

## Coaches:

- Alan Baker, Head Coach
- Jennifer Larkin, Asst Coach

	WEEK	•		START	FND				LEAGUE
DATE	DAY	` TYPE	OPPONENTS	TIME	TIME	LOCATION	DEPARTURE	TRANSPORTATION	/ NON- LEAGUE
Sep 12, 2023	Tue	Regular Season	@ Lowville	5:00 PM		Lowville High School	Bus/Driver: Coach Baker/Coach Larkin/14 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:30 PM Return Date: Return Time: 8:30 PM	L
Sep 21, 2023	Thu	Regular Season	@ South Lewis	5:00 PM		South Lewis High School Pool	Bus/Driver: Coach Baker/Coach Larkin/14 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:15 PM Return Date: Return Time: 8:30 PM	L
Sep 23, 2023	Sat	Regular Season (Invitational)	South Jefferson, Thousand Islands, South Lewis, Beaver River, Lowville @ Watertown	11:00 AM		Watertown H S	Bus/Driver: Coach Baker/Coach Larkin/14 Athletes	Departure Point: High School Athletic Doors Departure Time: 8:30 AM Return Date: Return Time: 3:30 PM	L
Oct 3, 2023	Tue	Regular Season 99-81 W	@ Carthage	5:00 PM		Carthage HS Pool	Bus/Driver: Coach Baker/Coach Larkin/14 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 8:30 PM	L
Oct 5, 2023	Thu	Regular Season	@ South Jefferson	5:00 PM		SJ HS/MS - Pool	Bus/Driver: Coach Baker/Coach Larkin/14 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:30 PM Return Date: Return Time: 8:30 PM	L
Oct 12, 2023	Thu	Regular Season	@ Watertown	5:00 PM	8:00 PM	Watertown H S	Bus/Driver: Coach Baker/Coach Larkin/14 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:40 PM Return Date: Return Time: 8:30 PM	L
Oct 21, 2023	Sat	Regular Season (Legaue Meet)	South Jefferson, Carthage, Thousand Islands, South Lewis, Beaver River, Lowville @ Watertown	11:00 AM		Middle School Pool, Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Mezzanine	Bus/Driver: Coach Baker/Larkin/14	Departure Point: High School Athletic Doors Departure Time: 8:30 AM Return Date: Return Time: 3:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START E	IND LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 1, 2023	Wed	Post-Season (Sectional Class B/C Meet (Swimming))	@ TBD	2:30 PM	Nottingham High School (Pool)	Bus/Driver: Coach Baker/Larkin/14 Athletes	Departure Point: High School Athletic Doors Departure Time: 11:00 AM Return Date: Return Time: 10:00 PM	L
Nov 3, 2023	Fri	Post-Season (State Qualifier (Swimming))	@ TBD	TBD	Nottingham High School (Pool)	Bus/Driver: Coach Baker/Larkin/14 Athletes	Departure Point: High School Athletic Doors Departure Time: 11:00 AM Return Date: Return Time: 10:00 PM	NL

Date: 2024-05-06