Indian River
(G) V Swimming/Diving

Coaches:

- Alan Baker, Head Coach
- Jennifer Larkin, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	4:00 PM	6:00 PM	Middle School Pool			
Aug 22, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	Middle School Pool			
Aug 23, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	Middle School Pool			
Aug 24, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	Middle School Pool			
Aug 25, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	Middle School Pool			
Aug 28, 2023	Mon	Practice	N/A	4:00 PM	6:00 PM	Middle School Pool			
Aug 29, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	Middle School Pool			
Aug 30, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	Middle School Pool			
Aug 31, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	Middle School Pool			
Sep 1, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	Middle School Pool			
Sep 7, 2023	Thu	Regular Season 93-85 W	Carthage	5:00 PM		Middle School Pool			L
Sep 11, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Sep 12, 2023	Tue	Regular Season	@ Lowville	5:00 PM		Lowville High School	**Bus/Driver:** Coach Baker/Coach Larkin/14 Athletes	**Departure Point:** High School Athletic Doors **Departure Time:** 3:30 PM **Return Date:** **Return Time:** 8:30 PM	L
Sep 13, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Sep 14, 2023	Thu	Regular Season	Beaver River	5:30 PM	7:00 PM	Middle School Pool			L
Sep 15, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Sep 18, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Sep 19, 2023	Tue	Regular Season	Thousand Islands	5:00 PM		Middle School Pool			L
Sep 20, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Sep 21, 2023	Thu	Regular Season	@ South Lewis	5:00 PM		South Lewis High School Pool	**Bus/Driver:** Coach Baker/Coach Larkin/14 Athletes	**Departure Point:** High School Athletic Doors **Departure Time:** 3:15 PM **Return Date:** **Return Time:** 8:30 PM	L
Sep 22, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 23, 2023	Sat	Regular Season (Invitational)	South Jefferson, Thousand Islands, South Lewis, Beaver River, Lowville @ Watertown	11:00 AM	8:00 PM	Watertown H S	**Bus/Driver:** Coach Baker/Coach Larkin/14 Athletes	**Departure Point:** High School Athletic Doors **Departure Time:** 8:30 AM **Return Date:** **Return Time:** 3:30 PM	L
Sep 25, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Sep 26, 2023	Tue	Regular Season	South Jefferson	5:00 PM		Middle School Pool			L
Sep 27, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Sep 28, 2023	Thu	Regular Season	Watertown	5:00 PM	7:00 PM	Middle School Pool			L
Sep 29, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Oct 2, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Oct 3, 2023	Tue	Regular Season 99-81 W	@ Carthage	5:00 PM		Carthage HS Pool	**Bus/Driver:** Coach Baker/Coach Larkin/14 Athletes	**Departure Point:** High School Athletic Doors **Departure Time:** 2:45 PM **Return Date:** **Return Time:** 8:30 PM	L
Oct 4, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
CANCELLED Oct 5, 2023	Thu	Regular Season	Watertown	5:00 PM		Middle School Pool			L
Oct 5, 2023	Thu	Regular Season	@ South Jefferson	5:00 PM		SJ HS/MS - Pool	**Bus/Driver:** Coach Baker/Coach Larkin/14 Athletes	**Departure Point:** High School Athletic Doors **Departure Time:** 3:30 PM **Return Date:** **Return Time:** 8:30 PM	L
Oct 6, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Oct 9, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Oct 10, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Oct 11, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Oct 12, 2023	Thu	Regular Season	@ Watertown	5:00 PM	8:00 PM	Watertown H S	**Bus/Driver:** Coach Baker/Coach Larkin/14 Athletes	**Departure Point:** High School Athletic Doors **Departure Time:** 3:40 PM **Return Date:** **Return Time:** 8:30 PM	L
Oct 16, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Oct 17, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Oct 18, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 19, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Oct 20, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Oct 21, 2023	Sat	Regular Season (Legaue Meet)	South Jefferson, Carthage, Thousand Islands, South Lewis, Beaver River, Lowville @ Watertown	11:00 AM		Middle School Pool, Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Mezzanine	**Bus/Driver:** Coach Baker/Larkin/14 Athletes	**Departure Point:** High School Athletic Doors **Departure Time:** 8:30 AM **Return Date:** **Return Time:** 3:00 PM	L
Oct 23, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Oct 24, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Oct 25, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Oct 26, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Oct 27, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Oct 30, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Nov 1, 2023	Wed	Post-Season (Sectional Class B/C Meet (Swimming))	@ TBD	2:30 PM		Nottingham High School (Pool)	**Bus/Driver:** Coach Baker/Larkin/14 Athletes	**Departure Point:** High School Athletic Doors **Departure Time:** 11:00 AM **Return Date:** **Return Time:** 10:00 PM	L
Nov 2, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Middle School Pool			
Nov 3, 2023	Fri	Post-Season (State Qualifier (Swimming))	@ TBD	TBD		Nottingham High School (Pool)	**Bus/Driver:** Coach Baker/Larkin/14 Athletes	**Departure Point:** High School Athletic Doors **Departure Time:** 11:00 AM **Return Date:** **Return Time:** 10:00 PM	NL

Date: 2024-10-12