



Indian River (B) V Swimming/Diving

Coaches:

- Alan Baker, Head Coach
- Marcia Pawling, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Nov 14, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Nov 15, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Nov 16, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Nov 17, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Nov 20, 2023	Mon	Practice	N/A	10:45 AM	12:00 PM	Middle School Pool		
Nov 21, 2023	Tue	Practice	N/A	10:45 AM	12:00 PM	Middle School Pool		
Nov 22, 2023	Wed	Practice	N/A	10:00 AM	12:00 PM	Middle School Pool		
Nov 24, 2023	Fri	Practice	N/A	10:00 AM	12:00 PM	Middle School Pool		
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Nov 28, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
CANCELLED Nov 29, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Dec 6, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Dec 7, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Dec 8, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Dec 9, 2023	Sat	Regular Season (IR Invitational)	Watertown, South Jefferson, Lowville, Gouverneur	11:00 AM		Middle School Pool		L
Dec 9, 2023	Sat	Regular Season (Invitational)	Mexico	11:00 AM		Middle School Pool		NL
Dec 9, 2023	Sat	Meet (Indian River Invitational)	Vs. Multiple	11:00 AM	4:00 PM	Middle School Pool, Indian River Middle School Gym #3 (Pool Side)		NL
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Dec 12, 2023	Tue	Regular Season	Gouverneur	5:00 PM	6:30 PM	Middle School Pool		L
Dec 13, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Dec 15, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 18, 2023	Mon	Regular Season	South Jefferson	5:00 PM	6:30 PM	Middle School Pool		L
Dec 19, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Dec 26, 2023	Tue	Practice	N/A	9:00 AM	11:00 PM	Middle School Pool		
Dec 27, 2023	Wed	Practice	N/A	9:00 AM	11:00 AM	Middle School Pool		
Dec 28, 2023	Thu	Practice	N/A	9:00 AM	11:00 AM	Middle School Pool		
Jan 3, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Jan 4, 2024	Thu	Regular Season	Carthage	5:00 PM	6:30 PM	Middle School Pool		L
Jan 5, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
CANCELLED Jan 10, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
CANCELLED Jan 11, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Jan 12, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Jan 16, 2024	Tue	Regular Season	Canton	5:00 PM	6:30 PM	Middle School Pool		L
Jan 17, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Jan 20, 2024	Sat	Regular Season (League Championship Meet)	Watertown, South Jefferson, Carthage, Lowville, Gouverneur	11:00 AM		Middle School Pool		L
Jan 22, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
CANCELLED Jan 24, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Jan 26, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Jan 29, 2024	Mon	Regular Season	Watertown	5:00 PM	6:30 PM	Middle School Pool		L
Jan 30, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Jan 31, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Feb 1, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Feb 2, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Feb 5, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Feb 6, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Feb 7, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Feb 8, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
CANCELLED Feb 9, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		

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Feb 12, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Feb 13, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Middle School Pool		
Feb 15, 2024	Thu	Practice	N/A	3:00 PM	4:00 PM	Middle School Pool		

Date: 2024-04-10