



Indian River (G) V Volleyball

Coaches:

- Alyssa Sidmore, Head Coach
- Kody Blead, Asst Coach
- Mykala Williamson, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 5, 2021	Fri	Practice (F22-16 JV/V VB Intramurals)	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym	Bus/Driver: 30 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM	
Nov 8, 2021	Mon	Practice (F22-16 JV/V VB Intramurals)	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym	Bus/Driver: 30 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM	
Nov 9, 2021	Tue	Practice (F22-16 JV/V VB Intramurals)	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym	Bus/Driver: 30 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM	
Nov 10, 2021	Wed	Practice (F22-16 JV/V VB Intramurals)	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym	Bus/Driver: 30 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM	
Nov 12, 2021	Fri	Practice (F22-16 JV/V VB Intramurals)	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Main Gym	Bus/Driver: 30 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM	
Nov 15, 2021	Mon	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Nov 16, 2021	Tue	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Nov 17, 2021	Wed	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2021	Thu	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Nov 19, 2021	Fri	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Nov 22, 2021	Mon	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Nov 23, 2021	Tue	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Nov 24, 2021	Wed	Scrimmage (Frontier League Scrimmage)	@ Watertown	8:00 AM	12:00 PM	Watertown Case M S	Bus/Driver: Coaches Alyssa Sidmore/Mykala Williamson-20 Athletes	Departure Point: High School Gym Departure Time: 6:45 AM Return Date: Return Time: 1:30 PM	L
Nov 26, 2021	Fri	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Nov 29, 2021	Mon	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Nov 30, 2021	Tue	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Main Gym	Bus/Driver: 30 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:10 PM	
Dec 1, 2021	Wed	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	

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Dec 2, 2021	Thu	Regular Season 3-0 W	@ Carthage	7:00 PM		Carthage HS Gym	Bus/Driver: Coach Sidmore/Sauer/Williamson-30 Athletes	Departure Point: High School Gym Departure Time: 4:15 PM Return Date: Return Time: 9:00 PM	L
Dec 3, 2021	Fri	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Dec 4, 2021	Sat	Regular Season	South Jefferson	12:00 PM		Indian River High School Main Gym			L
Dec 6, 2021	Mon	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Dec 7, 2021	Tue	Regular Season	@ Lowville	7:30 PM	9:00 PM	Lowville High School	Bus/Driver: Coach Sidmore/Sauer/Williamson-30 Athletes	Departure Point: High School Gym Departure Time: 4:30 PM Return Date: Return Time: 9:30 PM	L
Dec 8, 2021	Wed	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Dec 9, 2021	Thu	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Main Gym	Bus/Driver: 30 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:05 PM	
Dec 10, 2021	Fri	Regular Season	Watertown	7:15 PM		Indian River High School Main Gym			L
Dec 11, 2021	Sat	Regular Season (Falcons Kickoff Classic - Volleyball)	Mount Markham, New Hartford, South Jefferson, Remsen, Town of Webb UFSD (Varsity Girls Volleyball), Whitesboro, Sandy Creek, Canastota, General Brown @ South Lewis	10:00 AM		South Lewis HS Gymnasium, South Lewis MS Gymnasium, South Lewis Elem Gymnasium	Bus/Driver: Coach Sidmore/Sauer/Williamson-30 Athletes	Departure Point: High School Gym Departure Time: 8:15 AM Return Date: Return Time: 5:00 PM	NL

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Dec 13, 2021	Mon	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Dec 14, 2021	Tue	Regular Season	Beaver River	7:15 PM		Indian River High School Main Gym			L
Dec 15, 2021	Wed	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Dec 16, 2021	Thu	Regular Season	South Lewis	7:15 PM		Indian River High School Main Gym			L
Dec 17, 2021	Fri	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Dec 20, 2021	Mon	Regular Season	@ General Brown	7:15 PM		GBHS Main Gym	Bus/Driver: Coach Sidmore/Sauer/Williamson-30 Athletes	Departure Point: High School Gym Departure Time: 4:00 PM Return Date: Return Time: 9:30 PM	L
Dec 21, 2021	Tue	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Dec 22, 2021	Wed	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Dec 29, 2021	Wed	Regular Season (Tournament-no spectators)	Carthage, Beaver River, Chittenango, East Syracuse Minoa, Lowville, Thousand Islands @ Watertown	9:00 AM	3:00 PM	Watertown Case M S	Bus/Driver: Coach Sidmore/Williamson-15 Athletes	Departure Point: High School Gym Departure Time: 7:30 AM Return Date: Return Time: 4:00 PM	NL
Jan 3, 2022	Mon	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	

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Jan 4, 2022	Tue	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 6, 2022	Thu	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 7, 2022	Fri	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 8, 2022	Sat	Regular Season 3-0 W	Carthage	12:30 PM	2:00 PM	Indian River High School Main Gym			L
Jan 10, 2022	Mon	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 11, 2022	Tue	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 12, 2022	Wed	Regular Season	@ Sandy Creek	7:30 PM		Sandy Creek MS/HS Gym	Bus/Driver: Coach Sidmore/Sauer/Williamson-30 Athletes	Departure Point: High School Gym Departure Time: 4:15 PM Return Date: Return Time: 9:30 PM	L
Jan 13, 2022	Thu	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 14, 2022	Fri	Regular Season	@ Thousand Islands	7:30 PM		Thousand Islands High School Gym	Bus/Driver: Coach Sidmore/Sauer/Williamson-30 Athletes	Departure Point: High School Gym Departure Time: 4:15 PM Return Date: Return Time: 9:30 PM	L
Jan 17, 2022	Mon	Practice (JV/Varsity VB practice at IRIS)	N/A	9:00 AM	11:00 AM	Indian River Intermediate School Main Gym			

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Jan 18, 2022	Tue	Regular Season	@ Watertown	7:15 PM		Watertown H S	Bus/Driver: Coach Sidmore/Sauer/Williamson-30 Athletes	Departure Point: High School Gym Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM	L
Jan 19, 2022	Wed	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 20, 2022	Thu	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 21, 2022	Fri	Regular Season	Lowville	7:15 PM		Indian River High School Main Gym			L
Jan 22, 2022	Sat	Regular Season	@ South Jefferson	11:00 AM		SJ HS/MS Gym 1 (MS)			L
POSTPONED Jan 22, 2022	Sat	Regular Season	@ Whitesboro	12:30 PM		Whitesboro High School Gym	Bus/Driver: Coach Sidmore/Sauer/Williamson-30 Athletes	Departure Point: High School Gym Departure Time: 8:15 AM Return Date: Return Time: 5:00 PM	NL
Jan 24, 2022	Mon	Regular Season	General Brown	7:15 PM		Indian River High School Main Gym			L
Jan 25, 2022	Tue	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 26, 2022	Wed	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 27, 2022	Thu	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 28, 2022	Fri	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Return Shuttle Bus JV/V girls 30 athletes	Departure Point: IRIS Departure Time: 5:00 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 29, 2022	Sat	Regular Season (Frontier League A-Division Championship)	@ TBD	12:00 PM		South Lewis HS Gymnasium	Bus/Driver: Coaches Alyssa Sidmore/Williamson/Sauer-17 Athletes	Departure Point: High School Gym Departure Time: 9:00 AM Return Date: Return Time: 4:00 PM	L
Jan 31, 2022	Mon	Practice (JV/Varsity VB practice at IRIS)	N/A	3:15 PM	5:05 PM	Indian River Intermediate School Main Gym	Bus/Driver: Return Shuttle Bus JV/V girls 15 athletes	Departure Point: IRIS Departure Time: 5:00 PM	
Feb 1, 2022	Tue	Practice (Shuttle Bus JV/V Girls to IRIS)	N/A	3:25 PM	5:00 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Feb 2, 2022	Wed	Practice (Shuttle Bus JV/V Girls to IRIS)	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Main Gym	Bus/Driver: Return Shuttle Bus JV/V girls 15 athletes	Departure Point: IRIS Departure Time: 5:00 PM	
Feb 3, 2022	Thu	Practice (Shuttle Bus JV/V Girls to IRIS)	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Feb 4, 2022	Fri	Practice (Shuttle Bus JV/V Girls to IRIS)	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus JV/V girls 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Feb 5, 2022	Sat	Regular Season (Sectional game)	Rome Free Academy	11:00 AM		Indian River High School Main Gym			NL
Feb 8, 2022	Tue	Regular Season	TBD	10:00 AM		JD HS Main Gym			L
Feb 8, 2022	Tue	Post-Season	@ New Hartford	6:00 PM	9:30 PM	HS Gym	Bus/Driver: Coach Sidmore/Coach Williamson/15 athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM	NL
Feb 8, 2022	Tue	Regular Season (Sectional Semi Finals)	@ TBD	TBD		TBD			L

Date: 2024-04-19