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Oct 11, 2024	Fri	Regular Season	@ Potsdam	6:00 PM	7:30 PM	Potsdam HS	Bus/Driver: Coach Sidmore/Bleam/15 athletes (V) & Coach Sauer/16 Athletes (JV)	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 11:00 PM	NL
CANCELLED Oct 14, 2024	Mon	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Oct 15, 2024	Tue	Regular Season	@ Groton	6:30 PM	8:00 PM		Bus/Driver: Coach Sidmore/Bleam/15 athletes (V) & Coach Sauer/16 Athletes (JV) Class Dismissal: 1:30 PM	Departure Time: 12:30 PM Return Date:	L
Oct 16, 2024	Wed	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 17, 2024	Thu	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Oct 18, 2024	Fri	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Oct 19, 2024	Sat	Regular Season (Non-League) 0-3 L	Westhill	11:30 AM	1:00 PM	Indian River High School Main Gym			NL
Oct 21, 2024	Mon	Regular Season	@ Central Square	6:30 PM		CS: Paul V. Moore Gymnasium	Bus/Driver: Coach Sidmore/Bleam/15 athletes (V) & Coach Sauer/16 Athletes (JV)	Departure Point: High School Athletic Doors Departure Time: 2:30 PM Return Date: Return Time: 10:00 PM	L
Oct 22, 2024	Tue	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Oct 23, 2024	Wed	Regular Season	Fayetteville- Manlius	5:30 PM	8:00 PM	Indian River High School Main Gym			NL
CANCELLED Oct 24, 2024	Thu	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Oct 25, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Indian River High School Main Gym			
Oct 26, 2024	Sat	Regular Season	Gouverneur	11:30 AM	1:00 PM	Indian River High School Main Gym			NL
Oct 29, 2024	Tue	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Oct 30, 2024	Wed	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Nov 2, 2024	Sat	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Nov 3, 2024	Sun	Practice	N/A	1:00 PM	3:30 PM	Indian River High School Main Gym			
Nov 4, 2024	Mon	Scrimmage	@ Cicero- North Syracuse	5:30 PM	7:00 PM	Roxboro Middle School Gym	Bus/Driver: Coach Sidmore/Bleam/15 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 9:30 PM	L
Nov 6, 2024	Wed	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Nov 7, 2024	Thu	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Nov 8, 2024	Fri	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 9, 2024	Sat	Post-Season (Section 3 Class Finals Phoenix HS)	TBD	11:30 AM	1:30 PM	TBD	Bus/Driver: Coach Sidmore/Bleam/15 Athletes	Departure Point: High School Athletic Doors Departure Time: 8:15 AM Return Date: Return Time: 5:00 PM	NL
Feb 25, 2025	Tue	Practice (Boys Volleyball Intramurals)	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 25 athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:15 PM	
Feb 27, 2025	Thu	Practice (Boys Volleyball Intramurals)	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 25 athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:15 PM	
Mar 4, 2025	Tue	Practice (Boys Volleyball Intramurals)	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 25 athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:15 PM	
Mar 6, 2025	Thu	Practice (Boys Volleyball Intramurals)	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 25 athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:15 PM	
Mar 11, 2025	Tue	Practice (Boys Volleyball Intramurals)	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 25 athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:15 PM	
Mar 13, 2025	Thu	Practice (Boys Volleyball Intramurals)	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 25 athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:15 PM	
May 12, 2025	Mon	Practice (Intramurals (IRIS Shuttle))	N/A	TBD		Indian River Intermediate School Main Gym	Shilling Blig 15	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	DEPARTURE	LEAGUE TRANSPORTATION / NON- LEAGUE
May 14, 2025	Wed	Practice (Intramurals (IRIS Shuttle))	N/A	TBD	Indian River Intermediate School Main Gym		Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM
May 15, 2025	Thu	Practice (Intramurals (IRIS Shuttle))	N/A	TBD	Indian River Intermediate School Main Gym		Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM
May 16, 2025	Fri	Practice (Intramurals (IRIS Shuttle))	N/A	TBD	Indian River Intermediate School Main Gym		Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM
May 19, 2025	Mon	Practice (Intramurals (IRIS Shuttle))	N/A	TBD	Indian River Intermediate School Main Gym	Shime Bus is	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM
May 20, 2025	Tue	Practice (Intramurals (IRIS Shuttle))	N/A	TBD	Indian River Intermediate School Main Gym		Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM
May 21, 2025	Wed	Practice (Intramurals (IRIS Shuttle))	N/A	TBD	Indian River Intermediate School Main Gym	Shuttle Rus 15	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM
May 22, 2025	Thu	Practice (Intramurals (IRIS Shuttle))	N/A	TBD	Indian River Intermediate School Main Gym	Shuttle Bus 15	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM
May 27, 2025	Tue	Practice (OPen Gym (IRIS Shuttle))	N/A	TBD	Indian River Intermediate School Main Gym	Chuttle Due 15	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM

DATE	WEEK DAY	⁽ TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 28, 2025	Wed	Practice (OPen Gym (IRIS Shuttle))	N/A	TBD		Indian River Intermediate School Main Gym	Shuttle Rue 15	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
May 29, 2025	Thu	Practice (OPen Gym (IRIS Shuttle))	N/A	TBD		Indian River Intermediate School Main Gym	Shriffia Rue 15	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
May 30, 2025	Fri	Practice (OPen Gym (IRIS Shuttle))	N/A	TBD		Indian River Intermediate School Main Gym	Shuffle Bug 15	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Jun 12, 2025	Thu	Practice (Open Gym Session (IRIS Shuttle))	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Main Gym	Shuttle Rus 25	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:10 PM	

Date: 2025-12-13