

Coaches:

- Alyssa Sidmore, Head CoachKody Bleam, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	LEAGUI TRANSPORTATION / NON- LEAGUI
Sep 17, 2022	Sat	Regular Season (Central Square Volleyball Tournament)	Phoenix, Cicero-North Syracuse, West Genesee, Oswego, Fulton, Jamesville- Dewitt, Institute of Technology, Syracuse @ Central Square	8:00 AM		CS: Paul V. Moore Gymnasium		L
Nov 2, 2022	Wed	Practice (Volleyball Intramural Shuttle to IRIS)	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Main Gym	Bus/Driver: 40 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Nov 4, 2022	Fri	Practice (Volleyball Intramural Shuttle to IRIS)	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Main Gym	Bus/Driver: 40 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Nov 7, 2022	Mon	Practice (Volleyball Intramural Shuttle to IRIS)	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Main Gym	Bus/Driver: 40 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Nov 9, 2022	Wed	Practice (Volleyball Intramural Shuttle to IRIS)	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Main Gym	Bus/Driver: 40 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Nov 14, 2022	Mon	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Nov 14, 2022	Mon	Practice (Varsity Volleyball)	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym		
Nov 15, 2022	Tue	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM	Indian River	Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	LEAGU TRANSPORTATION / NON- LEAGU
Nov 15, 2022	Tue	Practice (Varsity Volleyball)	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym		
Nov 16, 2022	Wed	Practice (Varsity Volleyball)	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym		
Nov 16, 2022	Wed	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Nov 17, 2022	Thu	Practice (Varsity Volleyball)	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym		
Nov 17, 2022	Thu	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Nov 18, 2022	Fri	Practice (Varsity Volleyball)	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym		
Nov 18, 2022	Fri	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Nov 21, 2022	Mon	Practice (Varsity Volleyball)	N/A	3:00 PM	5:30 PM	Indian River Intermediate School Main Gym		
Nov 21, 2022	Mon	Practice (JV/V Girls Volleyball Practice)	N/A	3:15 PM	5:30 PM	Indian River Intermediate School Main Gym		
Nov 22, 2022	Tue	Practice (Varsity Volleyball)	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Main Gym		
Nov 22, 2022	Tue	Practice (JV/V Girls Volleyball Practice)	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Main Gym		
CANCELLED Nov 23, 2022	Wed	Scrimmage (League Scrimmage)	@ Watertown	8:00 AM	11:00 AM	Watertown H S, Watertown Case M S	Bus/Driver: Coach Sidmore/Coach Williamson/25 Athletes	Departure Point: High School Athletic Doors Departure Time: 6:45 AM L Return Date: Return Time: 1:00 PM
POSTPONED Nov 25, 2022	Fri	Scrimmage	@ Sandy Creek	10:30 AM		Sandy Creek MS/HS	Bus/Driver: Coach Sidmore/Coach Williamson/15 athletes	Departure Point: High School Athletic Doors Departure Time: 8:15 AM Return Date: Return Time: 1:00 PM

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	T END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 28, 2022	Mon	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	LEAGUE
Nov 29, 2022	Tue	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Nov 30, 2022	Wed	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Nov 30, 2022	Wed	Regular Season	Lowville	7:15 PM		Indian River High School Main Gym			L
Dec 1, 2022	Thu	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Dec 2, 2022	Fri	Regular Season	@ South Jefferson	7:15 PM		SJ HS/MS Gym 1 (MS)	Bus/Driver: Coach Sidmore/Williamson/Sauer/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:45 PM Return Date: Return Time: 9:15 PM	L
Dec 3, 2022	Sat	Practice	N/A	8:30 AM	12:00 PM	Indian River High School Main Gym			
Dec 5, 2022	Mon	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Dec 5, 2022	Mon	Regular Season	Watertown	7:15 PM		Indian River High School Main Gym			L
Dec 6, 2022	Tue	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	

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Dec 7, 2022	Wed	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Dec 7, 2022	Wed	Regular Season 3-0 W	@ Carthage	7:00 PM		Carthage HS Gym	Bus/Driver: Coach Sidmore/Williamson/Sauer/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM	L
Dec 8, 2022	Thu	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Dec 9, 2022	Fri	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Dec 9, 2022	Fri	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
Dec 10, 2022	Sat	Regular Season (Tournament)	Whitesboro, General Brown, South Jefferson, Sandy Creek, New Hartford, Town of Webb UFSD (Varsity Girls Volleyball), Canastota, Mount Markham, Weedsport, Oneida, Manlius Pebble Hill @ South Lewis	10:00 AM		·	Bus/Driver: Coach Sidmore/Sauer/Williamson/ 30 Athletes	Departure Point: High School Athletic Doors Departure Time: 8:00 AM Return Date: Return Time: 4:00 PM	NL
Dec 12, 2022	Mon	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Dec 13, 2022	Tue	Regular Season	@ Beaver River	6:30 PM		Beaver River H S	Bus/Driver: Coach Sidmore/Coach Williamson/25 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:15 PM Return Date: Return Time: 9:45 PM	L

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Dec 14, 2022	Wed	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
POSTPONED Dec 15, 2022	Thu	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Dec 16, 2022	Fri	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Dec 19, 2022	Mon	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym		
Dec 19, 2022	Mon	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Dec 20, 2022	Tue	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Dec 21, 2022	Wed	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Dec 21, 2022	Wed	Regular Season	General Brown	7:15 PM		Indian River High School Main Gym		L
Dec 22, 2022	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		
Dec 22, 2022	Thu	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
CANCELLED Dec 27, 2022	Tue	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym		
Dec 28, 2022	Wed	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	TIME	LOCATION	DEPARTURE	TRANSPORTATION	/ NON- LEAGU
Dec 29, 2022	Thu	Regular Season	Chittenango, General Brown, Beaver River, Lowville, Carthage, Thousand Islands, East Syracuse Minoa @ Watertown	9:00 AM		Watertown H S, Watertown Case M S	Bus/Driver: Coach Sidmore/Coach Williamson/15 athletes	Departure Point: High School Athletic Doors Departure Time: 7:15 AM Return Date: Return Time: 4:00 PM	L
Dec 30, 2022	Fri	Practice	N/A	9:00 AM	11:00 AM	Indian River Intermediate School Main Gym			
Jan 3, 2023	Tue	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 4, 2023	Wed	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 4, 2023	Wed	Regular Season	South Jefferson	7:15 PM		Indian River High School Main Gym			L
Jan 5, 2023	Thu	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 6, 2023	Fri	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 6, 2023	Fri	Regular Season	Thousand Islands	7:15 PM		Indian River High School Main Gym			L
Jan 9, 2023	Mon	Practice (Shuttle to IRIS (Basketball))	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 9, 2023	Mon	Regular Season	@ South Lewis	7:30 PM		HS	Bus/Driver: Coach Sidmore/Coach Williamson/25 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:15 PM Return Date: Return Time: 10:00 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	LEAGUE TRANSPORTATION / NON- LEAGUE
Jan 10, 2023	Tue	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Jan 10, 2023	Tue	Regular Season	@ Watertown	7:15 PM		Watertown H S	Bus/Driver: Coach Sidmore/Coach Williamson/25 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM
CANCELLED Jan 11, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym		
CANCELLED Jan 11, 2023	Wed	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Jan 12, 2023	Thu	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Jan 12, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym		
Jan 13, 2023	Fri	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM
Jan 14, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	Indian River Intermediate School Aux Gym, Indian River Intermediate School Main Gym		
Jan 16, 2023	Mon	Practice	N/A	9:00 AM	11:00 AM	Indian River Intermediate School Aux Gym, Indian River Intermediate School Main Gym		
POSTPONED Jan 17, 2023	Tue	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	STAR1	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGU / NON- LEAGU
Jan 18, 2023	Wed	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	ELAGO
Jan 18, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
Jan 19, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
Jan 19, 2023	Thu	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 20, 2023	Fri	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 20, 2023	Fri	Regular Season 3-0 W	Carthage	6:45 PM	8:30 PM	Indian River High School Main Gym			L
Jan 21, 2023	Sat	Regular Season	@ Lowville	10:30 AM			Bus/Driver: Coach Sidmore/Coach Williamson/25 Athletes	Departure Point: High School Athletic Doors Departure Time: 7:15 AM Return Date: Return Time: 1:30 PM	L
Jan 23, 2023	Mon	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 23, 2023	Mon	Regular Season	@ General Brown	7:00 PM		GBHS Main Gym	Bus/Driver: Coach Sidmore/Coach Williamson/25 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM	L
Jan 24, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
Jan 24, 2023	Tue	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	

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POSTPONED Jan 25, 2023	Wed	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM	School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	LEAGUE
CANCELLED Jan 26, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
CANCELLED Jan 26, 2023	Thu	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 27, 2023	Fri	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 27, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
Jan 28, 2023	Sat	Regular Season	Sandy Creek	11:15 AM	12:45 PM	Indian River High School Main Gym			L
POSTPONED Jan 28, 2023	Sat	Regular Season	Whitesboro	12:30 PM		Indian River High School Main Gym			NL
Jan 30, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
Jan 31, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
Jan 31, 2023	Tue	Practice (JV/V Girls Volleyball Practice Shuttle to IRIS)	N/A	3:15 PM	5:00 PM		Bus/Driver: Shuttle Bus JV/V girls 35 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Feb 1, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
Feb 1, 2023	Wed	Practice (Shuttle Bus to IRIS)	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	

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Feb 2, 2023	Thu	Practice (Shuttle Bus to IRIS)	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Feb 2, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
Feb 3, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
Feb 4, 2023	Sat	Regular Season (Frontier League A Division Finals vs. WHS/CCS winner)	@ Watertown	4:00 PM		Watertown Case M S, Watertown Case M S			NL
Feb 4, 2023	Sat	Regular Season (FL Championshsip TBD)	@ TBD	4:00 PM		Watertown Case M S	Bus/Driver: Coach Sidmore/Coach Williamson/15 athletes	Departure Point: High School Athletic Doors Departure Time: 2:00 PM Return Date: Return Time: 7:00 PM	L
Feb 6, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
Feb 7, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
Feb 8, 2023	Wed	Practice	N/A	2:30 PM	5:00 PM	Indian River High School Main Gym			
Feb 9, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
Feb 10, 2023	Fri	Practice	N/A	4:15 PM	6:00 PM	Indian River High School Main Gym			
Feb 11, 2023	Sat	Post-Season (Sectional Quaterfinal)	Central Valley Academy	12:00 PM	2:00 PM	Indian River High School Main Gym			NL
Feb 13, 2023	Mon	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym			
Feb 14, 2023	Tue	Practice	N/A	2:30 PM	4:45 PM	Indian River High School Main Gym			
Feb 15, 2023	Wed	Post-Season 0-3 L	Whitesboro	6:00 PM	8:00 PM	Indian River High School Main Gym			NL
Feb 16, 2023	Thu	Practice	N/A	2:30 PM	4:00 PM	Indian River Middle School Gym#1 (Main Office)			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	STAR1	END TIME	LOCATION	DEPARTURE	LEAGUE TRANSPORTATION / NON- LEAGUE
Feb 17, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym, Indian River Intermediate School Main Gym		

Date: 2025-12-19