



# Indian River

## (G) V Swimming/Diving

### Coaches:

- Alan Baker, Head Coach
- Jennifer Larkin, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Aug 23, 2021	Mon	Practice (Varsity Girls Swim Practice- Carthage Pool)	N/A	12:30 PM	2:30 PM	TBD	<b>Bus/Driver:</b> Al Baker, Jen Larkin , 19 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 11:45 AM <b>Return Date:</b> <b>Return Time:</b> 3:30 PM
Aug 24, 2021	Tue	Practice (Varsity Girls Swim Practice- Carthage Pool)	N/A	12:30 PM	2:30 PM	TBD	<b>Bus/Driver:</b> Al Baker, Jen Larkin , 19 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 11:45 AM <b>Return Date:</b> <b>Return Time:</b> 3:30 PM
Aug 25, 2021	Wed	Practice (Varsity Girls Swim Practice- Carthage Pool)	N/A	12:30 PM	2:30 PM	TBD	<b>Bus/Driver:</b> Al Baker, Jen Larkin , 19 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 11:45 AM <b>Return Date:</b> <b>Return Time:</b> 3:30 PM
Aug 26, 2021	Thu	Practice (Varsity Girls Swim Practice- Carthage Pool)	N/A	12:30 PM	2:30 PM	TBD	<b>Bus/Driver:</b> Al Baker, Jen Larkin , 19 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 11:45 AM <b>Return Date:</b> <b>Return Time:</b> 3:30 PM
Aug 27, 2021	Fri	Practice (Varsity Girls Swim Practice- Carthage Pool)	N/A	12:30 PM	2:30 PM	TBD	<b>Bus/Driver:</b> Al Baker, Jen Larkin , 19 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 11:45 AM <b>Return Date:</b> <b>Return Time:</b> 3:30 PM
Aug 30, 2021	Mon	Practice (Varsity Girls Swim Practice- Carthage Pool)	N/A	12:30 PM	2:30 PM	TBD	<b>Bus/Driver:</b> Coach Al Baker, Jen Larkin , 19 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 11:45 AM <b>Return Date:</b> <b>Return Time:</b> 3:15 PM
Aug 31, 2021	Tue	Practice (Varsity Girls Swim Practice- Carthage Pool)	N/A	12:30 PM	2:30 PM	TBD	<b>Bus/Driver:</b> Coach Al Baker, Jen Larkin , 19 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 11:45 AM <b>Return Date:</b> <b>Return Time:</b> 3:15 PM

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Sep 1, 2021	Wed	Practice (Varsity Girls Swim Practice- Carthage Pool)	N/A	6:00 PM	8:00 PM	TBD	<b>Bus/Driver:</b> Coach Al Baker, Jen Larkin , 19 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 5:15 PM <b>Return Date:</b> <b>Return Time:</b> 8:45 PM
Sep 2, 2021	Thu	Practice (Varsity Girls Swim Practice- Carthage Pool)	N/A	3:00 PM	5:00 PM	TBD	<b>Bus/Driver:</b> Coach Al Baker, Jen Larkin , 19 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 2:15 PM <b>Return Date:</b> <b>Return Time:</b> 5:45 PM
Sep 6, 2021	Mon	Practice (Varsity Girls Swim Practice- Carthage Pool)	N/A	12:30 PM	2:30 PM	TBD	<b>Bus/Driver:</b> Coach Al Baker, Jen Larkin , 19 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 11:45 AM <b>Return Date:</b> <b>Return Time:</b> 3:15 PM
Sep 7, 2021	Tue	Regular Season 82-97 L	@ Carthage	5:00 PM		Carthage HS Pool	<b>Bus/Driver:</b> Coach Al Baker/Jen Larkin/ 23 Athletes	<b>Departure Point:</b> High School Gym <b>Departure Time:</b> 4:00 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM
Sep 8, 2021	Wed	Practice (Varsity Girls Swim Practice- Carthage Pool)	N/A	6:00 PM	8:00 PM	TBD	<b>Bus/Driver:</b> Coach Al Baker, Jen Larkin , 19 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 5:15 PM <b>Return Date:</b> <b>Return Time:</b> 8:45 PM
Sep 9, 2021	Thu	Regular Season	@ South Jefferson	6:00 PM		SJ HS/MS - Pool	<b>Bus/Driver:</b> Coach Al Baker/Jen Larkin/ 23 Athletes	<b>Departure Point:</b> High School Gym <b>Departure Time:</b> 4:45 PM <b>Return Date:</b> <b>Return Time:</b> 9:15 PM
Sep 10, 2021	Fri	Practice (Varsity Girls Swim Practice- Carthage Pool)	N/A	6:00 PM	8:00 PM	TBD	<b>Bus/Driver:</b> Coach Al Baker, Jen Larkin , 19 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 5:15 PM <b>Return Date:</b> <b>Return Time:</b> 8:45 PM
Sep 13, 2021	Mon	Practice (Varsity Girls Swim Practice- Carthage Pool)	N/A	6:00 PM	8:00 PM	TBD	<b>Bus/Driver:</b> Coach Al Baker, Jen Larkin , 19 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 5:15 PM <b>Return Date:</b> <b>Return Time:</b> 8:45 PM

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2021	Tue	Regular Season	@ Beaver River	6:00 PM		Beaver River H S	Bus/Driver: Coach Al Baker/Jen Larkin/23 Athletes	Departure Point: High School Gym Departure Time: 4:45 PM Return Date: Return Time: 9:00 PM	L
Sep 15, 2021	Wed	Practice (Varsity Girls Swim Practice- Carthage Pool)	N/A	6:00 PM	8:00 PM	TBD	Bus/Driver: Coach Al Baker, Jen Larkin , 19 Athletes	Departure Point: High School Athletic Doors Departure Time: 5:15 PM Return Date: Return Time: 8:45 PM	
Sep 16, 2021	Thu	Regular Season	@ South Lewis	6:00 PM		South Lewis High School Pool	Bus/Driver: Coach Al Baker/Jen Larkin/23 Athletes	Departure Point: High School Gym Departure Time: 4:30 PM Return Date: Return Time: 9:00 PM	L
Sep 17, 2021	Fri	Practice (Varsity Girls Swim Practice- Carthage Pool)	N/A	6:00 PM	8:00 PM	TBD	Bus/Driver: Coach Al Baker, Jen Larkin , 19 Athletes	Departure Point: High School Athletic Doors Departure Time: 5:15 PM Return Date: Return Time: 8:45 PM	
Sep 20, 2021	Mon	Practice (Varsity Girls Swim Practice- Carthage Pool)	N/A	6:00 PM	8:00 PM	TBD	Bus/Driver: Coach Al Baker, Jen Larkin , 19 Athletes	Departure Point: High School Athletic Doors Departure Time: 5:15 PM Return Date: Return Time: 8:45 PM	
Sep 21, 2021	Tue	Regular Season	@ Thousand Islands	6:00 PM		Thousand Islands Pool	Bus/Driver: Coach Al Baker/Jen Larkin/23 Athletes	Departure Point: High School Gym Departure Time: 4:30 PM Return Date: Return Time: 9:00 PM	L
Sep 23, 2021	Thu	Regular Season	@ Lowville	6:00 PM		Lowville High School Main Gym	Bus/Driver: Coach Al Baker/Jen Larkin/ 23 Athletes	Departure Point: High School Gym Departure Time: 4:30 PM Return Date: Return Time: 8:00 PM	L
Sep 25, 2021	Sat	Regular Season (Frontier League Invitational)	@ Watertown	10:00 AM		Watertown H S	Bus/Driver: Coach Al Baker/Jen Larkin/ 23 Athletes	Departure Point: High School Gym Departure Time: 8:30 AM Return Date: Return Time: 3:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 28, 2021	Tue	Regular Season	@ Watertown	6:00 PM		Watertown H S	Bus/Driver: Coach Al Baker/Jen Larkin/ 23 Athletes	Departure Point: High School Gym Departure Time: 4:45 PM Return Date: Return Time: 9:00 PM	L
Sep 30, 2021	Thu	Regular Season 100-79 W	Carthage	5:00 PM		Middle School Pool			L
Oct 5, 2021	Tue	Regular Season	South Jefferson	6:00 PM		Middle School Pool	Bus/Driver: Coach Al Baker/Jen Larkin/ 23 Athletes	Departure Point: High School Gym Departure Time: 4:30 PM Return Date: Return Time: 9:00 PM	L
Oct 7, 2021	Thu	Regular Season	Watertown	5:00 PM		Middle School Pool			L
Oct 15, 2021	Fri	Post-Season (Frontier League Championship Diving Meet)	South Lewis @ Lowville	5:00 PM		Lowville High School Main Gym	Bus/Driver: Coach Al Baker/Jen Larkin-2 Athletes	Departure Point: High School Gym Departure Time: 3:30 PM Return Date: Return Time: 8:00 PM	NL
Oct 23, 2021	Sat	Post-Season (Frontier League Championship Meet)	South Lewis @ Watertown	11:00 AM		Watertown H S	Bus/Driver: Coach Al Baker/Jen Larkin/23 Athletes	Departure Point: High School Gym Departure Time: 8:30 AM Return Date: Return Time: 5:00 PM	NL
Nov 4, 2021	Thu	Post-Season (Diving Sectionals)	@ TBD	TBD		Nottingham High School (Pool)	Bus/Driver: Coach Al Baker/Jen Larkin/ 2 Athletes	Departure Point: High School Gym Departure Time: 6:30 AM Return Date: Return Time: 4:00 PM	L
Nov 5, 2021	Fri	Post-Season (Swimming Sectionals)	@ TBD	TBD		Nottingham High School (Pool)	Bus/Driver: Coach Al Baker/Jen Larkin/ 2 Athletes	Departure Point: High School Gym Departure Time: 1:00 PM Return Date: Return Time: 10:00 PM	L
CANCELLED Nov 6, 2021	Sat	Post-Season (State Diving Championships)	@ Nottingham (Syracuse)	8:00 AM		Nottingham High School (Pool)	Bus/Driver: Coach Al Baker/Jen Larkin/ 2 Athletes	Departure Point: High School Gym Departure Time: 6:15 AM Return Date: Return Time: 2:00 PM	L
Nov 7, 2021	Sun	Post-Season (Swimming States)	@ TBD	TBD		Nottingham High School (Pool)	Bus/Driver: Coach Al Baker/Jen Larkin/ 2 Athletes	Departure Point: High School Gym Departure Time: 8:00 AM Return Date: Return Time: 5:00 PM	L

Date: 2026-02-18