

Coaches:

• Alyssa Sidmore, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 11, 2024	Mon	Practice	N/A	2:45 PM	4:15 PM	Indian River Middle School Gym #2 (Center)			
Mar 12, 2024	Tue	Practice	N/A	2:45 PM	4:15 PM	Indian River Middle School Gym #2 (Center)			
Mar 13, 2024	Wed	Practice	N/A	2:45 PM	4:15 PM	Indian River Middle School Gym #2 (Center)			
Mar 14, 2024	Thu	Practice	N/A	2:45 PM	4:15 PM	Indian River Middle School Gym #2 (Center)			
Mar 15, 2024	Fri	Practice	N/A	2:45 PM	4:15 PM	Indian River Middle School Gym #2 (Center)			
Mar 16, 2024	Sat	Practice	N/A	9:00 AM	11:30 AM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Mar 18, 2024	Mon	Practice	N/A	2:45 PM	4:15 PM	Indian River Middle School Gym #2 (Center)			
Mar 19, 2024	Tue	Practice	N/A	4:00 PM	5:30 PM	Indian River Middle School Gym #2 (Center)			
Mar 20, 2024	Wed	Practice	N/A	2:45 PM	4:15 PM	Indian River Middle School Gym #2 (Center)			
Mar 21, 2024	Thu	Practice	N/A	2:45 PM	4:15 PM	Indian River Middle School Gym #2 (Center)			
Mar 22, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Indian River Middle School Gym #2 (Center)			
Mar 23, 2024	Sat	Practice	N/A	8:00 AM	10:00 AM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Mar 23, 2024	Sat	Practice	N/A	10:00 AM	12:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 25, 2024	Mon	Practice	· N/A	3:00 PM	4:30 PM	Indian River Middle School Gym #2 (Center)			
Mar 26, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Indian River Middle School Gym #2 (Center)			
Mar 27, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Indian River Middle School Gym #2 (Center)			
Mar 28, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Indian River Middle School Gym #2 (Center)			
Apr 1, 2024	Mon	Practice	· N/A	1:00 PM	3:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Apr 2, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym #2 (Center)			
CANCELLED Apr 3, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym #2 (Center)			
Apr 4, 2024	Thu	Practice	N/A	4:00 PM	5:30 PM	Indian River Middle School Gym#1 (Main Office)			
Apr 5, 2024	Fri	Practice	N/A	3:00 PM	4:00 PM	Indian River High School PE Classroom			
Apr 6, 2024	Sat	Practice	N/A	8:30 AM	11:30 AM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Apr 8, 2024	Mon	Practice	N/A	8:00 AM	11:00 AM	Indian River Baseball/Softball Aux Field #10			
Apr 9, 2024	Tue	Regular Season	Lowville	5:00 PM	6:30 PM	Indian River Softball Field #6			L
Apr 11, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym #2 (Center)			
Apr 12, 2024	Fri	Practice	· N/A	4:15 PM	5:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			

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Apr 13, 2024	Sat	Practice	· N/A	9:30 AM	11:00 AM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Apr 15, 2024	Mon	Regular Season 5-20 L	Carthage	4:30 PM	6:30 PM	Indian River Baseball/Softball Aux Field #10			L
Apr 16, 2024	Tue	Regular Season	@ Fayetteville- Manlius	5:00 PM	6:30 PM	FM HS5	Bus/Driver: V/JV will ride together	Departure Point: Middle School Pool Entrance Departure Time: 2:00 PM Return Date: Return Time: 8:30 PM	NL
Apr 17, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym #2 (Center)			
Apr 18, 2024	Thu	Practice	· N/A	4:15 PM	5:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Apr 25, 2024	Thu	Practice	· N/A	9:00 AM	11:30 AM	Indian River Baseball/Softball Aux Field #10, Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Apr 26, 2024	Fri	Practice	N/A	9:00 AM	11:30 AM	Indian River Baseball/Softball Aux Field #10, Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			

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Apr 27, 2024	Sat	Practice	N/A	9:00 AM	11:30 AM	Indian River Baseball/Softball Aux Field #10, Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Apr 29, 2024	Mon	Regular Season	@ Watertown	4:30 PM		Watertown Fairgrounds	Bus/Driver: Coach Sidmore/15 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:00 PM Return Date: Return Time: 7:15 PM	L
CANCELLED Apr 30, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym #2 (Center)			
May 1, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Softball Field #6			
May 2, 2024	Thu		@ South Jefferson	4:30 PM		SJ Wilson Elem. Softball Field 2	Bus/Driver: Coach Sidmore/15 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:45 PM Return Date: Return Time: 7:45 PM	L
May 3, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Indian River Softball Field #6			
May 4, 2024	Sat		Fayetteville- Manlius	12:00 PM	2:00 PM	Indian River Baseball/Softball Aux Field #10			L
May 6, 2024	Mon	Regular Season	@ South Lewis	5:00 PM		South Lewis Softball Field	Bus/Driver: Coach Sidmore/15 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:30 PM Return Date: Return Time: 8:00 PM	NL
May 7, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Softball Field #6			
May 8, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Softball Field #6			
May 9, 2024	Thu	Regular Season	Sackets Harbor	4:30 PM		Indian River Softball Field #6			L
May 10, 2024	Fri	Regular Season	South Jefferson	5:00 PM	6:30 PM	Indian River Baseball/Softball Aux Field #10			L
May 13, 2024	Mon	Regular Season	General Brown	4:30 PM	6:30 PM	Indian River Softball Field #6			L

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May 15, 2024	Wed	Regular Season	@ General Brown	4:30 PM	6:30 PM	Dexter Elem Softball Field	Bus/Driver: Coach Sidmore/15 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:00 PM Return Date: Return Time: 7:15 PM	L
May 16, 2024	Thu	Regular Season	Watertown	4:30 PM	6:30 PM	Indian River Softball Field #6			L
May 20, 2024	Mon	Regular Season	@ Lowville	4:30 PM		Lowville Bostwick Field	Bus/Driver: Coach Sidmore/15 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:45 PM Return Date: Return Time: 7:30 PM	L
May 21, 2024	Tue	Regular Season	@ Carthage	4:30 PM		Carthage Softball Field	Bus/Driver: Coach Sidmore/15 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:00 PM Return Date: Return Time: 7:15 PM	L
May 23, 2024	Thu	Regular Season	@ Sackets Harbor	4:30 PM	7:00 PM	SHCS Varsity Softball	Bus/Driver: Coach Sidmore/15 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:45 PM Return Date: Return Time: 6:45 PM	L

Date: 2024-05-05