



Indian River

(B) MOD7/8/9 Swimming/Diving

Coaches:

- Cody Benner, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 29, 2025	Wed	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Oct 30, 2025	Thu	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Nov 3, 2025	Mon	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Nov 4, 2025	Tue	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Nov 5, 2025	Wed	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Nov 6, 2025	Thu	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Nov 7, 2025	Fri	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Nov 10, 2025	Mon	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Nov 12, 2025	Wed	Regular Season	Watertown	5:00 PM	6:30 PM	Middle School Pool			L
Nov 13, 2025	Thu	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Nov 14, 2025	Fri	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
POSTPONED Nov 14, 2025	Fri	Regular Season	Lowville, South Jefferson @ Watertown	5:00 PM		Watertown High School Pool			L
Nov 17, 2025	Mon	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Nov 18, 2025	Tue	Regular Season	@ South Jefferson	5:00 PM		SJ HS/MS - Pool	Bus/Driver: Coach Cody Benner / 30 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:15 PM Return Date: Return Time: 7:00 PM	L
Nov 19, 2025	Wed	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Nov 20, 2025	Thu	Regular Season	Lowville	5:00 PM		Middle School Pool			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 21, 2025	Fri	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Nov 24, 2025	Mon	Practice	N/A	10:30 AM	12:00 PM	Middle School Pool			
CANCELLED Nov 25, 2025	Tue	Practice	N/A	10:30 AM	12:00 PM	Middle School Pool			
Dec 1, 2025	Mon	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Dec 2, 2025	Tue	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Dec 4, 2025	Thu	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Dec 4, 2025	Thu	Regular Season	Lowville, Watertown @ South Jefferson	5:00 PM	8:00 PM	SJ HS/MS - Pool	Bus/Driver: Coach Cody Benner / 28 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:15 PM Return Date: Return Time: 7:00 PM	L
Dec 8, 2025	Mon	Regular Season	@ Watertown	5:00 PM	8:00 PM	Watertown H S	Bus/Driver: Coach Cody Benner / 28 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:30 PM Return Date: Return Time: 7:00 PM	L
Dec 9, 2025	Tue	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Dec 10, 2025	Wed	Regular Season	South Jefferson	4:30 PM	6:00 PM	Middle School Pool			L
Dec 11, 2025	Thu	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Dec 12, 2025	Fri	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			
Dec 12, 2025	Fri	Regular Season (Modified Play Day)	South Jefferson, Lowville, Watertown	5:00 PM	8:00 PM	Middle School Pool	Bus/Driver: Coach Cody Benner / 28 Athletes	Departure Point: Middle School Pool Entrance	L
Dec 15, 2025	Mon	Regular Season	@ Lowville	5:00 PM		Lowville High School	Bus/Driver: Coach Cody Benner / 28 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:15 PM Return Date: Return Time: 7:00 PM	L
Dec 16, 2025	Tue	Practice	N/A	2:35 PM	4:00 PM	Middle School Pool			

