



# Indian River (G) V Swimming/Diving

## Coaches:

- Alan Baker, Head Coach
- Jennifer Larkin, Asst Coach

| DATE         | WEEK DAY | TYPE   | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE  | TRANSPORTATION / NON-LEAGUE   | LEAGUE |
|--------------|----------|--|-----------|------------|----------|----------|--|---|--------|
| Aug 23, 2021 | Mon      | Practice (Varsity Girls Swim Practice-Carthage Pool) | N/A       | 12:30 PM   | 2:30 PM  | TBD      | <b>Bus/Driver:</b><br>Al Baker, Jen Larkin , 19 Athletes       | <b>Departure Point:</b><br>High School Athletic Doors<br><b>Departure Time:</b><br>11:45 AM<br><b>Return Date:</b><br><b>Return Time:</b> 3:30 PM |        |
| Aug 24, 2021 | Tue      | Practice (Varsity Girls Swim Practice-Carthage Pool) | N/A       | 12:30 PM   | 2:30 PM  | TBD      | <b>Bus/Driver:</b><br>Al Baker, Jen Larkin , 19 Athletes       | <b>Departure Point:</b><br>High School Athletic Doors<br><b>Departure Time:</b><br>11:45 AM<br><b>Return Date:</b><br><b>Return Time:</b> 3:30 PM |        |
| Aug 25, 2021 | Wed      | Practice (Varsity Girls Swim Practice-Carthage Pool) | N/A       | 12:30 PM   | 2:30 PM  | TBD      | <b>Bus/Driver:</b><br>Al Baker, Jen Larkin , 19 Athletes       | <b>Departure Point:</b><br>High School Athletic Doors<br><b>Departure Time:</b><br>11:45 AM<br><b>Return Date:</b><br><b>Return Time:</b> 3:30 PM |        |
| Aug 26, 2021 | Thu      | Practice (Varsity Girls Swim Practice-Carthage Pool) | N/A       | 12:30 PM   | 2:30 PM  | TBD      | <b>Bus/Driver:</b><br>Al Baker, Jen Larkin , 19 Athletes       | <b>Departure Point:</b><br>High School Athletic Doors<br><b>Departure Time:</b><br>11:45 AM<br><b>Return Date:</b><br><b>Return Time:</b> 3:30 PM |        |
| Aug 27, 2021 | Fri      | Practice (Varsity Girls Swim Practice-Carthage Pool) | N/A       | 12:30 PM   | 2:30 PM  | TBD      | <b>Bus/Driver:</b><br>Al Baker, Jen Larkin , 19 Athletes       | <b>Departure Point:</b><br>High School Athletic Doors<br><b>Departure Time:</b><br>11:45 AM<br><b>Return Date:</b><br><b>Return Time:</b> 3:30 PM |        |
| Aug 30, 2021 | Mon      | Practice (Varsity Girls Swim Practice-Carthage Pool) | N/A       | 12:30 PM   | 2:30 PM  | TBD      | <b>Bus/Driver:</b><br>Coach Al Baker, Jen Larkin , 19 Athletes | <b>Departure Point:</b><br>High School Athletic Doors<br><b>Departure Time:</b><br>11:45 AM<br><b>Return Date:</b><br><b>Return Time:</b> 3:15 PM |        |
| Aug 31, 2021 | Tue      | Practice (Varsity Girls Swim Practice-Carthage Pool) | N/A       | 12:30 PM   | 2:30 PM  | TBD      | <b>Bus/Driver:</b><br>Coach Al Baker, Jen Larkin , 19 Athletes | <b>Departure Point:</b><br>High School Athletic Doors<br><b>Departure Time:</b><br>11:45 AM<br><b>Return Date:</b><br><b>Return Time:</b> 3:15 PM |        |

| DATE         | WEEK DAY | TYPE   | OPPONENTS         | START TIME | END TIME | LOCATION         | DEPARTURE  | TRANSPORTATION  | LEAGUE / NON-LEAGUE |
|--------------|----------|--|-------------------|------------|----------|------------------|--|---|---------------------|
| Sep 1, 2021  | Wed      | Practice (Varsity Girls Swim Practice-Carthage Pool) | N/A               | 6:00 PM    | 8:00 PM  | TBD              | <b>Bus/Driver:</b><br>Coach Al Baker, Jen Larkin , 19 Athletes | <b>Departure Point:</b><br>High School Athletic Doors<br><b>Departure Time:</b><br>5:15 PM<br><b>Return Date:</b><br><b>Return Time:</b> 8:45 PM  |                     |
| Sep 2, 2021  | Thu      | Practice (Varsity Girls Swim Practice-Carthage Pool) | N/A               | 3:00 PM    | 5:00 PM  | TBD              | <b>Bus/Driver:</b><br>Coach Al Baker, Jen Larkin , 19 Athletes | <b>Departure Point:</b><br>High School Athletic Doors<br><b>Departure Time:</b><br>2:15 PM<br><b>Return Date:</b><br><b>Return Time:</b> 5:45 PM  |                     |
| Sep 6, 2021  | Mon      | Practice (Varsity Girls Swim Practice-Carthage Pool) | N/A               | 12:30 PM   | 2:30 PM  | TBD              | <b>Bus/Driver:</b><br>Coach Al Baker, Jen Larkin , 19 Athletes | <b>Departure Point:</b><br>High School Athletic Doors<br><b>Departure Time:</b><br>11:45 AM<br><b>Return Date:</b><br><b>Return Time:</b> 3:15 PM |                     |
| Sep 7, 2021  | Tue      | Regular Season 82-97 L                               | @ Carthage        | 5:00 PM    |          | Carthage HS Pool | <b>Bus/Driver:</b><br>Coach Al Baker/Jen Larkin/ 23 Athletes   | <b>Departure Point:</b><br>High School Gym<br><b>Departure Time:</b><br>4:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 8:00 PM             | L                   |
| Sep 8, 2021  | Wed      | Practice (Varsity Girls Swim Practice-Carthage Pool) | N/A               | 6:00 PM    | 8:00 PM  | TBD              | <b>Bus/Driver:</b><br>Coach Al Baker, Jen Larkin , 19 Athletes | <b>Departure Point:</b><br>High School Athletic Doors<br><b>Departure Time:</b><br>5:15 PM<br><b>Return Date:</b><br><b>Return Time:</b> 8:45 PM  |                     |
| Sep 9, 2021  | Thu      | Regular Season                                       | @ South Jefferson | 6:00 PM    |          | SJ HS/MS - Pool  | <b>Bus/Driver:</b><br>Coach Al Baker/Jen Larkin/ 23 Athletes   | <b>Departure Point:</b><br>High School Gym<br><b>Departure Time:</b><br>4:45 PM<br><b>Return Date:</b><br><b>Return Time:</b> 9:15 PM             | L                   |
| Sep 10, 2021 | Fri      | Practice (Varsity Girls Swim Practice-Carthage Pool) | N/A               | 6:00 PM    | 8:00 PM  | TBD              | <b>Bus/Driver:</b><br>Coach Al Baker, Jen Larkin , 19 Athletes | <b>Departure Point:</b><br>High School Athletic Doors<br><b>Departure Time:</b><br>5:15 PM<br><b>Return Date:</b><br><b>Return Time:</b> 8:45 PM  |                     |
| Sep 13, 2021 | Mon      | Practice (Varsity Girls Swim Practice-Carthage Pool) | N/A               | 6:00 PM    | 8:00 PM  | TBD              | <b>Bus/Driver:</b><br>Coach Al Baker, Jen Larkin , 19 Athletes | <b>Departure Point:</b><br>High School Athletic Doors<br><b>Departure Time:</b><br>5:15 PM<br><b>Return Date:</b><br><b>Return Time:</b> 8:45 PM  |                     |

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|--------------|----------|--|--------------------|------------|----------|------------------------------|---|--|---------------------|
| Sep 14, 2021 | Tue      | Regular Season                                       | @ Beaver River     | 6:00 PM    |          | Beaver River H S             | <b>Bus/Driver:</b><br>Coach Al Baker/Jen Larkin/23 Athletes   | <b>Departure Point:</b><br>High School Gym<br><b>Departure Time:</b><br>4:45 PM<br><b>Return Date:</b><br><b>Return Time:</b> 9:00 PM            | L                   |
| Sep 15, 2021 | Wed      | Practice (Varsity Girls Swim Practice-Carthage Pool) | N/A                | 6:00 PM    | 8:00 PM  | TBD                          | <b>Bus/Driver:</b><br>Coach Al Baker, Jen Larkin, 19 Athletes | <b>Departure Point:</b><br>High School Athletic Doors<br><b>Departure Time:</b><br>5:15 PM<br><b>Return Date:</b><br><b>Return Time:</b> 8:45 PM |                     |
| Sep 16, 2021 | Thu      | Regular Season                                       | @ South Lewis      | 6:00 PM    |          | South Lewis High School Pool | <b>Bus/Driver:</b><br>Coach Al Baker/Jen Larkin/23 Athletes   | <b>Departure Point:</b><br>High School Gym<br><b>Departure Time:</b><br>4:30 PM<br><b>Return Date:</b><br><b>Return Time:</b> 9:00 PM            | L                   |
| Sep 17, 2021 | Fri      | Practice (Varsity Girls Swim Practice-Carthage Pool) | N/A                | 6:00 PM    | 8:00 PM  | TBD                          | <b>Bus/Driver:</b><br>Coach Al Baker, Jen Larkin, 19 Athletes | <b>Departure Point:</b><br>High School Athletic Doors<br><b>Departure Time:</b><br>5:15 PM<br><b>Return Date:</b><br><b>Return Time:</b> 8:45 PM |                     |
| Sep 20, 2021 | Mon      | Practice (Varsity Girls Swim Practice-Carthage Pool) | N/A                | 6:00 PM    | 8:00 PM  | TBD                          | <b>Bus/Driver:</b><br>Coach Al Baker, Jen Larkin, 19 Athletes | <b>Departure Point:</b><br>High School Athletic Doors<br><b>Departure Time:</b><br>5:15 PM<br><b>Return Date:</b><br><b>Return Time:</b> 8:45 PM |                     |
| Sep 21, 2021 | Tue      | Regular Season                                       | @ Thousand Islands | 6:00 PM    |          | Thousand Islands Pool        | <b>Bus/Driver:</b><br>Coach Al Baker/Jen Larkin/23 Athletes   | <b>Departure Point:</b><br>High School Gym<br><b>Departure Time:</b><br>4:30 PM<br><b>Return Date:</b><br><b>Return Time:</b> 9:00 PM            | L                   |
| Sep 23, 2021 | Thu      | Regular Season                                       | @ Lowville         | 6:00 PM    |          | Lowville High School         | <b>Bus/Driver:</b><br>Coach Al Baker/Jen Larkin/ 23 Athletes  | <b>Departure Point:</b><br>High School Gym<br><b>Departure Time:</b><br>4:30 PM<br><b>Return Date:</b><br><b>Return Time:</b> 8:00 PM            | L                   |
| Sep 25, 2021 | Sat      | Regular Season (Frontier League Invitational)        | @ Watertown        | 10:00 AM   |          | Watertown H S                | <b>Bus/Driver:</b><br>Coach Al Baker/Jen Larkin/ 23 Athletes  | <b>Departure Point:</b><br>High School Gym<br><b>Departure Time:</b><br>8:30 AM<br><b>Return Date:</b><br><b>Return Time:</b> 3:00 PM            | L                   |

| DATE                  | WEEK DAY | TYPE   | OPPONENTS               | START TIME | END TIME | LOCATION                      | DEPARTURE  | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
|-----------------------|----------|--|-------------------------|------------|----------|-------------------------------|--|--|---------------------|
| Sep 28, 2021          | Tue      | Regular Season   | @ Watertown             | 6:00 PM    |          | Watertown H S                 | <b>Bus/Driver:</b><br>Coach Al Baker/Jen Larkin/ 23 Athletes | <b>Departure Point:</b><br>High School Gym<br><b>Departure Time:</b><br>4:45 PM<br><b>Return Date:</b><br><b>Return Time:</b> 9:00 PM  | L                   |
| Sep 30, 2021          | Thu      | Regular Season 100-79 W                                | Carthage                | 5:00 PM    |          | Indian River Pool - M.S.      |  |  | L                   |
| Oct 5, 2021           | Tue      | Regular Season   | South Jefferson         | 6:00 PM    |          | Indian River Pool - M.S.      | <b>Bus/Driver:</b><br>Coach Al Baker/Jen Larkin/ 23 Athletes | <b>Departure Point:</b><br>High School Gym<br><b>Departure Time:</b><br>4:30 PM<br><b>Return Date:</b><br><b>Return Time:</b> 9:00 PM  | L                   |
| Oct 7, 2021           | Thu      | Regular Season   | Watertown               | 5:00 PM    |          | Indian River Pool - M.S.      |  |  | L                   |
| Oct 15, 2021          | Fri      | Post-Season (Frontier League Championship Diving Meet) | South Lewis @ Lowville  | 5:00 PM    |          | Lowville High School          | <b>Bus/Driver:</b><br>Coach Al Baker/Jen Larkin-2 Athletes   | <b>Departure Point:</b><br>High School Gym<br><b>Departure Time:</b><br>3:30 PM<br><b>Return Date:</b><br><b>Return Time:</b> 8:00 PM  | NL                  |
| Oct 23, 2021          | Sat      | Post-Season (Frontier League Championship Meet)        | South Lewis @ Watertown | 11:00 AM   |          | Watertown H S                 | <b>Bus/Driver:</b><br>Coach Al Baker/Jen Larkin/23 Athletes  | <b>Departure Point:</b><br>High School Gym<br><b>Departure Time:</b><br>8:30 AM<br><b>Return Date:</b><br><b>Return Time:</b> 5:00 PM  | NL                  |
| Nov 4, 2021           | Thu      | Post-Season (Diving Sectionals)                        | @ TBD                   | TBD        |          | Nottingham High School (Pool) | <b>Bus/Driver:</b><br>Coach Al Baker/Jen Larkin/ 2 Athletes  | <b>Departure Point:</b><br>High School Gym<br><b>Departure Time:</b><br>6:30 AM<br><b>Return Date:</b><br><b>Return Time:</b> 4:00 PM  | L                   |
| Nov 5, 2021           | Fri      | Post-Season (Swimming Sectionals)                      | @ TBD                   | TBD        |          | Nottingham High School (Pool) | <b>Bus/Driver:</b><br>Coach Al Baker/Jen Larkin/ 2 Athletes  | <b>Departure Point:</b><br>High School Gym<br><b>Departure Time:</b><br>1:00 PM<br><b>Return Date:</b><br><b>Return Time:</b> 10:00 PM | L                   |
| CANCELLED Nov 6, 2021 | Sat      | Post-Season (State Diving Championships)               | @ Nottingham (Syracuse) | 8:00 AM    |          | Nottingham High School (Pool) | <b>Bus/Driver:</b><br>Coach Al Baker/Jen Larkin/ 2 Athletes  | <b>Departure Point:</b><br>High School Gym<br><b>Departure Time:</b><br>6:15 AM<br><b>Return Date:</b><br><b>Return Time:</b> 2:00 PM  | L                   |
| Nov 7, 2021           | Sun      | Post-Season (Swimming States)                          | @ TBD                   | TBD        |          | Nottingham High School (Pool) | <b>Bus/Driver:</b><br>Coach Al Baker/Jen Larkin/ 2 Athletes  | <b>Departure Point:</b><br>High School Gym<br><b>Departure Time:</b><br>8:00 AM<br><b>Return Date:</b><br><b>Return Time:</b> 5:00 PM  | L                   |

Date: 2022-05-20