



Indian River (G) V Volleyball

Coaches:

- Alyssa Sidmore, Head Coach
- Kody Bleam, Asst Coach
- Mykala Williamson, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice (JV and Varsity Tryouts)	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Aug 22, 2023	Tue	Practice (JV and Varsity Tryouts)	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Aug 23, 2023	Wed	Practice (JV and Varsity Tryouts)	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Aug 25, 2023	Fri	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Aug 26, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Aug 28, 2023	Mon	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Aug 29, 2023	Tue	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Aug 30, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Aug 31, 2023	Thu	Scrimmage	@ Malone	4:00 PM	6:00 PM	Malone High School	Bus/Driver: Coach Sidmore/Bleam/15 athletes	Departure Point: High School Athletic Doors Departure Time: 1:30 PM Return Date: Return Time: 7:30 PM	NL
Sep 1, 2023	Fri	Practice (V Volleyball Practice)	N/A	11:30 AM	12:30 PM	Indian River High School Main Gym			
Sep 4, 2023	Mon	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Sep 5, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 5, 2023	Tue	Regular Season	Canton	6:30 PM	8:30 PM	Indian River High School Main Gym			L
Sep 7, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 8, 2023	Fri	Regular Season	@ Clifton-Fine	6:30 PM	8:00 PM	C-F J/SHS	Bus/Driver: 3 Coaches/35 athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 9:15 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2023	Mon	Regular Season	Gouverneur	6:30 PM	8:30 PM	Indian River High School Main Gym			L
CANCELLED Sep 12, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 13, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 14, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 15, 2023	Fri	Regular Season	@ Madrid-Waddington	6:30 PM	8:00 PM	M-W HS	Bus/Driver: 3 Coaches/35 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:25 PM Return Date: Return Time: 9:45 PM	L
CANCELLED Sep 16, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Sep 18, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 19, 2023	Tue	Regular Season	Ogdensburg	6:30 PM	8:00 PM	Indian River High School Main Gym			L
Sep 20, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 21, 2023	Thu	Regular Season	@ Potsdam	6:30 PM	8:00 PM	Potsdam HS	Bus/Driver: 3 Coaches/35 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:25 PM Return Date: Return Time: 9:45 PM	L
Sep 22, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 23, 2023	Sat	Regular Season (Girls Volleyball Tournament)	Jamesville-Dewitt, Phoenix, Fulton, Institute of Technology, Syracuse, Oswego, Fayetteville-Manlius @ Central Square	8:00 AM		CS: Paul V. Moore Gymnasium	Bus/Driver: 3 Coaches/35 Athletes	Departure Point: High School Athletic Doors Departure Time: 6:45 AM Return Date: Return Time: 5:30 PM	L
Sep 25, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 26, 2023	Tue	Regular Season	Salmon River	6:30 PM	8:00 PM	Indian River High School Main Gym			L
CANCELLED Sep 27, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE	LEAGUE
Sep 28, 2023	Thu	Regular Season	Tupper Lake	6:30 PM	8:00 PM	Indian River High School Main Gym			L
Sep 29, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 30, 2023	Sat	Regular Season	@ Brushton-Moria High School	11:00 AM		TBD	Bus/Driver: Coach Sidmore/Bleam/15 athletes	Departure Point: High School Athletic Doors Departure Time: 7:45 AM Return Date: Return Time: 2:30 PM	L
Oct 2, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 3, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 5, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 6, 2023	Fri	Regular Season	@ Malone	6:30 PM	8:00 PM	TBD	Bus/Driver: 3 Coaches/35 Athletes Class Dismissal: 1:20 PM	Departure Point: High School Athletic Doors Departure Time: 1:30 PM Return Date: Return Time: 10:30 PM	L
Oct 7, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Oct 7, 2023	Sat	Regular Season	Chateaugay	2:00 PM	4:00 PM	Indian River High School Main Gym			L
Oct 9, 2023	Mon	Practice	N/A	10:00 AM	1:00 PM	Indian River High School Main Gym			
Oct 10, 2023	Tue	Regular Season	@ Massena	6:30 PM	8:00 PM	TBD	Bus/Driver: 3 Coaches/35 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:15 PM Return Date: Return Time: 10:00 PM	L
Oct 11, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 12, 2023	Thu	Regular Season	@ Canton	6:30 PM	8:00 PM	Williams HS	Bus/Driver: 3 Coaches/35 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 9:15 PM	L
Oct 14, 2023	Sat	Regular Season	Clifton-Fine	12:00 PM	2:00 PM	Indian River High School Main Gym			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE	LEAGUE
Oct 16, 2023	Mon	Regular Season	@ Gouverneur	6:30 PM	8:00 PM	Gouverneur HS	Bus/Driver: 3 Coaches/35 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:50 PM Return Date: Return Time: 8:45 PM	L
Oct 17, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 18, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 19, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 20, 2023	Fri	Regular Season	Madrid-Waddington	6:30 PM	8:00 PM	Indian River High School Main Gym			L
Oct 23, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 24, 2023	Tue	Regular Season	@ Ogdensburg	6:30 PM	8:00 PM	Ogdensburg Free Academy	Bus/Driver: 3 Coaches/35 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:40 PM Return Date: Return Time: 9:30 PM	L
Oct 25, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 26, 2023	Thu	Regular Season (Senior Night)	Potsdam	6:30 PM	8:00 PM	Indian River High School Main Gym			L
Oct 28, 2023	Sat	Practice	N/A	9:00 AM	10:30 AM	Indian River High School Main Gym			
Oct 30, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 31, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Nov 1, 2023	Wed	Post-Season (Section X Class A Final)	TBD	7:00 PM	9:00 PM	Salmon River Jr. Sr. High School	Bus/Driver: Coach Sidmore/Bleam/15 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 10:00 PM	NL
Nov 2, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Nov 3, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 4, 2023	Sat	Post-Season (Section X Overall Matches)	@ TBD	11:30 AM		Massena HS	Bus/Driver: Coach Sidmore/Bleam/15 athletes	Departure Point: High School Athletic Doors Departure Time: 8:00 AM Return Date: Return Time: 5:00 PM	L
Nov 6, 2023	Mon	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Nov 7, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Main Gym			
Nov 8, 2023	Wed	Post-Season (Section X Regional Semi Final)	@ TBD	4:00 PM	6:00 PM	Massena HS	Bus/Driver: Coach Sidmore/Bleam/15 athletes	Departure Point: High School Athletic Doors Departure Time: 12:30 PM Return Date: Return Time: 9:00 PM	L
Nov 9, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Nov 10, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Nov 11, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Nov 11, 2023	Sat	Post-Season (Regionals)	@ TBD	4:00 PM		Groversville High School - Gymnasium	Bus/Driver: Coach Sidmore/Bleam/15 athletes	Departure Point: High School Athletic Doors Departure Time: 11:30 AM Return Date: Return Time: 10:00 PM	L

Date: 2024-05-02