



• Cody Benner, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START EN TIME TIM	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 21, 2022	Wed	Regular Season	@ Lowville	5:00 PM	Lowville High School	Bus/Driver: Coach Benner/25 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:20 PM Return Date: Return Time: 8:30 PM	L
Sep 23, 2022	Fri	Regular Season	@ Watertown	5:00 PM	Watertown H S	Bus/Driver: Coach Benner/25 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:30 PM Return Date: Return Time: 7:00 PM	L
Sep 28, 2022	Wed	Regular Season 53-96 L	Carthage	5:00 PM	Middle School Pool			L
Sep 30, 2022	Fri	Regular Season	@ South Jefferson	5:00 PM	SJ HS/MS - Pool	Bus/Driver: Coach Benner/25 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:30 PM Return Date: Return Time: 7:30 PM	L
POSTPONED Oct 1, 2022	Sat	Regular Season (Modified Playday)	Watertown, South Jefferson, Thousand Islands, Lowville, Beaver River, South Lewis @ Carthage	11:00 AM	TBD	Bus/Driver: Coach Benner/25 Athletes	Departure Point: Middle School Pool Entrance	L
Oct 4, 2022	Tue	Regular Season	Watertown	5:00 PM	Middle School Pool			L
Oct 11, 2022	Tue	Regular Season	@ South Lewis	5:00 PM	South Lewis High School Pool	Bus/Driver: Coach Benner/25 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:15 PM Return Date: Return Time: 7:45 PM	L
Oct 13, 2022	Thu	Regular Season	Beaver River	5:00 PM	Middle School Pool			L
Oct 18, 2022	Tue	Regular Season	@ Thousand Islands	5:00 PM	Thousand Islands Pool	Bus/Driver: Coach Benner/25 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:15 PM Return Date: Return Time: 7:30 PM	L
Oct 20, 2022	Thu	Regular Season	South Jefferson	5:00 PM	Middle School Pool			L

DATE	WEEI DAY	⁽ TYPE	OPPONENTS	START TIME	END TIME		N DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 24, 2022	Mon	Practice (Modified Girls Swim Practice)	N/A	2:30 PM	4:15 PM	Middle School Pool			
Oct 25, 2022	Tue	Regular Season 54-98 L	@ Carthage	5:00 PM		Carthage HS Pool	Bus/Driver: Coach Benner/25 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:30 PM Return Date: Return Time: 7:30 PM	L

Date: 2025-12-08