



Indian River

(B) V Swimming/Diving

Coaches:

- Alan Baker, Head Coach
- Marcia Pawling, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 17, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD			
Nov 18, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD			
Nov 19, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	TBD			
Nov 20, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD			
Nov 21, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	TBD			
Nov 24, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD			
Nov 25, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD			
Dec 1, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD			
Dec 2, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD			
Dec 3, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	TBD			
Dec 4, 2025	Thu	Regular Season	Watertown	4:30 PM	6:00 PM	Middle School Pool			L
Dec 5, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	TBD			
Dec 8, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD			
Dec 9, 2025	Tue	Regular Season	Gouverneur, Canton	5:00 PM	6:30 PM	Middle School Pool			L
CANCELLED Dec 10, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	TBD			
Dec 11, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	TBD			
Dec 12, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	TBD			
Dec 13, 2025	Sat	Meet (Indian River Swimming Invitational)	Vs. Multiple	11:00 AM	4:00 PM	Middle School Pool, Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			NL
Dec 15, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD			

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Dec 16, 2025	Tue	Regular Season	@ Watertown	5:00 PM		Watertown H S	Bus/Driver: Coach Baker/Pawling/ 11 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:10 PM Return Date: Return Time: 7:00 PM	L
Dec 17, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	TBD			
Dec 18, 2025	Thu	Regular Season	Gouverneur @ Mexico	5:00 PM	6:55 PM	Mexico HS- Pool	Bus/Driver: Coach Baker/Pawling/ 11 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 7:00 PM	L
Dec 19, 2025	Fri	Regular Season (Christmas Relays)	Watertown, South Jefferson, Carthage @ Lowville	5:00 PM		Lowville High School Main Gym	Bus/Driver: Coach Baker/Pawling/ 11 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:20 PM Return Date: Return Time: 7:30 PM	L
Dec 22, 2025	Mon	Practice	N/A	8:00 AM	9:30 AM	TBD			
Dec 23, 2025	Tue	Practice	N/A	8:00 AM	9:30 AM	TBD			
Dec 26, 2025	Fri	Practice	N/A	8:00 AM	9:30 AM	TBD			
Dec 29, 2025	Mon	Practice	N/A	8:00 AM	9:30 AM	TBD			
Dec 30, 2025	Tue	Practice	N/A	8:00 AM	9:30 AM	TBD			
Jan 2, 2026	Fri	Practice	N/A	8:00 AM	9:30 AM	TBD			
Jan 5, 2026	Mon	Practice	N/A	3:00 PM	5:00 PM	TBD			
Jan 6, 2026	Tue	Regular Season	@ Carthage	5:00 PM		Carthage HS Pool	Bus/Driver: Coach Baker/Pawling/ 11 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:45 PM Return Date: Return Time: 7:00 PM	L
Jan 7, 2026	Wed	Practice	N/A	3:00 PM	5:00 PM	TBD			
Jan 9, 2026	Fri	Practice	N/A	3:00 PM	5:00 PM	TBD			
Jan 13, 2026	Tue	Regular Season	South Jefferson	5:00 PM	6:30 PM	Middle School Pool			L
Jan 15, 2026	Thu	Regular Season	@ Lowville	5:00 PM		Lowville High School Main Gym	Bus/Driver: Coach Baker/Pawling/ 11 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:10 PM Return Date: Return Time: 7:30 PM	L

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Jan 20, 2026	Tue	Regular Season	Carthage	5:00 PM	6:30 PM	Middle School Pool			L
Jan 24, 2026	Sat	Regular Season (Frontier League Championship)	@ TBD	11:00 AM		Watertown High School Pool	Bus/Driver: 2 Coaches/15 Athletes	Departure Point: High School Athletic Doors Departure Time: 8:30 AM Return Date: Return Time: 6:00 PM	L
Jan 31, 2026	Sat	Regular Season (Watertown Invitational)	@ TBD	11:00 AM		Watertown High School Pool	Bus/Driver: 2 Coaches/15 Athletes	Departure Point: High School Athletic Doors Departure Time: 8:30 AM Return Date: Return Time: 5:00 PM	NL
Feb 10, 2026	Tue	Post-Season (Section 3 Class B/C Team Sectionals)	@ TBD	2:15 PM		Nottingham High School (Pool)	Bus/Driver: 2 Coaches/15 Athletes	Departure Point: High School Athletic Doors Departure Time: 11:00 AM Return Date: Return Time: 8:00 PM	NL
Feb 12, 2026	Thu	Post-Season (Section 3 Class B/C Team State Qualifier)	@ TBD	2:15 PM		Nottingham High School (Pool)	Bus/Driver: 2 Coaches/15 Athletes	Departure Point: High School Athletic Doors Departure Time: 11:00 AM Return Date: Return Time: 8:00 PM	NL
TBD		Practice	N/A	TBD		TBD			

Date: 2025-12-14