



Indian River (G) V Volleyball

Coaches:

- Alyssa Sidmore, Head Coach
- Kody Bleam, Asst Coach
- Mykala Williamson, Volunteer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice (JV and Varsity Tryouts)	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Aug 22, 2023	Tue	Practice (JV and Varsity Tryouts)	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Aug 23, 2023	Wed	Practice (JV and Varsity Tryouts)	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Aug 25, 2023	Fri	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Aug 26, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Aug 28, 2023	Mon	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Aug 29, 2023	Tue	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Aug 30, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 1, 2023	Fri	Practice (V Volleyball Practice)	N/A	11:30 AM	12:30 PM	Indian River High School Main Gym			
Sep 4, 2023	Mon	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym			
Sep 5, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 5, 2023	Tue	Regular Season	Canton	6:30 PM	8:30 PM	Indian River High School Main Gym			L
Sep 7, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 11, 2023	Mon	Regular Season	Gouverneur	6:30 PM	8:30 PM	Indian River High School Main Gym			L
CANCELLED Sep 12, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 13, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 14, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Sep 16, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Sep 18, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 19, 2023	Tue	Regular Season	Ogdensburg	6:30 PM	8:00 PM	Indian River High School Main Gym			L
Sep 20, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 22, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 25, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 26, 2023	Tue	Regular Season	Salmon River	6:30 PM	8:00 PM	Indian River High School Main Gym			L
CANCELLED Sep 27, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Sep 28, 2023	Thu	Regular Season	Tupper Lake	6:30 PM	8:00 PM	Indian River High School Main Gym			L
Sep 29, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 2, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 3, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 5, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 7, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Oct 7, 2023	Sat	Regular Season	Chateaugay	2:00 PM	4:00 PM	Indian River High School Main Gym			L
Oct 9, 2023	Mon	Practice	N/A	10:00 AM	1:00 PM	Indian River High School Main Gym			
Oct 11, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 14, 2023	Sat	Regular Season	Clifton-Fine	12:00 PM	2:00 PM	Indian River High School Main Gym			L
Oct 17, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 18, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 19, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 20, 2023	Fri	Regular Season	Madrid-Waddington	6:30 PM	8:00 PM	Indian River High School Main Gym			L
Oct 23, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 25, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 26, 2023	Thu	Regular Season (Senior Night)	Potsdam	6:30 PM	8:00 PM	Indian River High School Main Gym			L
Oct 28, 2023	Sat	Practice	N/A	9:00 AM	10:30 AM	Indian River High School Main Gym			
Oct 30, 2023	Mon	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Oct 31, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Nov 1, 2023	Wed	Post-Season (Section X Class A Final)	TBD	7:00 PM	9:00 PM	Salmon River Jr. Sr. High School	Bus/Driver: Coach Sidmore/Bleam/15 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 10:00 PM	NL
Nov 2, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Nov 3, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Nov 6, 2023	Mon	Practice	N/A	3:30 PM	6:00 PM	Indian River High School Main Gym			
Nov 7, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Main Gym			
Nov 9, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Nov 10, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	Indian River High School Main Gym			
Nov 11, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			

Date: 2024-05-03