



Indian River (G) V Volleyball

Coaches:

- Alyssa Sidmore, Head Coach
- Kody Blead, Asst Coach
- Mykala Williamson, Volunteer

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|-----------------------------------|----------------|------------|----------|-----------------------------------|---|--|---------------------|
| Aug 21, 2023 | Mon | Practice (JV and Varsity Tryouts) | N/A | 9:00 AM | 11:30 AM | Indian River High School Main Gym | | | |
| Aug 22, 2023 | Tue | Practice (JV and Varsity Tryouts) | N/A | 9:00 AM | 11:30 AM | Indian River High School Main Gym | | | |
| Aug 23, 2023 | Wed | Practice (JV and Varsity Tryouts) | N/A | 9:00 AM | 11:30 AM | Indian River High School Main Gym | | | |
| Aug 25, 2023 | Fri | Practice | N/A | 9:00 AM | 11:30 AM | Indian River High School Main Gym | | | |
| Aug 26, 2023 | Sat | Practice | N/A | 9:00 AM | 11:00 AM | Indian River High School Main Gym | | | |
| Aug 28, 2023 | Mon | Practice | N/A | 9:00 AM | 11:30 AM | Indian River High School Main Gym | | | |
| Aug 29, 2023 | Tue | Practice | N/A | 9:00 AM | 11:00 AM | Indian River High School Main Gym | | | |
| Aug 30, 2023 | Wed | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Aug 31, 2023 | Thu | Scrimmage | @ Malone | 4:00 PM | 6:00 PM | Malone High School | Bus/Driver: Coach Sidmore/Blead/15 athletes | Departure Point: High School Athletic Doors Departure Time: 1:30 PM Return Date: Return Time: 7:30 PM | NL |
| Sep 1, 2023 | Fri | Practice (V Volleyball Practice) | N/A | 11:30 AM | 12:30 PM | Indian River High School Main Gym | | | |
| Sep 4, 2023 | Mon | Practice | N/A | 9:00 AM | 11:30 AM | Indian River High School Main Gym | | | |
| Sep 5, 2023 | Tue | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Sep 5, 2023 | Tue | Regular Season | Canton | 6:30 PM | 8:30 PM | Indian River High School Main Gym | | | L |
| Sep 7, 2023 | Thu | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Sep 8, 2023 | Fri | Regular Season | @ Clifton-Fine | 6:30 PM | 8:00 PM | C-F J/SHS | Bus/Driver: 3 Coaches/35 athletes | Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 9:15 PM | L |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|--|--|------------|----------|-----------------------------------|--|--|---------------------|
| Sep 11, 2023 | Mon | Regular Season | Gouverneur | 6:30 PM | 8:30 PM | Indian River High School Main Gym | | | L |
| CANCELLED Sep 12, 2023 | Tue | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Sep 13, 2023 | Wed | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Sep 14, 2023 | Thu | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Sep 15, 2023 | Fri | Regular Season | @ Madrid-Waddington | 6:30 PM | 8:00 PM | M-W HS | Bus/Driver: 3 Coaches/35 Athletes | Departure Point: High School Athletic Doors Departure Time: 2:25 PM Return Date: Return Time: 9:45 PM | L |
| CANCELLED Sep 16, 2023 | Sat | Practice | N/A | 9:00 AM | 11:00 AM | Indian River High School Main Gym | | | |
| Sep 18, 2023 | Mon | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Sep 19, 2023 | Tue | Regular Season | Ogdensburg | 6:30 PM | 8:00 PM | Indian River High School Main Gym | | | L |
| Sep 20, 2023 | Wed | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Sep 21, 2023 | Thu | Regular Season | @ Potsdam | 6:30 PM | 8:00 PM | Potsdam HS | Bus/Driver: 3 Coaches/35 Athletes | Departure Point: High School Athletic Doors Departure Time: 2:25 PM Return Date: Return Time: 9:45 PM | L |
| Sep 22, 2023 | Fri | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Sep 23, 2023 | Sat | Regular Season (Girls Volleyball Tournament) | Jamesville-Dewitt, Phoenix, Fulton, Institute of Technology, Syracuse, Oswego, Fayetteville-Manlius @ Central Square | 8:00 AM | | CS: Paul V. Moore Gymnasium | Bus/Driver: 3 Coaches/35 Athletes | Departure Point: High School Athletic Doors Departure Time: 6:45 AM Return Date: Return Time: 5:30 PM | L |
| Sep 25, 2023 | Mon | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Sep 26, 2023 | Tue | Regular Season | Salmon River | 6:30 PM | 8:00 PM | Indian River High School Main Gym | | | L |
| CANCELLED Sep 27, 2023 | Wed | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |

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|--------------|----------|----------------|------------------------------|------------|----------|-----------------------------------|---|---|---------------------|
| Sep 28, 2023 | Thu | Regular Season | Tupper Lake | 6:30 PM | 8:00 PM | Indian River High School Main Gym | | | L |
| Sep 29, 2023 | Fri | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Sep 30, 2023 | Sat | Regular Season | @ Brushton-Moria High School | 11:00 AM | | TBD | Bus/Driver: Coach Sidmore/Bleam/15 athletes | Departure Point: High School Athletic Doors Departure Time: 7:45 AM Return Date: Return Time: 2:30 PM | L |
| Oct 2, 2023 | Mon | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Oct 3, 2023 | Tue | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Oct 5, 2023 | Thu | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Oct 6, 2023 | Fri | Regular Season | @ Malone | 6:30 PM | 8:00 PM | TBD | Bus/Driver: 3 Coaches/35 Athletes Class Dismissal: 1:20 PM | Departure Point: High School Athletic Doors Departure Time: 1:30 PM Return Date: Return Time: 10:30 PM | L |
| Oct 7, 2023 | Sat | Practice | N/A | 9:00 AM | 11:00 AM | Indian River High School Main Gym | | | |
| Oct 7, 2023 | Sat | Regular Season | Chateaugay | 2:00 PM | 4:00 PM | Indian River High School Main Gym | | | L |
| Oct 9, 2023 | Mon | Practice | N/A | 10:00 AM | 1:00 PM | Indian River High School Main Gym | | | |
| Oct 10, 2023 | Tue | Regular Season | @ Massena | 6:30 PM | 8:00 PM | TBD | Bus/Driver: 3 Coaches/35 Athletes | Departure Point: High School Athletic Doors Departure Time: 2:15 PM Return Date: Return Time: 10:00 PM | L |
| Oct 11, 2023 | Wed | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Oct 12, 2023 | Thu | Regular Season | @ Canton | 6:30 PM | 8:00 PM | Williams HS | Bus/Driver: 3 Coaches/35 Athletes | Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 9:15 PM | L |
| Oct 14, 2023 | Sat | Regular Season | Clifton-Fine | 12:00 PM | 2:00 PM | Indian River High School Main Gym | | | L |

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| Oct 16, 2023 | Mon | Regular Season | @ Gouverneur | 6:30 PM | 8:00 PM | Gouverneur HS | Bus/Driver: 3 Coaches/35 Athletes | Departure Point: High School Athletic Doors Departure Time: 2:50 PM Return Date: Return Time: 8:45 PM | L |
| Oct 17, 2023 | Tue | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Oct 18, 2023 | Wed | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Oct 19, 2023 | Thu | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Oct 20, 2023 | Fri | Regular Season | Madrid-Waddington | 6:30 PM | 8:00 PM | Indian River High School Main Gym | | | L |
| Oct 23, 2023 | Mon | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Oct 24, 2023 | Tue | Regular Season | @ Ogdensburg | 6:30 PM | 8:00 PM | Ogdensburg Free Academy | Bus/Driver: 3 Coaches/35 Athletes | Departure Point: High School Athletic Doors Departure Time: 2:40 PM Return Date: Return Time: 9:30 PM | L |
| Oct 25, 2023 | Wed | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Oct 26, 2023 | Thu | Regular Season (Senior Night) | Potsdam | 6:30 PM | 8:00 PM | Indian River High School Main Gym | | | L |
| Oct 28, 2023 | Sat | Practice | N/A | 9:00 AM | 10:30 AM | Indian River High School Main Gym | | | |
| Oct 30, 2023 | Mon | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Oct 31, 2023 | Tue | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Nov 1, 2023 | Wed | Post-Season (Section X Class A Final) | TBD | 7:00 PM | 9:00 PM | Salmon River Jr. Sr. High School | Bus/Driver: Coach Sidmore/Bleam/15 athletes | Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 10:00 PM | NL |
| Nov 2, 2023 | Thu | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Nov 3, 2023 | Fri | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |

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| Nov 4, 2023 | Sat | Post-Season (Section X Overall Matches) | @ TBD | 11:30 AM | | Massena HS | Bus/Driver: Coach Sidmore/Bleam/15 athletes | Departure Point: High School Athletic Doors Departure Time: 8:00 AM Return Date: Return Time: 5:00 PM | L |
| Nov 6, 2023 | Mon | Practice | N/A | 3:30 PM | 6:00 PM | Indian River High School Main Gym | | | |
| Nov 7, 2023 | Tue | Practice | N/A | 3:00 PM | 5:00 PM | Indian River Intermediate School Main Gym | | | |
| Nov 8, 2023 | Wed | Post-Season (Section X Regional Semi Final) | @ TBD | 4:00 PM | 6:00 PM | Massena HS | Bus/Driver: Coach Sidmore/Bleam/15 athletes | Departure Point: High School Athletic Doors Departure Time: 12:30 PM Return Date: Return Time: 9:00 PM | L |
| Nov 9, 2023 | Thu | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Nov 10, 2023 | Fri | Practice | N/A | 3:00 PM | 5:30 PM | Indian River High School Main Gym | | | |
| Nov 11, 2023 | Sat | Practice | N/A | 9:00 AM | 11:00 AM | Indian River High School Main Gym | | | |
| Nov 11, 2023 | Sat | Post-Season (Regionals) | @ TBD | 4:00 PM | | Groversville High School - Gymnasium | Bus/Driver: Coach Sidmore/Bleam/15 athletes | Departure Point: High School Athletic Doors Departure Time: 11:30 AM Return Date: Return Time: 10:00 PM | L |

Date: 2024-04-27